Assessment of hyperprogression versus the natural course of disease development with nivolumab with or without ipilimumab versus placebo in phase III, randomized, controlled trials

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ABSTRACT

Background Retrospective studies have suggested a potential risk of hyperprogressive disease (HPD) in patients receiving immune checkpoint inhibitors (ICIs). We compared the incidence of HPD during treatment with nivolumab±ipilimumab versus natural tumor progression with placebo in post hoc analyses of two randomized, double-blind clinical trials.

Methods ATTRACTION-2 randomized patients with advanced gastric or gastroesophageal junction cancer (GC/GEJC) and progression on ≥2 prior regimens to nivolumab 1 mg/kg Q2W or placebo. CheckMate 451 randomized patients with extensive-disease small cell lung cancer (ED SCLC) and ongoing complete/partial response or stable disease after first-line chemotherapy to nivolumab 240 mg Q2W, nivolumab 1 mg/kg+ipilimumab 3 mg/kg Q3W for four doses then nivolumab 240 mg Q2W, or placebo. Patients receiving ≥1 dose of study drug and with tumor scans at baseline and the first on-treatment evaluation were included in the HPD analyses. HPD definitions were ≥20%, ≥50%, and ≥100% increase in target lesion sum of the longest diameters (SLD) at the first on-treatment assessment.

Results In the ATTRACTION-2 HPD-eligible population, 243 patients received nivolumab and 115 placebo. Fewer patients receiving nivolumab versus placebo had increases in SLD ≥20% (33.7% vs 46.1%) and ≥50% (6.2% vs 11.3%); similar proportions had increases in SLD ≥100% (1.6% vs 1.7%). In the CheckMate 451 HPD-eligible population, 177 patients received nivolumab, 179 nivolumab+ipilimumab, and 175 placebo. Fewer patients receiving nivolumab or nivolumab+ipilimumab versus placebo had increases in SLD ≥20% (27.1%, 27.4% vs 45.7%), ≥50% (10.2%, 11.2% vs 22.3%), and ≥100% (2.8%, 2.8% vs 6.3%).

Conclusions Nivolumab+ipilimumab was not associated with an increased rate of progression versus placebo in patients with GC, GEJC, or ED SCLC, suggesting that previous reports of HPD may reflect the natural disease course in some patients rather thanICI-mediated progression.

Trial registration number NCT02538666; NCT02267343.

What is already known on this topic
- Possible hyperprogressive disease (HPD) has been reported in retrospective studies of patients treated with immune checkpoint inhibitors (ICIs); however, these analyses have been subject to a range of limitations, including use of various definitions of HPD.

What this study adds
- Analyses of two phase III randomized, placebo-controlled clinical trials across two tumor types allowed tumor growth in patients receiving nivolumab monotherapy or nivolumab plus ipilimumab to be compared with natural tumor progression in the absence of treatment. Evaluation of HPD using a definition based on percentage change from baseline in target lesion sum of the longest diameters across multiple cut-offs showed that ICI treatment was not associated with an increased incidence of disease progression. These results suggest that reports of rapid tumor growth in patients treated with ICIs may reflect the natural course of disease in some patients.

How this study might affect research, practice or policy
- Nivolumab-based treatment is not associated with HPD in the investigated tumor types; further investigation of this phenomenon in other indications is warranted.

BACKGROUND

Pseudoprogression is a response pattern characterized by radiographic disease progression after initiation of treatment, per conventional response criteria, followed by prolonged clinical stabilization or partial/complete response. A second unique response pattern hypothesized to occur in
patients receiving immune checkpoint inhibitor (ICI) therapy is an apparent acceleration in tumor growth, a phenomenon that has been named hyperprogressive disease (HPD).  

A number of single-arm retrospective studies have reported HPD in a subset of patients treated with ICIs; however, no prospective studies of HPD have yet been performed, and it remains unclear whether reports of HPD represent the natural course of disease in some patients, or accelerated tumor growth induced by ICI treatment by some unknown mechanism. 

