G-MDSC-derived exosomes mediate the differentiation of M-MDSC into M2 macrophages promoting colitis-to-cancer transition

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ABSTRACT

Backgrounds In inflammatory bowel disease microenvironment, transdifferentiation of myeloid-derived suppressor cells (MDSCs) and M2 macrophage accumulation are crucial for the transition of colitis-to-cancer. New insights into the cross-talk and the underlying mechanism between MDSCs and M2 macrophage during colitis-to-cancer transition are opening new avenues for colitis-associated cancer (CAC) prevention and treatment.

Methods The role and underlying mechanism that granulocytic MDSCs (G-MDSCs) or exosomes (Exo) regulates the differentiation of monocytic MDSCs (M-MDSCs) into M2 macrophages were investigated using immunofluorescence, FACS, IB analysis, etc, and employing siRNA and antibodies. In vivo efficacy and mechanistic studies were conducted with dextran sulfate sodium-induced CAC mice, employed IL-6 Abs and STAT3 inhibitor.

Results G-MDSCs promote the differentiation of M-MDSC into M2 macrophages through exosomal miR-93–5p which downregulating STAT3 activity in M-MDSC. IL-6 is responsible for miR-93–5p enrichment in G-MDSC exosomes (GM-Exo). Mechanistically, chronic inflammation-driven IL-6 promote the synthesis of miR-93–5p in G-MDSC via IL-6/STAT3/JAK/STAT3 pathway. Early use of IL-6 Abs enhances the effect of STAT3 inhibitor against CAC.

Conclusions IL-6-driven secretion of G-MDSC exosomal miR-93–5p promotes the differentiation of M-MDSC into M2 macrophages and involves a STAT3 signaling mechanism that promote colitis-to-cancer transition. Combining STAT3 inhibitors with strategies that inhibit IL-6-mediated G-MDSC exosomal miR-93–5p production is beneficial for the prevention and treatment of CAC.

INTRODUCTION

Colitis-associated cancer (CAC) does not display the adenoma-carcinoma sequence which is typical for sporadic colorectal cancer (CRC). Chronic inflammation and the increased turnover of epithelial cells contribute to the development of low-grade and high-grade dysplasia, which may further transform into CAC.1–3 Inflammatory bowel disease (IBD), a key factor in CAC-extrinsic inflammation, which can result in immuno-suppression, thereby providing a preferred background for CAC development.4 Myeloid-derived suppressor cells (MDSCs) and M2 macrophages are the two main cell populations with immunosuppressive function infiltrating inflammatory colorectal tissue.5 MDSCs are a heterogeneous population of immature myeloid cells hallmarked by their potent immunosuppressive function in a vast array of pathological conditions. In IBD or CAC patients, MDSCs massively infiltrate the inflamed intestinal tissue or tumor microenvironment. MDSCs facilitate CAC progression by promoting chronic inflammation, promoting blood vessel formation, constructing immunosuppressive tumor microenvironment, and promoting the

WHAT IS ALREADY KNOWN ON THIS TOPIC

Myeloid-derived suppressor cells (MDSCs) and M2 macrophages accumulate under inflammatory bowel disease and colitis-associated cancer (CAC) conditions, but the interaction between them, as well as the role in regulating the transition of colitis-to-cancer are unclear.

WHAT THIS STUDY ADDS

Here, we report that granulocytic MDSCs (G-MDSCs) promote the differentiation of monocytic MDSC (M-MDSC) into M2 macrophages through releasing exosomal miR-93–5p. IL-6 is responsible for miR-93–5p enrichment in G-MDSC exosomes.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

These findings are the first to demonstrate that G-MDSCs promote the differentiation of M-MDSC into M2 macrophages, thereby facilitating colitis-to-cancer transition. Blocking the crosstalk between MDSCs and M2 is beneficial for the prevention and treatment of CAC.
stemness of colon cancer cell. MDSCs are mainly divided into granulocytic MDSCs (G-MDSCs) and mono-
cytic MDSCs (M-MDSCs). M2 macrophages are induced by IL-4 and IL-13 to express arginase 1 (Arg-1), and
IL-10. STAT6 is crucial for enhancing the expression of M2-associated genes.

