Soluble and cell-based markers of immune checkpoint inhibitor-associated nephritis

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ABSTRACT

Background Non-invasive biomarkers of immune checkpoint inhibitor-associated acute tubulo-interstitial nephritis (ICI-nephritis) are urgently needed. Because ICIs block immune checkpoint pathways that include cytotoxic T lymphocyte antigen 4 (CTLA4), we hypothesized that biomarkers of immune dysregulation previously defined in patients with congenital CTLA4 deficiency, including elevated soluble interleukin-2 receptor alpha (sIL-2R) and flow cytometric cell-based markers of B and T cell dysregulation in peripheral blood may aid the diagnosis of ICI-nephritis.

Methods A retrospective cohort of patients diagnosed with ICI-nephritis was compared with three prospectively enrolled control cohorts: ICI-treated controls without immune-related adverse events, patients not on ICIs with hemodynamic acute kidney injury (hemodynamic AKI), and patients not on ICIs with biopsy proven acute interstitial nephritis from other causes (non-ICI-nephritis). sIL-2R level and flow cytometric parameters were compared between groups using Wilcoxon rank sum test or Kruskal-Wallis test. Receiver operating characteristic curves were generated to define the accuracy of sIL-2R and flow cytometric biomarkers in diagnosing ICI-nephritis. The downstream impact of T cell activation in the affected kidney was investigated using archived biopsy samples to evaluate the gene expression of IL2RA, IL-2 signaling, and T cell receptor signaling in patients with ICI-nephritis compared with other causes of drug-induced nephritis, acute tubular injury, and histologically normal controls.

Results sIL-2R level in peripheral blood was significantly higher in patients with ICI-nephritis (N=24) (median 2.5-fold upper limit of normal (ULN), IQR 1.9–3.3), compared with ICI-treated controls (N=10) (median 0.8-fold ULN, IQR 0.5–0.9, p<0.001) and hemodynamic AKI controls (N=6) (median 0.9-fold ULN, IQR 0.7–1.1, p=0.008). A sIL-2R cut-off point of 1.75-fold ULN was highly diagnostic of ICI-nephritis (area under the curve >96%) when compared with either ICI-treated or hemodynamic AKI controls. By peripheral blood flow cytometry analysis, lower absolute CD8+ T cells, CD45RA+CD8+ T cells, memory CD27+ B cells, and expansion of plasmablasts were prominent features of ICI-nephritis compared with ICI-treated controls. Gene expressions for IL2RA, IL-2 signaling, and T cell receptor signaling in the kidney tissue with ICI-nephritis were significantly higher compared with controls.

Conclusion Elevated sIL-2R level and flow cytometric markers of both B and T cell dysregulation may aid the diagnosis of ICI-nephritis. These markers are not altered in patients treated with ICIs who are not experiencing immune-related adverse events.

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ There are no non-invasive biomarkers of immune checkpoint inhibitor-associated nephritis (ICI-nephritis); kidney biopsy, the gold standard for diagnosing ICI-nephritis, can be challenging or even contraindicated given its periprocedural risk. There are mechanistic and clinicopathological similarities between immune-related adverse events and congenital cytotoxic T lymphocyte antigen 4 (CTLA4) deficiency.

WHAT THIS STUDY ADDS

⇒ Established biomarkers of congenital CTLA4 deficiency, including elevated serum sIL-2R level and flow cytometric markers of both B and T cell dysregulation, are promising biomarkers for diagnosis of ICI-nephritis. These markers are not altered in patients treated with ICIs who are not experiencing immune-related adverse events.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ Prospective study with longitudinal sIL-2R and peripheral flow cytometry measurements are needed to validate the result and may limit the need for invasive diagnosis of ICI-nephritis.

INTRODUCTION

Immune checkpoint inhibitors (ICIs) significantly increase survival in patients with multiple cancer types and are changing the landscape of oncology care. To date, eight agents targeting the programmed cell death protein 1 (PD-1)/programmed cell death ligand 1 (PD-L1) signaling pathway or the cytotoxic T lymphocyte antigen 4 (CTLA4)
signaling pathway have been approved by the US Food and Drug Administration to treat over 20 cancer types.\(^1\)

The latest estimates suggest that approximately 38% of all patients with cancer would qualify for ICI treatment.\(^2\)

Despite their success, treatment-induced inflammatory side effects termed immune-related adverse events (irAEs) affect 60%–80% of patients who receive ICIs.\(^3\)

irAEs are caused by T cell overactivation from disinhibition of the immune checkpoints, which under normal immune homeostasis function to maintain self-tolerance and prevent autoimmunity.\(^4\)

In the kidney, the most common irAE is acute tubulointerstitial nephritis (ICI-nephritis), which is estimated to affect 3%–5% of patients receiving ICIs.\(^5,6\)

Acute kidney injury (AKI) is common in patients with cancer, affecting almost 25% of ICI-treated patients within the first year of treatment.\(^7,8\)

The etiology of AKI in ICI-treated patients not only includes ICI-nephritis but also other causes such as acute tubular injury from sepsis and nephrotoxins, prerenal azotemia from volume depletion, obstruction, and others.\(^9\)

Obtaining kidney biopsy tissue for histological examination remains the gold standard for ICI-nephritis diagnosis, but this can be challenging in patients with cancer due to concerns about bleeding risk, infection risk, and/or patient preference.\(^10,11\)

It is difficult to identify ICI-nephritis without a biopsy as clinical features, laboratory testing, urinalysis findings, and conventional imaging do not reliably distinguish ICI-nephritis from other common causes of AKI.\(^12,13\)

Yet, important treatment decisions that can affect both kidney function and cancer outcomes depend on accurate diagnosis of ICI-nephritis. Given these diagnostic challenges, non-invasive biomarkers are needed.