The term ‘hyperprogression’ was first defined by Cham piet al as (1) disease progression according to Response Evaluation Criteria in Solid Tumors (RECIST) at the first evaluation and (2) a twofold or greater increase in tumor growth rate (TGR) between the reference (before treatment) and experimental (on-treatment) periods. By assessing changes in tumor growth in each patient over time, this approach accounts for between-patient differences in disease course and has been used to evaluate the activity of numerous antineoplastic drugs in preclinical and clinical trials. Studies in patients with a range of malignancies, including advanced gastric cancer (GC), non-small cell lung cancer (NSCLC), and squamous cell carcinoma of the head and neck (SCCHN), have found that HPD in patients undergoing ICIs was associated with poor overall survival (OS). 

Importantly, definitions of HPD and assessment methodologies have varied across studies, and rates of HPD in patients receiving programmed death-1/programmed death ligand 1 (PD-1/PD-L1) inhibitors have been reported to range from 9% to 37%, depending on the definition used. Various studies have also identified potential associations between HPD and a range of genomic (e.g., MDM2 and EGFR mutations) and immune-cell (e.g., PD-1–positive regulatory T cells) biomarkers, but there is no clear consensus as to their predictive values. 

The main limitation of previous studies of HPD is that they are based on retrospective analyses of small, nonrandomized, single-arm clinical trials and observational studies. The data from such studies do not allow an assessment of whether the HPD phenomenon is caused by ICI treatment, or whether it reflects variability in disease progression, which can be masked with alternative treatments such as cytotoxic chemotherapy. Thus, there is a need to include a control arm to determine whether HPD may be a manifestation of the natural course of disease progression in the absence of effective treatment. Furthermore, definitions of HPD used in previous studies may only be applied to those patients with multiple pretreatment tumor scans. To allow consistent assessments of HPD between treatment arms and across studies where pretreatment data are not available, there is a need for a standardized definition of HPD.

We performed post hoc analyses of the ATTRACTION-2 and CheckMate 451 studies to investigate the incidence of HPD in patients with advanced GC, gastroesophageal junction cancer (GEJC), or extensive-disease small cell lung cancer (ED SCLC) treated with nivolumab monotherapy or nivolumab plus ipilimumab versus placebo. As serial pretreatment scan data were not available for patients enrolled in ATTRACTION-2 and CheckMate 451, we used definitions of HPD based on change from baseline in target lesion sum of the longest diameters (SLD). In addition, we evaluated associations between MDM2/MDM4 and EGFR alterations and incidence of HPD based on previous reports of their hypothetical association with HPD.

METHODS

Study selection

Two nivolumab clinical trials (ATTRACTION-2 and CheckMate 451) had outcome data available for analysis of HPD and included placebo comparison groups, and were thus selected for post hoc analyses.

ATTRACTION-2

ATTRACTION-2 was a randomized, double-blind, multicenter, placebo-controlled study of nivolumab 3 mg/kg every 2 weeks (Q2W) versus placebo. The study included Japanese, Korean, and Taiwanese patients with unresectable advanced or recurrent GC or GEJC who had an Eastern Cooperative Oncology Group performance status (ECOG PS) of 0 or 1 and had disease progression or intolerance to two or more prior regimens.

The primary endpoint of ATTRACTION-2 was OS. Tumor scans were scheduled to take place at baseline (within 1 week prior to the first dose of study treatment), every 6 weeks (Q6W) for 10 cycles, then every 12 weeks (Q12W) until disease progression.

CheckMate 451

CheckMate 451 was a randomized, double-blind, placebo-controlled study comparing nivolumab 240 mg Q2W, nivolumab 1 mg/kg every 3 weeks (Q3W) plus ipilimumab 3 mg/kg Q3W for four doses followed by nivolumab 240 mg Q2W, and placebo. The study included patients with ED SCLC and no symptomatic central nervous system metastases, ECOG PS of 0 or 1, and an ongoing complete response, partial response, or stable disease after four cycles of platinum-based, first-line chemotherapy.

The primary endpoint of the study was OS for nivolumab plus ipilimumab versus placebo; secondary endpoints were OS for nivolumab versus placebo and progression-free survival for nivolumab plus ipilimumab and nivolumab monotherapy versus placebo. Tumor scans were scheduled to take place at baseline (within 3 weeks prior to the first dose of study treatment), Q6W (±5 days) for the first 36 weeks, then Q12W until disease progression.