M2 macrophages and MDSCs were once thought to be beneficial for controlling IBD-related inflammation
due to their immunosuppressive properties. In models of autoimmune colitis elicited by CD8+ T cells or dextran
sulfate sodium (DSS), the transfer of MDSC suppressed
development of disease. These results suggest that initial
expansion of suppressive MDSCs may function to restrain
development of disease. These works provide a linkage mecha-
ism between inflammation and cancer development.

**RESULTS**

**Profiles of MDSC subgroups and M2 macrophage in colorectal
tissues during CAC induction**

MDSCs and M2 macrophages are abundantly infiltrated in inflammatory or cancerous colorectal tissues.
Although it has been reported that M-MDSCs infiltrating into tumor tissues can rapidly differentiate into tumor-
associated macrophages (TAMs), the relationship between MDSCs and M2 macrophages remains unclear
in an inflammatory environment. CAC mice were induced with AOM/DSS and the percentages of MDSC
subgroups or M2 macrophage was analyzed by FACS. CAC mice underwent the process of sequence evolution
such as inflammation, inflammatory hyperplasia, atypical
hyperplasia, and adenocarcinoma (figure 1A,B). Tissue-
infiltrating G-MDSCs and M2 macrophages continued to
increase, while M-MDSCs remained low (figure 1C). Next,
the correlation between G-MDSCs and M2 macrophages
at weeks 10, 13 and 16 was analyzed. The percentage of
G-MDSCs was positively correlated with the percentage of
M2 macrophages (figure 1D). These results suggest that
G-MDSCs may involve in M2 macrophage accumulation in
colorectal tissues starting from the chronic inflammatory
stage.

**G-MDSCs promote the differentiation of M-MDSC into M2
macrophages**

Given the positive correlation between G-MDSCs and M2 macrophages and the fact that M-MDSC differentiates into
M2 macrophages in the tumor microenvironment, we
investigated the role of G-MDSCs in the differentiation of
M-MDSC into M2 macrophages. The working flow chart
is depicted in figure 2A. Splenic G-MDSCs and M-MDSCs
were sorted from IBD mice. High-purity G-MDSCs and
M-MDSCs were obtained (online supplemental figure S1A,B). We first analyzed the effect of colorectal tissue
supernatant (Sup) on the differentiation of M-MDSC or
G-MDSC into M2 macrophages. M-MDSCs could differ-
entiate into F4/80+Ly6Chigh cells, but G-MDSCs could not
(not figure 2B,C). We further analyzed the phenotype and
function of F4/80+Ly6Chigh cells. F4/80+Ly6Chigh were
sorted from IBD mice. High-purity F4/80+ cells were
sorted using immunomagnetic beads and high-purity
F4/80+ cells were sorted (figure 2D). We examined the
surface membrane molecule, immunosuppressive func-
tion, cytokine profile, and their ability to promote angio-
genesis. These cells highly expressed CD206 (figure 2E)
and suppressed CD4+ T cell proliferation (figure 2F,G).
The cytokine-associated genes, including IL-10, TGFβ,
Arg-1, CCL2, and IL-6, were upregulated (figure 2H).
The culture medium from F4/80+ cells significantly increased
number of luminal formation (figure 2I). Therefore,
these results suggest that M-MDSC differentiate into
M2 macrophage. G-MDSCs and M-MDSCs were co-cul-
tured in the presence of Sup. As shown in figure 2K,
G-MDSCs promoted the differentiation of M-MDSC into
M2 macrophages (figure 2KL). Therefore, G-MDSCs
could promote the differentiation of M-MDSC into M2
macrophages.