Because ICIs block immune checkpoint pathways that include CTLA4, we hypothesized that knowledge gained from patients with congenital CTLA4 deficiency could be applied to the understanding of immune pathways mediating ICI-nephritis. CTLA4 deficiency is a rare inborn error of immunity due to germline loss-of-function mutations in CTLA4 or its regulators (eg, LRBA and DEF6). CTLA4 deficiency causes constitutive and pathologic T cell hyperactivation due to decreased CTLA4 levels and/or function in T regulatory cells. T cell hyperactivation drives end-organ autoimmune inflammatory disease, which is analogous to the irAEs triggered by ICIs. Detailed immunophenotyping in CTLA4 deficiency has demonstrated that loss of naïve T cells, as well as atypical activation and dysregulated maturation of the B cell compartment are cellular markers of disease.\(^14,15\)

Patients with CTLA4 deficiency also have increased levels of cytokines correlating with T cell activation, and soluble interleukin-2 receptor alpha (sIL-2R, aka soluble CD25), specifically, has been utilized both to risk stratify for end-organ autoimmune disease and to assess therapeutic response to immunomodulators.\(^16,17\)

We hypothesized that peripheral blood biomarkers characteristic of CTLA4 deficiency, including an increased sIL-2R level and cell-based markers of T and B cell dysregulation measured by flow cytometry, would be found in the blood of patients with ICI-nephritis compared with ICI-treated controls. Additionally, we evaluated gene expression of IL-2RA, the IL-2 signaling pathway, and the T cell receptor signaling pathway in kidney biopsies of patients with ICI-nephritis compared with controls to validate the downstream impact of these pathways in the kidney.

**METHODS**

**Study design and patient population**

We retrospectively reviewed patients who were referred to an Onconephrology practice at Massachusetts General Hospital for evaluation of AKI after ICI treatment between September 2019 and February 2022. Cases of ICI-nephritis were confirmed by meeting the following definition: (1) 1.5-fold rise in serum creatinine from pre-ICI baseline creatinine within 3 months of having received an ICI and (2) kidney biopsy demonstrating acute interstitial nephritis; in patients who did not undergo kidney biopsy, ICI-nephritis was clinically adjudicated by the treating nephrologist and oncologist after exclusion of alternate causes of AKI, which led to temporary discontinuation of ICI or corticosteroid use. Two nephrologists retrospectively reviewed and unanimously agreed that the cases were ICI-nephritis. Cases that did not meet the above criteria for ICI-nephritis were categorized as possible ICI-nephritis and were not included in the generation of receiver operating characteristic (ROC).

We prospectively enrolled three control cohorts: ICI-treated controls, hemodynamic AKI controls, and non-ICI-nephritis controls. The first control cohort included patients who were receiving ICIs for treatment of cancer and had normal kidney function, no history of irAEs, and no concurrent or recent corticosteroid use (ICI-treated controls). The second control cohort included non-ICI-treated patients who were hospitalized and were experiencing hemodynamic AKI (hemodynamic AKI controls). The nephrologist-adjudicated etiology of AKI for hemodynamic AKI controls is shown in online supplemental table S1. Finally, we enrolled a control cohort of non-ICI-treated patients with biopsy-proven acute tubulointerstitial nephritis from other causes (non-ICI-nephritis controls) (online supplemental table S2).

Both cases and controls were excluded if they had an active infection at the time of sampling or if they received >2.5 mg/day of prednisone equivalent or any other immunosuppressive medication within 2 weeks of the sample collection. Additionally, patients with known diagnosis of hematological malignancy (eg, chronic lymphocytic leukemia) were excluded in analysis of flow cytometry given significant alteration of lymphocyte markers due to underlying disease, but they remained in the analysis of sIL-2R.

The Strengthening the Reporting of Observational Studies in Epidemiology checklist for observational studies was followed for study design and results reporting.
Blood sample processing
sIL-2R level and/or peripheral blood flow cytometry was performed on fresh blood samples from cases and controls prior to administration of corticosteroid therapy. sIL-2R was performed on a fresh serum sample. During the study period, sIL-2R was performed by either Quest (reference range 532–1891 pg/mL) or ARUP laboratories (reference range 175.3–858.2 pg/mL). Given that these two assays differed in median and range, results of sIL-2R were standardized as fold upper limit of normal (ULN) for each test, which was used for analysis rather than absolute values. All flow cytometry was performed on fresh samples (same-day processing) in the CLIA-certified Pathology Department at the Massachusetts General Hospital using two panels: (1) a combined panel of T cell markers (CD3, CD4, CD8, CD45RA, CD45RO) and B cell markers (CD19, CD27, IgM, IgD), and (2) an activated B cell/plasmablast subspecialty panel (plasmablasts defined by CD19+CD20-CD27+CD38+).

Validation cohort
The validation set included participants from Dana Farber Cancer Institute. We selected all participants treated with ICI who developed AKI with sIL-2R measured prior to corticosteroid administration. Two nephrologists adjudicated the cause of AKI (ICI-nephritis, non-ICI-nephritis, possible ICI-nephritis). These participants were enrolled between March and October 2022.