HPD analyses

Patients who had received at least one dose of study therapy and had tumor assessments at baseline and the first on-treatment evaluation, assessed by blinded independent
central review, were included in the ATTRACTION-2 and CheckMate 451 HPD analysis populations.

Tumor progression was assessed using the RECIST V.1.1 definition of progressive disease, which comprises a ≥20% increase in SLD and a ≥5 mm absolute increase in SLD from nadir, unequivocal progression in non-target lesions, and/or appearance of new lesions.27 Three definitions of HPD were investigated in the ATTRACTION-2 and CheckMate 451 HPD analysis populations: a ≥20% increase from baseline in target lesion SLD at first post-treatment tumor scan, as well as ≥50% and ≥100% increases in SLD. The lowest cut-off of ≥20% was chosen to align with the RECIST definition of progressive disease based on the hypothesis that patients with potential HPD would experience a tumor size increase of at least this magnitude at the first post-treatment scan. Sensitivity analyses using these definitions were also performed in the subpopulation of patients with non-response (inclusive of progressive disease or stable disease) at the first on-treatment assessment, based on the hypothesis that tumors exhibiting possible HPD behavior would comprise a higher proportion of the non-responder population than the overall population.

Genomic analyses were performed in a subgroup of patients randomized in ATTRACTION-2 and CheckMate 451 who had tumor tissue available for analysis. The relationship between MDM2/MDM4 amplifications and HPD was evaluated in both the ATTRACTION-2 and CheckMate 451 populations, based on their possible association with HPD in patients receiving ICIs in the published literature.16 18 21 The relationship between EGFR alterations and HPD was also evaluated in the ATTRACTION-2 population, based on potential associations identified in the literature.16 21 Patients whose tumors had EGFR mutations were excluded from CheckMate 451, precluding investigation of a potential association between EGFR alterations and HPD in this population. Genomic alterations were detected by next-generation sequencing using the Foundation Medicine FoundationOne CDx panel (Cambridge, Massachusetts, USA) according to a previously published methodology.16

RESULTS
ATTRACTION-2

A total of 493 patients were randomized to receive nivolumab 3 mg/kg (n=330) or placebo (n=163), of whom 358 (243 treated with nivolumab and 115 placebo recipients) had both baseline and the first post-treatment tumor assessment and were thus included in the HPD analysis population. Reasons for patient exclusion from the HPD analysis population were balanced across both treatment groups, with the most common reason being missing data for target lesion size at baseline (71% and 67% of excluded patients in the nivolumab and placebo groups, respectively). Baseline patient demographics and clinical characteristics were similar between treatment groups (table 1). Previous treatment, previous gastrectomy, and sites of metastasis were similar between treatment groups in the intention-to-treat population and have been described previously.25 The demographics and clinical characteristics of patients who were excluded from the HPD analysis were similar to the included population, with the exception of a higher proportion of female patients (online supplemental table S1). Distribution of the time to first post-treatment scan was similar in the nivolumab and placebo groups (online supplemental figure S1).

The proportions of patients with ≥50% and ≥20% increases in SLD at the first assessment were lower in the nivolumab group than the placebo group. The proportions of patients with ≥100% increases in SLD were similar in the nivolumab and placebo groups, although only two patients in the placebo group and four patients in the nivolumab group had tumor growth of this magnitude (figure 1). Findings in the non-responder sensitivity analysis were similar to those in the overall HPD analysis population (online supplemental figure S2). Reduced proportions of patients with ≥20%, ≥50%, and ≥100% increases in target lesion SLD were observed in the nivolumab group relative to the placebo group regardless of timing of first on-treatment scan (online supplemental figure S3). Median percentage increase in SLD from baseline was 10.7% (range, −69.6% to 260.1%) in the nivolumab group vs 16.4% (range, −21.3% to 130.4%) in the placebo group (figure 1). Three patients had a percentage increase in SLD ≥200%, all of whom were in the nivolumab group. Of note, all three patients had ECOG PS 1. Two of the patients had relatively small stage IIIC tumors, with both having a baseline target lesion SLD of 2.2 cm and metastasis to one organ. The remaining patient had stage IV disease with a baseline target lesion