**G-MDSCs promote the differentiation of M-MDSC into M2
macrophages via exosome secretion**

Exosomes have been proposed to act as intercellular
communicators via cargo. Our previous work also found
that G-MDSCs promote CRC cell stemness by exosomes
(GM-Exo). To observe the role of GM-Exo in promoting
the differentiation of M-MDSC into M2 macrophages,
Rab27a was knocked down in G-MDSCs with siRab27a as our
previous report. The expression of Rab27a was effectively
reduced (figure 3A), and exosomes secretion was obviously
inhibited (figure 3B). SiRab27a-treated G-MDSCs were co-cultured with M-MDSCs. The proportion of M-MDSC that differentiated into M2 macrophages was analyzed. The ability of G-MDSCs to promote the differentiation of M-MDSC into M2 macrophages decreased when exosome secretion was inhibited (figure 3C,D). We also investigated the direct effect of GM-Exo on the differentiation of M-MDSC into M2 macrophages. GM-Exo was prepared and identified according to our previous method.6 GM-Exo displayed closed round vesicles with diameters of ~100 nm (figure 3E). GM-Exo expressed CD63 and CD9, which are characteristic exosome molecules. In contrast, calnexin was not detected in the purified GM-Exo preparations (figure 3F). GM-Exo were used to treat M-MDSCs in the presence of Sup. GM-Exo promoted the differentiation of M-MDSC into M2 macrophages in a dose-dependent manner (figure 3G,H).

**Figure 1** MDSC subgroups and M2 macrophage profiling in colorectal tissues. (A) Schematic of CAC mouse induction. (B) Representative H&E-stained sections of colorectal tissues at different times. (C) Percentages of MDSC subgroups and M2 macrophage in colorectal tissue. (D) The correlation between G-MDSCs and M2 macrophages was determined by the Pearson’s correlation test (n=10). Data are representative of three independent experiments and are presented as means±SEM. CAC, colitis-associated cancer; G-MDSCs, colitis-associated cancers; MDSC, myeloid-derived suppressor cell. AOM, azoxymethane. (*p<0.05, **p<0.01, one-way ANOVA test; error bars, SD).

GM-Exo promotes the differentiation of M-MDSC into M2 macrophages through downregulating STAT3 activity

To explore the mechanism by which GM-Exo promotes the differentiation of M-MDSC into M2 macrophages, we observed changes in major signaling pathways in M-MDSCs after GM-Exo treatment. There are no significant changes in Notch pathway and MAPK pathway (figure 4A,B). There is an upregulation of p-PI3K in the PI3K/AKT pathway (figure 4C). Notably, GM-Exo significantly downregulated the levels of p-STAT3 and STAT3, although there is no significant change of its upstream molecule, including JAK1 and JAK2 (figure 4D,E). These results suggest that GM-Exo may promote the differentiation of M-MDSC into M2 macrophages by downregulating STAT3 activity. In fact, STAT3 has a unique function in controlling the differentiation of MDSC into M2 macrophages.18 21 22 Kumar et al found that CD45 tyrosine phosphatase activity promoted the differentiation of M-MDSC into M2 macrophages through inhibiting STAT3 activity.18 We further validated the effect of GM-Exo on p-STAT3 level. The results showed that p-STAT3 levels gradually decreased over time after GM-Exo treatment (figure 4F–H). Therefore, STAT3 inhibition is the key reason for GM-Exo-mediated differentiation of M-MDSC into M2 macrophages.

**GM-Exo downregulates STAT3 activity in M-MDSCs via miR-93-5p**

Exosomal miRNAs play critical role in regulating cell biology.23 Based on the fact that GM-Exo down-regulates the level of STAT3 in M-MDSCs without affecting the upstream molecule JAKs, we speculated that GM-Exo-loaded miRNAs might directly play a role in regulating the differentiation of M-MDSC into M2 macrophages. We analyzed the sequencing results of miRNAs in...
GM-Exo based on our previous report. MiRNAs with expression value greater than 50 were nominated as candidates (figure 5A). TargetScan and miRDB were used for miRNA target prediction and functional annotations. MiR-93–5p was screened as the only candidate miRNA that may potentially be involved in regulating STAT3 (figure 5B,D). Both G-MDSCs and GM-Exo highly expressed miR-93–5p (figure 5C). We prepared GM-Exo with low miR-93–5p expression (GM-Exo miR-93–5p) by transfecting miR-93–5p inhibitor into G-MDSCs and treated M-MDSCs (figure 5C). The result showed that miR-93–5p downregulation significantly inhibited GM-Exo-mediated differentiation of M-MDSC into M2 macrophages (figure 5E,F). Consistently, downregulation of miR-93–5p significantly inhibited GM-Exo-mediated upregulation of IL-10, TGFβ, Arg-1, CCL2, and IL-6 in M-MDSCs (figure 5G). Therefore, GM-Exo promotes the differentiation of M-MDSC into M2 macrophages via miR-93–5p. We further investigated the effect of miR-93–5p on p-STAT3 and STAT3 expression in M-MDSCs. Results showed that downregulating miR-93–5p restored GM-Exo-mediated suppression of p-STAT3 in M-MDSCs (figure 5H,I). Therefore, GM-Exo promotes the differentiation of M-MDSC into M2 macrophages through miR-93–5p cargo-mediated STAT3 inhibition.