Statistical analysis
Continuous variables are presented as median with IQR or geometric mean with 95% CI as indicated. Categorical variables are presented as counts and/or percentages as indicated. ROC curves were generated for sIL-2R by comparing fold ULN sIL-2R level between ICI-nephritis cases and ICI-treated controls, as well as fold ULN sIL-2R level between ICI-nephritis cases and hemodynamic AKI controls. ROC curves were generated for single and/or composite flow cytometry data by comparing ICI-nephritis cases to ICI-treated controls. Wilcoxon rank sum test was used for two group comparisons of continuous variables and Kruskal-Wallis test was used for multiple group comparisons (≥3) of continuous variables. The optimal cut-offs were chosen based on maximizing specificity. All analyses were performed in Prism V.9.

Nanostring RNA assay and analysis
Routine formalin-fixed, paraffin-embedded (FFPE) biopsy blocks were retrieved from archived samples at Massachusetts General Hospital or Mayo clinic, separate from the aforementioned clinical cohorts. All biopsies had been obtained as a part of routine care and had sufficient remaining tissue after completion of diagnostic studies. The pathological groups included acute interstitial nephritis due to ICI (N=22), drug-induced acute interstitial nephritis (N=19), acute tubular injury (N=9), and controls from histologically normal renal biopsies (N=11). Five or six consecutive 20 µm curls cut from each FFPE block of kidney tissue were immediately transferred to sterile microcentrifuge tubes and stored at room temperature. Deparaffinization and RNA extraction were performed using Quick-RNA FFPE Miniprep (Zymo Research, Irvine, California, USA). RNA concentration and purity were measured with a NanoDrop 2000 spectrophotometer (Thermo Fisher Scientific, Waltham, Massachusetts, USA). Gene expression of the FFPE tissue-derived RNA isolates was quantified using the nCounter MAX System (NanoString Technologies, Seattle, Washington, USA). We used the Banff Human Organ Transplant 770-gene panel for hybridization (NanoString Technologies). This panel was selected because of the pathologic similarities of acute interstitial nephritis to acute cellular rejection, and because it is enriched for immune cell genes. QC assessment and normalization were performed as described. The NanoString Advanced Analysis software V.2.0 was used to define IL-2 signaling and T cell receptor pathway scores using the first principal component of the gene sets shown in online supplemental table S3. Diagnostic groups were compared using Kruskal-Wallis test.

RESULTS
We identified 29 patients with suspected ICI-nephritis who had either sIL-2R or flow cytometry performed as a part of their evaluation of AKI (figure 1). After adjudication, 24 were deemed to have ICI-nephritis (7 were biopsy proven, 17 clinically diagnosed), and 5 had ‘possible ICI-nephritis.’ Only one patient in the ICI-nephritis group received chronic corticosteroid therapy (2.5 mg daily) at baseline for treatment of polymyalgia rheumatica. After diagnosis and sample collection, 20 of the 24 patients (83%) with ICI-nephritis were subsequently treated with corticosteroids, and the remaining four were treated with supportive therapy alone (holding ICI and any potential nephritis-triggering medications). There were 10 ICI-treated controls with normal kidney function, 6 patients with hemodynamic AKI, and 5 patients with non-ICI-nephritis (figure 1). Baseline characteristics of the cohorts are shown in table 1.

Soluble IL-2 receptor
sIL-2R level in peripheral blood was significantly higher in patients with ICI-nephritis (median 2.5-fold-ULN, IQR 1.9–3.3) as compared with ICI-treated controls (median 0.8-fold-ULN, IQR 0.5–0.9, p<0.001) and patients with hemodynamic AKI (median 0.9-fold-ULN, IQR 0.7–1.1, p<0.001). There was a wide range of values in the group with possible ICI-nephritis (median 1.6-fold-ULN, IQR 1.2–2.1) in line with the potential diagnostic heterogeneity of this group. Of note, patients with non-ICI-nephritis (all biopsy proven) had an elevated sIL-2R level comparable to that of ICI-nephritis (median 2.7-fold-ULN, IQR 1.5–3.8, p=0.76) (figure 2A).

A receiver operating characteristic (ROC) curve was generated, comparing confirmed ICI-nephritis to
ICI-treated controls and confirmed ICI-nephritis to hemodynamic AKI. A sIL-2R cut-off point of 1.75-fold ULN yielded a specificity of 100% (95% CI 61% to 100%) with a sensitivity of 81% (95% CI 60% to 92%) when using hemodynamic AKI as a comparator group, and a specificity of 100% (95% CI 72% to 100%) with a sensitivity of 81% (95% CI 60% to 92%) when using ICI-treated controls as comparator group (figure 2B). Area under the curve (AUC) was >0.96 when using either comparator group as a control. Among patients with ICI-nephritis, there were no differences in sIL-2R level by ICI class used (online supplemental figure 1).

External validation cohort
We validated our findings in an external cohort, including two patients with ICI-nephritis, four patients with non-ICI-nephritis AKI, and one case of possible ICI-nephritis. Characteristics of participants included in the validation cohort are presented in online supplemental table 4. sIL-2R levels were higher in ICI-nephritis (range 2.3–2.5 fold-ULN) compared with non-ICI-nephritis AKI (range 0.6–1.8 fold-ULN) (online supplemental figure 2). Only one patient with biopsy-proven acute tubular necrosis (without interstitial inflammation) had sIL-2R level of 1.8-fold-ULN, above the previously derived diagnostic threshold (1.75-fold-ULN).