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Placebo (n=115)</th>
<th>Nivolumab 3 mg/kg (n=243)</th>
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<tbody>
<tr>
<td>Age, years, median (range)</td>
<td>61 (26–83)</td>
<td>63 (20–83)</td>
</tr>
<tr>
<td>Female, n (%)</td>
<td>28 (24.4)</td>
<td>60 (24.7)</td>
</tr>
<tr>
<td>Race, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>115 (100.0)</td>
<td>242 (99.6)</td>
</tr>
<tr>
<td>Native Hawaiian/other Pacific Islander</td>
<td>0</td>
<td>1 (0.4)</td>
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<tr>
<td>ECOG PS, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>28 (24.4)</td>
<td>64 (26.3)</td>
</tr>
<tr>
<td>1</td>
<td>71 (61.7)</td>
<td>161 (66.3)</td>
</tr>
<tr>
<td>Baseline tumor size, cm</td>
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<td></td>
</tr>
<tr>
<td>Mean (SD)</td>
<td>7.9 (5.1)</td>
<td>8.2 (5.8)</td>
</tr>
<tr>
<td>Median (range)</td>
<td>6.6 (1.3–25.3)</td>
<td>6.7 (1–31.3)</td>
</tr>
</tbody>
</table>

ECOG PS, Eastern Cooperative Oncology Group performance status; HPD, hyperprogressive disease.
SLD of 5.4 cm and metastasis to three organs. Demographic and clinical characteristics for these patients are shown in online supplemental table S2.

MDM2 copy number alterations (CNAs) were identified in four nivolumab-treated patients. TGR at the first scan in these four patients ranged from −16.2% to 58.1%, and OS follow-up was ongoing for two patients at the time of database lock (online supplemental table S3). EGFR alterations were identified in six nivolumab-treated patients. TGR at the first scan in these patients ranged from −31% to 92%; OS follow-up was ongoing for one patient at the time of database lock (online supplemental table S4). No samples for genomic analysis were collected from the three nivolumab-treated patients with increases in target lesion SLD ≥200%.

CheckMate 451

A total of 834 patients were randomized to receive nivolumab (n=280), nivolumab plus ipilimumab (n=279), or placebo (n=275) in CheckMate 451. In total, 531 patients had baseline and first post-treatment tumor assessments and were included in the HPD analysis population (177 randomized to nivolumab monotherapy, 179 to nivolumab plus ipilimumab, and 175 to placebo). Reasons for patient exclusion from the HPD analysis population were balanced between treatment groups, with the most common reason being missing data for target lesion size at baseline (78%–81% of excluded patients across treatment arms). Patient demographics and baseline characteristics appeared to be similar across all three treatment groups, with the exception of a higher proportion of patients with ECOG PS 1 in the placebo group compared with the nivolumab and nivolumab plus ipilimumab groups (65.1% vs 56.4%–56.5%; table 2). The demographics and clinical characteristics of patients who were excluded from the HPD analysis were similar to the included population (online supplemental table S5). As expected, time to first post-treatment scan was similarly distributed in all three treatment groups (online supplemental figure S4).