IL-6 promotes miR-93–5p loading in GM-Exo by activating STAT3 in G-MDSCs

The inflammatory microenvironment is responsible for immune cell phenotype and function in IBD patients. We further explored the reason for the enrichment of miR-93–5p in GM-Exo based on elevated inflammatory

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Figure 2 G-MDSCs promote the differentiation of M-MDSC into M2 macrophages. (A) Flow chart of inducing M-MDSCs to differentiate into M2 macrophages. (B) FACS analysis of the percentage of CD11b+Ly6Cdim cell and CD11b+Ly6Cdim cell. (C) Summary graphs of the percentage of differentiated M-MDSCs (F4/80+Ly6Cdim cells) to total M-MDSCs. (D) FACS analysis ofsorted CD11b+F4/80+ cells. (E) Immunofluorescence analysis of CD206 in CD11b+F4/80+ cells. (F) T cell proliferation was detected using FACS. (G) Summary graphs of the distribution of surviving T cells (n=3). (H) mRNA expression of cytokines in CD11b+F4/80+ cells was analyzed by qRT-PCR (n=3). (I) Representative results of tube formation (n=3). (J) Summary graphs of tube number (n=3). (K) The percentage of F4/80+Ly6Cdim cell were detected by FACS (n=3). (L) Summary graphs of the percentage of differentiated M-MDSC to total M-MDSC (n=3). Statistical analyses were performed using unpaired t-tests. G-MDSCs, colitis-associated cancers; MDSC, myeloid-derived suppressor cell; M-MDSCs, monocytic MDSCs. (*p<0.05, **p<0.01, ***p<0.001, one-way ANOVA test; error bars, SD).
molecules, including IL-6, IL-1β, IFN-γ, IL-17, GM-CSF, LPS, TNF-α, IL-23, etc. Splenic G-MDSCs from mice at the second week of modeling were treated with these molecules. The results showed that IL-6 treatment could significantly increase the content of miR-93–5p in G-MDSCs (online supplemental figure S2). To further clarify the time point at which IL-6 promotes the production of exosomal miR-93–5p in vivo, the concentration of IL-6 in serum was detected in the process of sequence evolution. The results showed that the level of IL-6 at various stages of CAC induction was higher than that of normal mice, especially at weeks 7 and 16 (figure 6A). IL-6 is a strong activator of STAT3, causing the activation and translocation of STAT3 signaling, which drives MDSC expansion.27 We observed the effect of IL-6 on STAT3 activity in G-MDSCs. The results showed that p-STAT3 level was significantly increased in IL-6-treated splenic G-MDSCs (figure 6B,C). We further investigated the effect of IL-6 on the expression of miR-93–5p in G-MDSCs and GM-Exo. The results showed that both G-MDSCs and GM-Exo highly expressed miR-93–5p after IL-6 treatment (figure 6E). These results suggest that IL-6 promotes the secretion of GM-Exo through IL-6R antibody (figure 6D). These results suggest that IL-6 promotes the secretion of GM-Exo through the activation of STAT3 and the expression of miR-93–5p, which drives MDSC expansion.

Figure 3  G-MDSCs promote the differentiation of M-MDSC into M2 macrophages via exosome. (A) Total protein in GM-Exo (n=3). (B) The percentage of F4/80+Ly6C<sup>-</sup> cell were detected by FACS (n=3). (C) Summary graphs of the percentage of differentiated M-MDSCs to total M-MDSCs (n=3). (D) The percentage of F4/80+Ly6C<sup>-</sup> cell were detected by FACS (n=3). (E) Summary graphs of the percentage of differentiated M-MDSCs to total M-MDSCs (n=3). (F) Flow chart of GM-Exo-induced differentiation of M-MDSC into M2 macrophages in vivo. (H) Immunofluorescence for detecting F4/80 and GM-Exo. Images were representative of six random fields. (I) Summary graphs of the percentage of F4/80<sup>-</sup>/CD206<sup>+</sup> cells in colorectal tissues (n=6). Statistical analyses were performed using unpaired t-tests. G-MDSCs, granulocytic myeloid-derived suppressor cells; M-MDSCs, monocytic MDSCs. (*p<0.05, **p<0.01, ***p<0.001, one-way ANOVA test or unpaired t test; error bars, SD).

results suggest that IL-6 promotes miR-93–5p loading in GM-Exo.