Flow cytometry
Given the utility of peripheral blood flow cytometry in the diagnosis of congenital CTLA4 deficiency,16 17 we compared CLIA-certified flow cytometry panels among patients with ICI-nephritis (n=19) and ICI-treated controls (n=6) who had flow cytometry performed. In patients with ICI-nephritis, we observed lower circulating counts of total CD3+T cells (geometric mean 583.8 vs 1333 cells/µL, p=0.014), including significantly lower cytotoxic CD8+T cells (geometric mean 138.6 vs 444.1 cells/µL, p=0.0019) and a trend toward lower helper CD4+T cells (geometric mean 404.5 vs 759.2 cells/µL, p=0.08) (figure 3A). As loss of naïve T cells in peripheral blood is a prominent feature of CTLA4 deficiency, we further investigated populations of naïve (CD45RA+) and memory (CD45RO+) T cells in circulation. We observed lower absolute counts of naïve cytotoxic CD45RA+CD8+ T cells in patients with ICI-nephritis compared with ICI-treated controls (figure 3B). As individual diagnostic parameters, lower peripheral blood total CD8+T cells and naïve CD45RA+CD8+ T cells had excellent AUCs for the diagnosis of ICI-nephritis among patients receiving ICI (total CD8+T cells: AUC=0.90; 95% CI 0.78 to 1.03; p=0.0034 and naïve CD45RA+CD8+ T cells: AUC=0.82; 95% CI 0.66 to 0.99; p=0.019). The likelihood ratio for ICI-nephritis was 4.7 in individuals with a circulating CD8+T cell level <268 cells/µL and 4.4 in individuals with a circulating naïve CD45RA+CD8+ T cell level <122 cells/µL (figure 3C). Low absolute counts of CD8+T cells and naïve CD45RA+CD8+ T cells in circulation were observed to be overlapping immunophenotypes with a positive and significant linear correlation identified (R²=0.77; p<0.0001; figure 3D).

Patients with CTLA4 deficiency additionally demonstrate prominent B cell defects in peripheral blood that include increased B cell activation and atypical B cell memory development.16 17 Analysis of total circulating CD19+B cells identified a trend toward out of range, both low and high, B cells in the majority (52.6%) of patients with ICI-nephritis (figure 4A). In addition, one-quarter of ICI-nephritis patients demonstrated plasmablast expansion consistent with a trend toward B cell activation in
### Table 1  Demographics and baseline clinical characteristics of confirmed ICI-nephritis, ICI-treated controls, and hemodynamic AKI controls

<table>
<thead>
<tr>
<th>Demographics/clinical characteristics</th>
<th>ICI-nephritis (N=24)</th>
<th>ICI-treated controls (N=10)</th>
<th>Hemodynamic AKI (N=6)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age (years, IQR)</strong></td>
<td>72 (61–78)</td>
<td>67 (58–76)</td>
<td>62 (52–73)</td>
</tr>
<tr>
<td><strong>Race</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>20 (83.3%)</td>
<td>10 (100%)</td>
<td>2 (40%)</td>
</tr>
<tr>
<td>Others</td>
<td>4 (16.7%)</td>
<td>–</td>
<td>4 (60%)</td>
</tr>
<tr>
<td><strong>Male sex (N, %)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>16 (66.7%)</td>
<td>5 (50%)</td>
<td>3 (50%)</td>
</tr>
<tr>
<td><strong>Baseline eGFR (mL/min/1.73², IQR)</strong></td>
<td>66.1 (51.4–87.6)</td>
<td>93.7 (68.8–100.5)</td>
<td>55.2 (48.8–93.9)</td>
</tr>
<tr>
<td><strong>Comorbidities</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Hypertension</td>
<td>75%</td>
<td>60%</td>
<td>4 (66.7%)</td>
</tr>
<tr>
<td>Diabetes mellitus</td>
<td>16.7%</td>
<td>30%</td>
<td>3 (50%)</td>
</tr>
<tr>
<td>Congestive heart failure</td>
<td>4.2%</td>
<td>10%</td>
<td>4 (66.7%)</td>
</tr>
<tr>
<td><strong>Medication use</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ACEi/ARB</td>
<td>33.3%</td>
<td>30%</td>
<td>3 (50%)</td>
</tr>
<tr>
<td>Diuretics use†</td>
<td>29.2%</td>
<td>0%</td>
<td>2 (33.3%)</td>
</tr>
<tr>
<td><strong>AIN-causing medications</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>PPI</td>
<td>58.3%</td>
<td>30%</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>Antibiotics</td>
<td>8.3%</td>
<td>10%</td>
<td>16.7%</td>
</tr>
<tr>
<td>NSAIDs</td>
<td>29.2%</td>
<td>20%</td>
<td>0%</td>
</tr>
<tr>
<td>Allopurinol</td>
<td>8.3%</td>
<td>0%</td>
<td>33.3%</td>
</tr>
<tr>
<td><strong>Cancer type (N, %)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lung cancer</td>
<td>10 (41.7%)</td>
<td>0</td>
<td>–</td>
</tr>
<tr>
<td>Genitourinary cancer‡</td>
<td>4 (16.7%)</td>
<td>0</td>
<td>–</td>
</tr>
<tr>
<td>Melanoma</td>
<td>4 (16.7%)</td>
<td>7 (70%)</td>
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</tr>
<tr>
<td>Gastrointestinal cancer§</td>
<td>4 (16.7%)</td>
<td>2 (20%)</td>
<td>–</td>
</tr>
<tr>
<td>Head and neck cancer</td>
<td>2 (8.3%)</td>
<td>1 (10%)</td>
<td>–</td>
</tr>
<tr>
<td>Lymphoma</td>
<td>0</td>
<td>1 (10%)</td>
<td>–</td>
</tr>
<tr>
<td><strong>ICI regimen (N, %)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anti-PD-1 therapy</td>
<td>20 (83.3%)</td>
<td>10 (100%)</td>
<td>–</td>
</tr>
<tr>
<td>Anti-PD-L1 therapy</td>
<td>2 (8.3%)</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>Anti-CTLA-4/PD-1 combination</td>
<td>2 (8.3%)</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>Concurrent chemotherapy¶</td>
<td>4 (16.7%)</td>
<td>2 (20%)</td>
<td>–</td>
</tr>
<tr>
<td>Cumulative ICI doses prior to sampling (cycles, IQR)</td>
<td>6(4–8)**</td>
<td>8.5 (4–18)</td>
<td>–</td>
</tr>
<tr>
<td>Time from last ICI dose to sIL-2R collection (days, IQR)</td>
<td>21 (19.5–29)</td>
<td>25.5 (20–56)</td>
<td>–</td>
</tr>
<tr>
<td>Concurrent irAEs (N, %)</td>
<td>6 (25.0%)</td>
<td>0 (%)</td>
<td>–</td>
</tr>
<tr>
<td><strong>Cancer response to immunotherapy</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stable disease</td>
<td>21 (87.5%)</td>
<td>9 (90%)</td>
<td>–</td>
</tr>
<tr>
<td>Progressive disease</td>
<td>3 (12.5%)</td>
<td>1 (10%)</td>
<td>–</td>
</tr>
</tbody>
</table>