The proportions of patients with ≥20%, ≥50%, and ≥100% increases in SLD at the first assessment were lower in the nivolumab and nivolumab plus ipilimumab groups than the placebo group (figure 2). Findings in the non-responder sensitivity analysis were similar to those in the overall HPD analysis population (online supplemental figure S5). Timing of first scan relative to the start of treatment did not appear to affect the observed differences in the proportions of patients with ≥20%, ≥50%, or ≥100% increases in target lesion SLD across the nivolumab, nivolumab plus ipilimumab, and placebo groups (online supplemental figure S6). The median increase in target lesion SLD from baseline was 1.9% (range, −78.2% to 120.0%) in the nivolumab monotherapy group, 1.5% (range, −84.4% to 160.6%) in the nivolumab plus ipilimumab group, and 16.8% (range, −66.3% to 352.9%) in the placebo group (figure 2). Analysis of OS in patient subgroups with <20% and ≥20% increases in SLD found that a ≥20% increase in SLD was associated with worse prognosis in all three treatment groups (figure 3). Evaluation of OS in patients excluded from the HPD analysis showed that the placebo recipients excluded from the analysis had a poor prognosis, with a median OS of 9.43 months (95% CI 6.21 to 12.22), comparable to the median OS in placebo recipients with ≥20% increase in SLD in the HPD analysis population. In contrast, median OS was 10.55 months (95% CI 9.43 to 15.11) in excluded patients who received nivolumab monotherapy and 10.55 (95% CI 7.62 to 15.51) in excluded patients who received nivolumab plus ipilimumab, markedly longer than the corresponding populations with ≥20% increase in SLD in the HPD analysis.
Of the 538 nivolumab or nivolumab plus ipilimumab–treated patients for whom genomic data were available, 23 had short variants of \( MDM2/\)EMDM4 and one had an \( MDM4 \) CNA. No further analysis was performed due to the small number of patients with \( MDM2/\)EMDM4 variants.

### Table 2 Patient demographics and baseline characteristics for the CheckMate 451 HPD analysis population

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Placebo (n=175)</th>
<th>Nivolumab 240 mg (n=177)</th>
<th>Nivolumab 1 mg/kg+ipilimumab 3 mg/kg (n=179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years, median (range)</td>
<td>64 (44–81)</td>
<td>65 (34–84)</td>
<td>64 (39–85)</td>
</tr>
<tr>
<td>Female, n (%)</td>
<td>60 (34.3)</td>
<td>62 (35.0)</td>
<td>60 (33.5)</td>
</tr>
<tr>
<td>Race, n (%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>127 (72.6)</td>
<td>138 (78.0)</td>
<td>141 (78.8)</td>
</tr>
<tr>
<td>Black or African American</td>
<td>1 (0.6)</td>
<td>2 (1.1)</td>
<td>1 (0.6)</td>
</tr>
<tr>
<td>Asian</td>
<td>42 (24.0)</td>
<td>35 (19.8)</td>
<td>34 (19.0)</td>
</tr>
<tr>
<td>Other</td>
<td>5 (2.9)</td>
<td>2 (1.1)</td>
<td>3 (1.7)</td>
</tr>
<tr>
<td>ECOG PS, n (%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>61 (34.9)</td>
<td>77 (43.5)</td>
<td>78 (43.6)</td>
</tr>
<tr>
<td>1</td>
<td>114 (65.1)</td>
<td>100 (56.5)</td>
<td>101 (56.4)</td>
</tr>
<tr>
<td>Region, n (%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>US/Canada</td>
<td>35 (20.0)</td>
<td>38 (21.5)</td>
<td>38 (21.2)</td>
</tr>
<tr>
<td>Asia</td>
<td>41 (23.4)</td>
<td>34 (19.2)</td>
<td>33 (18.4)</td>
</tr>
<tr>
<td>Europe</td>
<td>68 (38.9)</td>
<td>81 (45.8)</td>
<td>76 (42.5)</td>
</tr>
<tr>
<td>Rest of world</td>
<td>31 (17.7)</td>
<td>24 (13.6)</td>
<td>32 (17.9)</td>
</tr>
<tr>
<td>Type of first-line, platinum-based therapy, n (%)*</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Carboplatin</td>
<td>103 (58.9)</td>
<td>118 (66.7)</td>
<td>107 (59.8)</td>
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<tr>
<td>Cisplatin</td>
<td>78 (44.6)</td>
<td>62 (35.0)</td>
<td>82 (45.8)</td>
</tr>
<tr>
<td>Baseline tumor size, cm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean (SD)</td>
<td>5.7 (4.2)</td>
<td>5.2 (3.7)</td>
<td>5.1 (4.3)</td>
</tr>
<tr>
<td>Median (range)</td>
<td>4.4 (1.2–21.9)</td>
<td>4.0 (1.0–18.5)</td>
<td>3.6 (1.0–28.6)</td>
</tr>
</tbody>
</table>

*Patients may have received more than one type of platinum compound.