We explored the reason why IL-6 promoted miR-93–5p production. Based on the fact that the JAK/STAT pathway is the major downstream signal of IL-6R, we evaluated the role of this pathway in miR-93–5p synthesis in G-MDSCs and loading in GM-Exo. Ruxolitinib is a selective inhibitor of JAK1/2. Statistic is a STAT3 inhibitor that inhibits STAT3 phosphorylation at Y705 and S727 sites. Ruxolitinib and Statistic could reduce the levels of p-JAK1/p-JAK2 and p-STAT3 in IL-6-treated G-MDSCs, respectively, (figure 6F,G). Consistently, both Ruxolitinib and Statistic could inhibit IL-6-mediated upregulation of miR-93–5p in G-MDSC and GM-Exo (figure 6H). Therefore, IL-6 promotes miR-93–5p synthesis in G-MDSCs by activating the JAK/STAT3 pathway via Il-6R and increases the abundance of miR-93–5p in GM-Exo (figure 6I).

**Early application of anti-IL-6 Abs enhances the effect of STAT3 inhibitor against CAC**

Targeting STAT3 signaling has emerged as a promising therapeutic strategy for numerous cancers. 28 29 JSI-124, a STAT3 inhibitor, inhibits the proliferation of CRC cell. 30 As described above, at week 7 of CAC induction, IL-6 level (figure 6A), G-MDSCs and M2 macrophages infiltrating colorectal were increased (figure 1C). IL-6R signaling is closely associated with risk factors for colon adenocarcinoma (COAD) (online supplemental figure S3). Therefore, as early as the inflammatory stage, IL-6 may promote the secretion of exosomal miR-93–5p, which mediates the differentiation of M-MDSC into M2 macrophages, thereby providing a preferred immunosuppressive microenvironment for the upcoming CAC. We attempted to inhibit CAC occurrence by early application of anti-IL-6 Abs in combination with JSI-124. The Disease Activity Index (DAI) scores of mice treated with IL-6 Abs alone from week 4 to week 10 or JSI-124 alone were lower than those in the PBS-treated group (figure 7A). The overlay of these two regimens significantly decreased the DAI (figure 7A). These results suggest that blocking the action of IL-6 in the inflammatory stage and inhibiting STAT3 signaling in the dysplasia stage are more beneficial to inhibit CAC progression. This conclusion was also confirmed by colon length changes (figure 7B) and pathological changes (figure 7C). Therefore, IL-6, which is elevated during the inflammatory phase, has a critical role in the development of CAC.

We examined the role of each regimen on miR-93–5p expression in CD11b+ cells from colorectal tissue. The miR-93–5p expression in mice treated with IL-6 Abs alone from week 4 to week 10 or JSI-124 alone were lower than those in the PBS-treated group (figure 7D). The overlay of these two regimens significantly decreased miR-93–5p