Demographics and baseline clinical characteristics of confirmed ICI-nephritis, ICI-treated controls and hemodynamic AKI controls.

*Baseline eGFR was defined as the closest eGFR within 14 days prior to ICI initiation in ICI-nephritis group, closest eGFR within 14 days prior to sIL-2R level in ICI-treated controls, and closest available eGFR prior to AKI onset in the hemodynamic AKI group. Three patients in the hemodynamic AKI group did not have creatinine available within 90 days prior to AKI onset, and their baseline eGFR level was imputed from the nadir creatinine during hospitalization.

†Includes loop, thiazide-like, and potassium-sparing diuretics.

‡Includes renal cell carcinoma, urothelial/transitional cell carcinoma.

§Includes gastric carcinoma, esophageal carcinoma, and pancreatic carcinoma.

¶Concurrent chemotherapy includes carboplatin/pemetrexed in two patients with lung cancer, paclitaxel in a patient with duodenal cancer, and dacarbazine in a patient with lymphoma.

**One patient did not have known cumulative ICI doses (received from outside hospital) prior to sIL-2R sampling at our institution.

ACEI/ARB, ACE inhibitor/angiotensin receptor blockade; AIN, acute interstitial nephritis; AKI, acute kidney injury; anti-CTLA-4, anti-cytotoxic T-lymphocyte-associated protein 4; anti-PD1, anti-programmed cell death protein1; anti-PD-L1, anti-programmed cell death protein1 ligand 1; eGFR, estimated glomerular filtration rate; ICI, immune checkpoint inhibitor; irAEs, immune-related adverse events; NSAIDs, non-steroidal anti-inflammatory drugs; PPI, proton pump inhibitor.
peripheral blood; in contrast, no plasmablast expansion was identified in the ICI-treated control group (figure 4B). Finally, lower absolute counts of memory (CD27+) B cells were identified in the blood of patients with ICI-nephritis (geometric mean 8.1 vs 22.5 cells/µL, p=0.032). As an individual diagnostic parameter, peripheral blood

Figure 2  sIL-2R levels and diagnostic performance in patients with ICI-nephritis. (A) Peripheral blood sIL-2R level, shown as fold ULN for each patient group as indicated. Dotted line indicates the optimal cut-off point determined by receiving operating characteristic (ROC) curve analysis (1.75-fold ULN, (B)). Symbols represent unique individuals, bars represent medians (±IQRs) of total indicated patients. ANOVA test with significant p values shown. (B) ROC curve, comparing ICI-nephritis cases and ICI-treated controls (pink triangles) or hemodynamic AKI controls (blue circles), respectively. Area under the curve (AUC), 95% CI, and p value shown. AKI, acute kidney injury; ANOVA, analysis of variance; ICI, immune checkpoint inhibitor; ULN, upper limit of normal.