ECOG PS, Eastern Cooperative Oncology Group performance status; HPD, hyperprogressive disease.

**Figure 2** Proportions of patients with ≥20%, ≥50%, and ≥100% increases from baseline in target lesion SLD at the first on-treatment scan in CheckMate 451. SLD, sum of the longest diameters.
**DISCUSSION**

HPD is a relatively new phenomenon first reported in patients receiving ICI therapies. Evaluation of the relationship between ICIs and HPD remains difficult, as patients with advanced cancers generally receive cytotoxic chemotherapy or targeted therapies as standard of care, potentially masking changes in tumor growth over the course of the disease and preventing evaluation of off-treatment biological growth. To our knowledge, this is the first analysis of HPD in patients treated with ICIs to use data from randomized, placebo-controlled clinical trials, thereby allowing the effects of treatment to

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**Figure 3** OS in patients randomized to (A) placebo, (B) nivolumab 240 mg Q2W, and (C) nivolumab 1 mg/kg plus ipilimumab 3 mg/kg Q2W with increases in target lesion SLD of <20% or ≥20% in CheckMate 451. OS, overall survival; Q2W, every 2 weeks; SLD, sum of the longest diameters.
be compared with the natural course of tumor progression in the absence of treatment. On evaluating the incidence of HPD based on increase from baseline in target lesion SLD at multiple cutoffs, as opposed to using a single measure that may not capture all manifestations of increased aggressiveness of tumor growth, we did not find evidence of HPD in patients receiving nivolumab or nivolumab plus ipilimumab in the overall HPD analysis population or in the non-responder population.

Much of the information on HPD published to date has been drawn from retrospective analyses of clinical data mostly from single institutions.\(^1\)\(^6\)\(^12\)\(^14\)\(^28\) In particular, definitions of HPD used in previous studies rely on the availability of multiple pretreatment scans to evaluate TGR during the pretreatment period, precluding their use in patients for whom suitable pretreatment data are not available. In addition, the lack of a placebo control group suggests that such longitudinal assessments may not account for potential tumor growth acceleration as part of the natural course of disease.\(^1\)\(^6\)\(^16\)\(^28\) Published studies have reported variable rates of HPD across tumor types, with relatively low rates in melanoma (1%–9%) and higher rates in SCCC (14%–29%).\(^6\)\(^10\)\(^11\)\(^29\) A wide range of HPD rates (5%–37%) have been reported for NSCLC, which could be related to differences in HPD definitions and other methodological aspects across studies.\(^1\)\(^9\)\(^13\)\(^16\)\(^30\)\(^31\)

Five definitions of HPD were compared in a retrospective analysis of 406 patients with NSCLC by Kas et al.\(^30\) The study found incidences of HPD ranging from 5.4% to 18.5%, depending on the definition used, with only 19 patients classified as having HPD by all five definitions.\(^30\) Of note, although HPD rates varied considerably between definitions in the analysis population, HPD rates with four of the five definitions were consistent with previous studies in which those definitions were used.\(^1\)\(^6\)\(^16\)\(^21\)\(^30\)

Similar findings were reported in a study by Abbar et al.\(^3\) which found a wide range of HPD incidence across five definitions (5.7%–31.7%) in a population of 169 patients with advanced NSCLC, with variable agreement between definitions (Cohen’s kappa 29%–77%) and only a small proportion of patients meeting all definitions for HPD.\(^32\) These findings highlight the need for a standardized approach to evaluation of HPD to enable interstudy comparisons and provide a more reliable indication of the extent of the HPD phenomenon.\(^33\) In our analyses, the proportion of nivolumab-treated patients with ≥20% and ≥50% percentage increases in SLD appeared consistent with rates of HPD reported in the literature, although rates at the most inclusive cut-off (≥20% increase in SLD) were aligned with the upper range of previously reported incidence rates. However, additional analyses are needed to investigate the utility of a 20% increase in SLD at the first on-treatment assessment as a definition of HPD.