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**Figure 4** GM-Exo downregulate the STAT3 activity in M-MDSC. (A–D) Signaling proteins were analyzed by IB analysis (n=3). (E) Optical density values of proteins. (F) IB analysis of p-STAT3 and STAT3 in G-MDSCs (n=3). (G) Representative result of p-STAT3 MFI value in M-MDSC (n=3). Statistical analyses were performed using unpaired t-tests. M-MDSCs, monocytic myeloid-derived suppressor cells. (**p<0.001, one-way ANOVA test; error bars, SD). MFI, mean fluorescence intensity; PBS, phosphate buffer saline; GAPDH, glyceraldehyde-3-phosphate dehydrogenase.
expression (figure 7D). These results suggest that elevated IL-6 during early inflammatory stages mediates the high expression of miR-93–5p in CD11b⁺ cells. Early application of IL-6 Abs could reduce the infiltration of MDSCs and M2 macrophages in tumor tissue (figure 7E), which supported the specific role of IL-6 in early myeloid cell infiltration and crosstalk. Combined application of IL-6 Abs and JSI-124 significantly reduced myeloid cells
in tumor site (figure 7E), which supported the specific nature of JSI-124’s effect on STAT3 which plays a key role in myeloid cell expansion. IL-6 Abs and JSI-124-mediated reduction of myeloid cells and improvement of the immunosuppressive tumor microenvironment were also demonstrated by tumor-infiltrating CD8+ T cell analysis (figure 7F). We also found that IL-6 level was positively correlated with macrophage infiltration (figure 7G), and the survival rate of CRC patients with high serum IL-6 was significantly decreased using online database (figure 7H). Therefore, IL-6-mediated high expression of miR-93–5p during inflammation promotes infiltration of myeloid cells and crosstalk, which plays a key role in the occurrence of CAC. The combined early application of IL-6 Abs and JSI-124 could significantly inhibit the progression of CAC.

DISCUSSION

Myeloid cells are important players and coordinators in the process of inflammation to cancer transformation.30 31 Here, we show that G-MDSCs promote the differentiation of M-MDSC into M2 macrophages through exosomal miR-93–5p promoting colitis-to-cancer transition. During the chronic intestinal inflammation phase, elevated IL-6 upregulates STAT3 activity in G-MDSC through IL-6R/JAK/STAT3 pathway, which increases the miR-93–5p transcription and subsequent enrichment in GM-Exo. Exosomal miR-93–5p promotes the differentiation of
Figure 7  Early application of anti-IL-6 Abs sensitizes CAC to STAT3 inhibitor. (A) Changes in DAI during AOM/DSS treatment (n=6). (B) Length of the colon (n=6). (C) Representative images of histological sections (n=6). (D) The relative expression of miR-93–5p was analyzed using qRT-PCR. (n=6). (E) Percentage of CD11b+Gr-1+ cells or CD11b+F4/80+ cells in CD45+ cells (n=6). (F) Quantification of CD3+CD8+ cell (n=6). (G) The correlation between macrophage and IL-6 in COAD patients was determined by the Pearson’s correlation test. (H) Analysis of the relationship between IL-6 and overall survival in COAD patients using TIDE database. Statistical analyses were performed using two-way ANOVA for DAI comparison and multiple unpaired t-tests for the remaining data. (*p<0.05, **p<0.01, ***p<0.001, ns, not significant). CAC, colitis-associated cancer; DAI, Disease Activity Index; DSS, dextran sulfate sodium; COAD, colon adenocarcinoma; AOM, azoxymethane.
M-MDSC into M2 macrophages through inhibiting the activity of STAT3 in M-MDSCs. Our studies, therefore, reveal the critical role of exosomes-mediated cross-talk between myeloid cells in inflammatory-cancer transformation.

Chronic colonic disorders promote MDSC recruitment and activation. We showed that IL-6 level was significantly increased during the chronic intestinal inflammation phase. IL-6 upregulate STAT3 activity through IL-6R/JAK/STAT3 pathway, which increases the miR-93–5p transcription in G-MDSCs and the enrichment of miR-93–5p in GM-Exo. STAT3 is one of the major drivers of MDSC expansion and involved MDSC-mediated immune suppression. Activated STAT3 regulates the expression of various effector molecules, which is crucial for the proliferation and activation of MDSCs. STAT3-mediated biological responses play complex roles in the phenotype and function of myeloid cells due to the different environments in which myeloid cells are located. In this study, we found G-MDSC exosomal miR-93–5p inhibited STAT3 activity in M-MDSCs and promoted the differentiation of M-MDSC to M2 macrophages. Studies have demonstrated that downregulation of p-STAT3 is the main reason for the differentiation of tumor tissue infiltrating M-MDSC into TAMs. Our results are consistent with these conclusions, although the M-MDSCs in our study were in a chronic inflammatory microenvironment. M2 macrophages differentiated from M-MDSCs in our study have a similar phenotype and function to TAMs. We identified miR-93–5p as the only miRNA in GM-Exo targeting STAT3. Zhu and colleagues reported that miR-93–5p suppressed Th17 differentiation by targeting STAT3. G-MDSC exosomal miR-93–5p is likely to be involved in the regulating the differentiation of M-MDSC into M2 macrophages in colitis, explaining why colorectal tissue-infiltrating M2 macrophages continued to increase, while M-MDSCs remained at lower levels during the stage of intestinal inflammation. Of course, it is well known that GM-Exo carry multiple active components, such as other non-coding RNA, proteins and lipids. Whether those components are involved in the regulation of immune response and colitis-to-cancer transition need further study.