Figure 3  Peripheral blood T cell markers are altered in ICI-nephritis. (A, B) T cell subsets, shown as absolute count in log scale or CD4+/CD8+ ratio and compared between ICI-treated controls (N=6; squares) and ICI-nephritis (N=19; circles). Symbols represent unique individuals; bars represent geometric means (95% CIs) of total indicated patients. Red dotted lines indicate the lower limit of normal of the assay. ns=non-significant. (C) ROC curves of absolute (cells/µL) total CD8+ T cells (left) and naïve CD45RA+CD8+ T cells (right). Area under the curve (AUC), 95% CI, and p values shown. (D) Linear correlation between total CD8+ T cell count and CD45RA+CD8+ T cell count. R² and p value are shown in the graph. Symbols represent unique individuals; straight line represents fitted regression line. ICI, immune checkpoint inhibitor; ns, not significant; ROC, receiver operating characteristic.
Figure 4  Peripheral blood B cell markers are altered in ICI-nephritis. (A–C) B cell subsets, shown as absolute count in log scale, plasmablasts as % total CD19+B cells, or out-of-range B cells as % total unique individuals as indicated and compared between ICI-treated controls (N=6; squares) and ICI-nephritis (N=19; circles). Symbols represent unique individuals; bars represent geometric means (95% CIs) of total indicated patients. Red dotted lines indicate the assay lower or higher limit of normal. ROC curve of absolute (cells/μL) peripheral memory B cells (CD27+CD19+) shown in 4C (right). Area under the curve (AUC), 95% CI, and p values shown. ICI, immune checkpoint inhibitor; ns, not significant; ROC, receiver operating characteristic.
memory CD27+CD19+ B cells had an AUC of 0.80 (95% CI 0.57 to 1.02; p=0.033) for the diagnosis of ICI-nephritis among patients receiving ICI, and the likelihood ratio for ICI-nephritis was 5.0 in individuals with a circulating memory B cell count <20.5 cells/µL (figure 4C). These B cell findings were non-overlapping immunophenotypes with demonstration of poor concordance by linear relationship to each other as well as the T cell phenotypes described (online supplemental figure 3).

These data suggested a potential benefit from developing a flow cytometry score combining these B cell and T cell components. We created both basic (CD8+ and CD19+), expanded (CD8+, CD19+, CD45RA+CD8+, CD27+CD19+), and complete (CD8+, CD19+, CD45RA+CD8+, CD27+CD19+, and plasmablasts) flow cytometry composite scores for the diagnosis of ICI-nephritis for direct utility in clinical settings given differences between laboratories in flow cytometry capabilities. Using the basic composite score, we found an AUC of 0.84 (95% CI 0.68 to 1.00, p=0.013) in the diagnosis of ICI-nephritis among patients receiving ICIs, which improved further with the expanded and complete composite scores, respectively (figure 5). Overall, scoring by the complete composite score (CD8+, CD19+, CD45RA+CD8+, CD27+CD19+, and plasmablasts) had the highest AUC in the diagnosis of ICI-nephritis among patients receiving ICI (AUC=0.96; 95% CI 0.90 to 1.03; p<0.001). Sensitivity analysis comparing patients with biopsy-confirmed ICI-nephritis to clinically adjudicated ICI-nephritis did not demonstrate any significant differences in sIL2R or flow cytometry (online supplemental figure 4).

Kidney biopsy samples

Using archived kidney biopsy samples, we compared transcripts from cases of ICI-nephritis (N=22) to cases without history of ICI treatment: drug-induced nephritis (N=19), acute tubular injury (N=9), and healthy controls (N=11) (figure 1). IL2RA gene expression was significantly higher in kidney tissue from cases of ICI-nephritis and drug-induced nephritis, compared with acute tubular injury and controls. IL-2 signaling pathway score and T cell receptor pathway scores were significantly higher in ICI-nephritis and drug-induced nephritis compared with acute tubular injury and controls (figure 6). There were no significant differences in IL2RA gene expression, IL-2 signaling pathway score, or T cell receptor pathway scores between ICI-nephritis and other causes of drug-induced nephritis.

DISCUSSION

We found that patients with ICI-nephritis had soluble and cell-based peripheral blood biomarker abnormalities that mirror those found in patients with CTLA4 deficiency, a congenital T cell hyperactivation syndrome. A sIL-2R cut-off point of 1.75-fold-ULN offered maximal specificity (100%) and optimal sensitivity (81%) in differentiating ICI-nephritis from the ICI-treated controls and hemodynamic AKI controls in this study. We observed lower absolute counts of circulating CD8+ and naive CD45RA+CD8+ T cells, as well as lower absolute counts of circulating memory CD27+CD19+ B cells with a trend toward relative expansion of plasmablasts in patients with ICI-nephritis compared with ICI-treated controls. A composite flow cytometry score that incorporated T and B cell alterations in peripheral blood, including low total and naive CD8+ T cells, low CD27+ memory B cells, and a higher percentage of plasmablasts, was shown to have an AUC of 0.96 (95% CI 0.90 to 1.03; p<0.001) for diagnosing ICI-nephritis. These pathologic alterations in peripheral blood flow cytometry, which mirror changes seen in patients with congenital CTLA4 deficiency, were not found in patients treated with ICIs who did not have irAEs. Furthermore, we confirmed increased IL2RA gene expression in kidney biopsy specimens from patients with ICI-nephritis and other drug-induced interstitial nephritis compared with kidney biopsies from healthy donors or patients with acute tubular injury.