By evaluating multiple cutoffs of change in SLD, our analyses allowed for the investigation of different rates of tumor growth. Similar rates of increase in target lesion SLD ≥20%, ≥50%, and ≥100% at the first on-treatment assessment were reported with nivolumab and nivolumab plus ipilimumab versus placebo across both studies, despite the differences in tumor types and treatment settings. The trend for similar or lower rates of ≥50% and ≥100% increase in SLD with nivolumab and nivolumab plus ipilimumab versus placebo did not support the hypothesis that nivolumab treatment led to accelerated tumor growth in a subset of patients and suggests that the acceleration in tumor growth seen in previous retrospective studies may reflect the natural course of disease progression in the absence of effective treatment in some patients. Moreover, there was no apparent difference in the rates of SLD increase between nivolumab monotherapy and nivolumab plus ipilimumab in the CheckMate 451 population. Although three nivolumab-treated patients, but no placebo patients, in ATTRACTION-2 had percentage increases in SLD ≥200% at the first on-treatment scan, this result should be interpreted with caution due to the 2:1 randomization ratio for nivolumab:placebo and the limited information available to further investigate the characteristics of these tumors. Although the possibility of treatment-related hyperprogression occurring in a small minority of patients cannot be completely excluded, such a phenomenon is not consistent with current understanding of the mechanisms of action of ICIs. Data from CheckMate 451 also showed that tumor growth ≥20% at the first post-treatment scan was strongly prognostic for reduced OS across all three treatment groups, a finding that is consistent with other studies in which the effects of HPD on survival have been evaluated.\(^1\)\(^4\)\(^10\)

The demographics and characteristics of patients excluded from the HPD analysis were generally comparable to the HPD-eligible population. Most exclusions were due to missing data for target lesion SLD at baseline rather than missing data for on-treatment target lesion SLD, and the reasons for exclusion were balanced across treatment arms in both studies. Furthermore, investigation of OS in the patients excluded from the CheckMate 451 HPD analysis population showed that excluded placebo recipients had a prognosis comparable to that of placebo recipients with ≥20% increase in SLD in the HPD-eligible population. In contrast, excluded patients who received nivolumab monotherapy or nivolumab plus ipilimumab had a prognosis more similar to that of HPD-eligible patients receiving nivolumab monotherapy or nivolumab plus ipilimumab who had <20% increase in SLD. Together, these data give no cause to suggest that patients with possible ICI-related HPD were excluded from the analysis.

Our findings of no apparent HPD in the current analysis contrast with those of a nonrandomized, retrospective, placebo-controlled study by Kim et al which evaluated HPD in patients with hepatocellular carcinoma who received nivolumab, regorafenib, or placebo/best supportive care (BSC).\(^4\) HPD was assessed using three definitions based on change in tumor growth dynamics between the pretreatment and post-treatment period. Importantly, the study found that criteria for all three
definitions of HPD were met in 12.7% of patients who received nivolumab, while no patients who received regorafenib or placebo/BSC had changes in tumor growth dynamics meeting criteria for HPD under any of the definitions. Evaluation of change in target lesion SLD, using RECIST V.1.1, found that nivolumab-treated patients who met all three definitions of HPD also displayed more rapid tumor progression than patients without HPD.4

Previous studies have identified a variety of patient and tumor characteristics that may be associated with HPD, including tumor genomic alterations. In particular, potential associations of MDM2 CNAs and EGFR alterations with HPD have been identified in some studies. Patients whose tumors had EGFR mutations were excluded from CheckMate 451, so the association of EGFR alterations with HPD was examined in the ATTRACTION-2 analysis only. Although the mechanisms through which MDM2 CNAs could promote tumor growth are yet to be confirmed, it has been proposed that signaling pathways activated during ICI treatment increase expression of MDM2, which in turn inhibits the tumor suppressor p53. In tumors with MDM2 amplification, overexpression of MDM2 could contribute to HPD following ICI treatment by increasing p53 suppression, resulting in increased tumor cell proliferation. Studies investigating the association between MDM2/MDM4 alterations and HPD have had conflicting results. No apparent relationship between MDM2/MDM4 amplification or EGFR alterations and HPD were identified in our analysis of the ATTRACTION-2 and CheckMate 451 populations; however, the number of tumors harboring MDM2/MDM4 amplification and EGFR alterations in our analysis was small, limiting the generalizability of this finding. Further studies are needed to characterize the relationship between MDM2/MDM4 amplification or EGFR alterations and HPD, as well as to identify additional genomic alterations associated with HPD in patients receiving ICIs.

No clear mechanisms by which PD-1/PD-L1 inhibitors could induce HPD in solid tumors have been identified, although a number of potential mechanisms have been suggested. In addition to the hypothesized effects of MDM2 amplification and EGFR alterations discussed above, another proposed mechanism for HPD is the presence of tumor-associated macrophages with a protumor, immunosuppressive phenotype. Such macrophages could be triggered by interaction with the Fc region of anti-PD-1 antibodies, promoting tumor growth. At present, this finding is based on data from patient-derived xenograft models and has not yet been directly assessed in humans. Another possibility is that tumors classified as hyperprogressive may represent intrinsic or acquired resistance to anti–PD-1/PD-L1 therapies through a variety of mechanisms, such as an immunosuppressive tumor microenvironment, or clonal evolution of tumor immunophenotypes with low immunogenicity. Further studies are needed to investigate the various mechanisms of resistance that have been proposed and to identify markers to predict tumor response to ICI treatment. However, it should be noted that HPD has been reported in nivolumab-treated patients with adult T-cell lymphoma. Expression of PD-1 on T-cell lymphoma cells, where it is thought to act as a suppressor of tumor growth, is a plausible mechanism linking anti-PD-1 therapy to HPD that appears unique to this tumor type and is not generalizable to solid tumors.

Limitations of these analyses include their post hoc and descriptive design. Additionally, patients whose tumor size could not be measured at baseline and patients with clinical disease progression who did not have their first tumor assessment were excluded from the HPD analyses. As tumor size data were not available for the period before study enrollment, evaluation of changes in TGR before and after ICI treatment was not possible. Extrapolation of data from the CheckMate 451 and ATTRACTION-2 studies to other treatment settings should be done with caution due to the inherent nature of each tumor type, the stage of disease, and previous treatment. Specifically, patients enrolled in CheckMate 451 had extensive-stage disease and disease control with first-line chemotherapy at study entry. In contrast, patients enrolled in ATTRACTION-2 had advanced disease previously treated with at least three lines of chemotherapy. Given these limitations, the analyses presented here should be considered hypothesis-generating only, and prospective, randomized, placebo-controlled studies are needed to draw definitive conclusions on whether there is a subset of patients who experience HPD directly caused by ICI treatment.

This analysis does, however, have important strengths, including the use of placebo comparators to control for the natural history of tumor growth in the absence of effective treatment, as well as the evaluation of a broader, more inclusive definition of HPD using multiple cutoffs of percentage increase in target lesion SLD to analyze a greater range of TGRs. This definition is consistent with that used in an analysis performed by the FDA. Finally, the consistent proportions of patients with rapid tumor progression observed in placebo and active treatment groups across both studies, despite the differences in tumor type (GC/GEJC vs ED SCLC) and treatment setting (third- or later-line treatment vs first-line maintenance therapy), support the conclusion that cases classified as HPD represent the natural history of some tumors. The rapid tumor progression in a minority of patients could be attributed to tumor biology, given that rapid tumor growth appeared to occur more frequently in patients receiving placebo than nivolumab or nivolumab plus ipilimumab in our analysis, and shows a consistently similar or lower rate with nivolumab-containing therapy versus placebo across the cutoffs evaluated.

CONCLUSIONS

Treatment with nivolumab, alone or in combination with ipilimumab, was not associated with an increased incidence of disease progression at the first on-treatment
assessment versus placebo in patients with GC/GEJC or ED SCLC. Our analyses, using a placebo control group and a broader measure of HDPI based on percentage increase in SLD at multiple cutoffs, suggest that previous reports of rapid tumor growth with ICI treatment may mostly reflect the natural course of disease.

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