While most patients with ICI-nephritis in our study were treated with PD-1/PD-L1 inhibitors alone and only a few received PD-1/CTLA4 combination therapy (table 1), here, we identified immune biomarkers of congenital CTLA4 among all patients with ICI-nephritis. CTLA4 and PD-1/PD-L1 are both fundamental mechanisms that control peripheral T cell activation and self-tolerance. CTLA4 signaling importantly controls naïve T cell cocostimulation and activation in secondary lymphoid structures while PD-1/PD-L1 signaling occurs predominantly in peripheral tissues. However, as the immune system dynamically recirculates and integrates peripherally received immune signals, these pathways converge and together modulate the global state of peripheral T cell activation and self-tolerance. ICI targeting either the CTLA4 or the PD-1/PD-L1 signaling pathway can predispose to a wide and largely overlapping spectrum of irAEs.

Furthermore, abatacept, an immunoglobulin fusion protein that serves as a CTLA4 agonist, has also been successfully used in treatment of severe irAEs induced by either CTLA4 or PD-1/PD-L1 inhibitors, suggesting convergent pathways of immune-related toxicity across classes of ICIs. Our data now additionally suggest that ICI-nephritis induced by any class of ICI, including PD-1/PD-L1 monotherapy, can sufficiently induce biomarker changes of pathological systemic T cell activation that mimic the congenital state of CTLA4 loss-of-function. Though our study was not powered to directly compare the biomarkers between different ICI classes, we did not find a significant difference in sIL-2R level on subclassifying patients with ICI-nephritis by specific type of ICI received (online supplemental figure 1).

sIL-2R is the circulating form of the IL-2Rα chain (aka CD25) that was first described in the serum of patients with human T lymphotropic retrovirus type1-associated adult T-cell leukemia. IL-2Ra is induced on activation of T lymphocyte and joins the constitutionally expressed
A Composite flow cytometry score (2 components)

B Composite flow cytometry score (4 components)

C Composite flow cytometry score (5 components)

Figure 5  Diagnostic performance of composite B and T cell flow cytometry scores for ICI-nephritis. (A) Composite flow cytometry score (two components). (B) Composite flow cytometry score (four components). (C) Composite flow cytometry score (five components). Diagnostic performance of different composite flow cytometry scores. Scoring is 1 or 0 for each individual component (1 if fulfilling the scoring criteria). Symbols represent unique individuals; bars represent median (95% CIs) of total indicated patients. AIN, acute interstitial nephritis; AUC, area under the curve, and p values shown. ICI, immune checkpoint inhibitor; ROC, receiver operating characteristic.
Figure 6  Comparison of IL2RA gene expression, T cell receptor scores, and IL2 family signaling in kidney tissue. Gene expression data obtained from FFPE kidney biopsy tissue of patients with ICI-nephritis (N=22), other drug-induced nephritis (N=19), acute tubular necrosis (N=9), and histologically normal control biopsies (N=11). Gene expression shown by violin plot for IL2RA in log2 normalized count (A), IL-2 family signaling pathway score (B) and T cell receptor signaling pathway score (C). The pathway score is equal to the first principal component of the gene sets shown in online supplemental table 3. In all cases there was no significant difference between ICI-nephritis and other forms of AIN and the differences between AIN and ATN and healthy control were highly statistically significant. There was no significant difference between ICI-nephritis and other drug-induced nephritis. FFPE, formalin fixed, paraffin embedded; ICI, immune checkpoint inhibitor.

dimeric IL-2R receptor (which contains β and γ chain), and is further enhanced in the subsequent positive feedback loop through IL-2/IL-2R signaling. Historically, sIL-2R served as a valuable phenotypic marker for distinguishing adult T-cell leukemia from other lymphocytic neoplasms prior to the wide use of flow cytometry. sIL-2R is currently used to support clinical diagnosis of autoimmune disorders characterized by T cell activation, including hemophagocytosis, sarcoidosis, and IgG4-related disease, and is generally regarded as a marker of T cell activation. Our finding that most of the ICI-treated controls had sIL-2R levels within the normal range suggests that exposure to ICI alone does not lead to a T cell hyperactivation state sufficient to induce chronic sIL-2R elevation. In fact, the only patient in the ICI-treated control group whose sIL-2R level was above the ULN had a history of Hodgkin’s lymphoma and was receiving treatment with brentuximab/dacarbazine/nivolumab at the time of sample collection (table 1). Hematological malignancies are known to be associated with elevated sIL-2R, potentially decreasing the utility of this biomarker in this specific patient demographic. Elevated sIL-2R levels have been reported to associate with tumor burden and disease progression, reflecting higher amount of activated T cells infiltrating the tumor milieu, especially in more immunogenic cancer types such as melanoma and renal cell carcinoma. Fortunately, in both cohorts of ICI-nephritis and ICI-treated controls, nearly 90% of patients had stable disease at the time of sample collection (table 1). Future research should stratify tumor response and cancer types when evaluating the diagnostic performance of sIL-2R. An increase in sIL-2R level has also been described in patients with chronic kidney disease receiving maintenance hemodialysis by Takamatsu et al and the mechanism is thought to be related to decrease in renal metabolism and/or clearance of sIL-2R; however, our study showed that acute change in kidney function alone does not appear to significantly alter the kinetics of sIL-2R, as patients in the hemodynamic AKI control group did not have elevated sIL-2R levels (figure 2A).

Previous studies on peripheral blood flow cytometry changes in ICI-treated patients have included B cell markers. A study by Das et al examining patient with melanoma who developed irAEs following ICI described a relative increase in plasmablasts and CD21+ B cells, both of which are associated with a heightened state of B cell activation. Moreover, the magnitude of these peripheral blood B cell phenotypic changes directly correlated with the severity of the observed irAEs. In our study comparing patients with ICI-nephritis and ICI-treated controls, we found significant changes in peripheral T cell markers, including a decrease in total CD8+ T cells (driven predominantly by lower absolute counts of CD8+T cells) and loss of naive circulating CD8+T cells. In addition, we identified significant changes in peripheral B cell markers, including lower circulating absolute counts of memory CD27+ B cells and a trend toward relative expansion of plasmablasts. These changes mirror the peripheral flow cytometry changes observed in patients with congenital CTLA4 deficiency.

Robust T cell infiltrates are a classic pathologic feature of irAEs involving different organ systems as well as non-ICI drug-induced acute interstitial nephritis. We examined kidney tissue from patients with ICI-nephritis and identified an increase in gene expression for IL2RA, IL-2 signaling, and T cell receptor signaling, which mirrored the signature of T cell hyperactivation observed in peripheral blood. Taken together, these findings suggest that activated T cell infiltration of the target organs leads to decline in peripheral T cell populations, which may be central to the pathogenesis of ICI-nephritis. The mechanisms of ICI-nephritis are difficult to study given ICI-nephritis does not occur in animal models. Therefore,
it is important to study human tissue to further elucidate the immunological mechanisms in ICI-nephritis.

Identifying non-invasive biomarkers of ICI-nephritis is a major unmet need. Traditional biomarkers offer limited accuracy in diagnosis as only one third of patients with ICI-nephritis have leukocyturia, fewer than 15% have white blood cell casts, and allergeric symptoms such as fever, rash, and eosinophilia are extremely rare. Thus, kidney biopsy is often needed for definitive diagnosis, however, biopsy is invasive and is associated with high periprocedural complications in the cancer population. The 2021 Society for Immunotherapy of Cancer clinical practice guideline recommended that kidney biopsy should be strongly considered when feasible for patients with stage 2 or 3 AKI (creatinine more than two times baseline). However, in real world practice, cohort studies have demonstrated that <30% of cases of ICI-nephritis are proven by biopsy. Moledina et al evaluated 32 cases of biopsy-proven acute interstitial nephritis and identified urine tumor necrosis factor alpha and interleukin-9 as biomarkers that significantly improved the diagnostic performance compared with a physician’s clinical assessment. However, this study had very few patients treated with ICIs (N=4), and these findings must be validated in patients receiving ICIs. Isik et al compared a cohort of patients with ICI-nephritis (both clinically diagnosed and biopsy proven cases, N=37) to patients with non-ICI-associated AKI (N=13) and found that that serum C reactive protein (CRP), a systemic inflammatory marker, and urinary retinol binding protein to creatinine ratio, a marker for proximal tubular injury, were both significantly elevated at the time of AKI in ICI-nephritis compared with the non-ICI-AKI controls. A normal CRP and urine retinol binding protein to creatinine ratio appear to have a high negative predictive value for ruling out ICI-associated AKI, however, the positive predictive value of elevated biomarkers may be limited. Prior studies that evaluated aggregate cytokine scores to diagnose non-kidney irAEs did not include sIL-2R. CLIA-certified sIL-2R assays are performed on serum samples only and cannot be performed on frozen plasma, which may explain why it may have been excluded from prior studies. Both sIL-2R and peripheral blood flow cytometry are clinically available tests and flow cytometry, in particular, has a rapid turn-around (less than 24 hours at our center).

Our study has several limitations. First, the size of our control groups are limited, and we did not have a large control group of ICI-treated patients who developed AKI due to causes other than ICI-nephritis given the challenges of case identification. Although our diagnostic threshold for sIL-2R performed relatively well in our small validation cohort; a larger, prospective cohort study is needed to validate our findings in ICI-treated patients who developed AKI. Second, we excluded patients experiencing extra-renal irAEs to isolate the effect of ICI-nephritis on sIL-2R and lymphocyte markers. However, given that it is not an organ specific marker, sIL-2R may also be elevated in patients experiencing extrarenal irAEs. Prior and/or concomitant extra-renal irAEs is a frequent finding and occurs in nearly half of the patients with ICI-nephritis, and thus the diagnostic utility of sIL-2R in the real-world setting requires additional research. In addition, evaluating the diagnostic utility of sIL-2R in extra-renal irAE is an important next step to further validate this biomarker. Third, in line with the biopsy rate in real-world practice, only 7 out of the 24 ICI-nephritis cases received kidney biopsy in our cohort; however, no significant difference in sIL-2R level and peripheral T and B cell populations was found between the biopsy-proven cases and clinically adjudicated cases (online supplemental figure S4). Finally, 20% of the ICI-nephritis and ICI-treated controls in our cohort also received concurrent chemotherapy, which could have affected absolute lymphocyte count by causing bone marrow suppression; however, no significant difference in the peripheral T and B cell populations was found between those who received concurrent chemotherapy and those who received ICI therapy alone (online supplemental figure S5).

In conclusion, we report statistically significant differences in sIL-2R level and dysregulated B and T cell phenotypes detected by flow cytometry in patients with ICI-nephritis compared with controls, findings that mirror the immunophenotype found in patients with congenital CTLA4 deficiency. Validating these findings in larger prospectively collected populations of ICI-treated patients with AKI, other irAEs that occur after ICIs, and expanding to other forms of acute interstitial nephritis will be the critical next steps for future research.

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