It is also clear that elevated STAT3 activity accelerates tumor initiation and progression after dysplasia by promoting the abnormal proliferation of intestinal epithelial cells and tumor cells. Therefore, inhibition of IL-6-mediated G-MDSC exosomal miR-93–5p secretion during the inflammatory stage is beneficial to inhibit M2 macrophage accumulation and inflammatory-cancer transformation. Moreover, choosing the right time to use STAT3 inhibitor is crucial for delaying the occurrence and progression of CAC. Anti-IL-6 Abs not only inhibited the antitumor immunosuppression mediated by massive expansion of G-MDSCs but also inhibited the differentiation of M-MDSC to M2 macrophages mediated by exosomal miR-93–5p. This provided us with the opportunity to inhibit G-MDSC and M2 macrophages expansion before the tumorigenesis. Experiments in vivo further support this mechanism. Combined administration of Anti-IL-6 Abs and STAT3 inhibitor had more profound antitumor effect.

**Conclusions**

Collectively, these data indicate that IL-6 leads to more miR-93–5p synthesis in G-MDSCs and exosomal miR-93–5p release during the inflammation stage. Exosomal miR-93–5p promotes M-MDSC differentiation into M2 macrophage through inhibiting STAT3, which accelerates colitis-to-cancer transition. Our results highlight G-MDSC-specific function in the regulation of the differentiation of M-MDSC into M2 macrophages (online supplemental figure S4). These findings suggest that combining STAT3 inhibitors with strategies that inhibit G-MDSC exosomal miR-93–5p production is beneficial for the prevention and treatment of CAC.

**METHODS**

**Cell lines and mice**

Human umbilical vein endothelial cell (HUVEC) cells were purchased from the American Type Culture Collection. Mice were from the Animal Research Center of Yangzhou University.

**Induction of CAC, scoring of the DAI, and treatment**

Female BALB/c mice were given a single intraperitoneal injection of AOM (10 mg kg–1 body weight). 1 week later, the animals received 2% DSS in their drinking water for 7 days and then no treatment for 14 days. A cycle is 21 days. The mice were exposed to five cycles.

To observe the distribution of GM-Exo in colorectal tissue, GM-Exo was labeled with PKH67 and injected as we previously described. Colorectal tissues were isolated after 24 hours. Tissue cryosections were stained with F4/80 Abs. To observe the role of JSI-124 and IL-6 Abs in CAC progression, mice were divided into five groups. In JSI-124+IL-6 Abs group, mice were treated i.p. with JSI-124 (1 mg/kg/3 days) from week 7 to week 16. In IL-6 Abs group, mice were treated i.p. with IL-6 Abs (5 mg/kg/3 days) from week 4 to the week 10. In JSI-124+IL-6 Abs group, mice were treated with JSI-124 and IL-6 Abs. The DAI was assessed as previously described.

**Preparation of colorectal tissue supernatant and single-cell suspension**

On the seventh week of CAC induction, colorectal was isolated and soaked in penicillin (100 U/mL) and streptomycin (0.1 mg/mL) for 15 min, and then washed with PBS. Tissue was cut into tissue pieces and grinded. The liquid was resuspended in PBS and centrifuged at 500 g for 5 min (Float is sucked out), 1000 g for 30 min, and 100 000 g for 16 hours. The supernatant was filtered through a 0.22 μm filter. The filtrate is the colorectal tissue supernatant (Sup). Sup is quantified based on protein
concentration and was diluted to 2mg/mL. Colorectal single-cell suspension was prepared as we previously described. MDSC isolation
Spleen or colorectal G-MDSCs and M-MDSCs were isolated from spleen cell suspension or colorectal single-cell suspensions using a mouse MDSC isolation kit according to the manufacturer’s instructions as our previous report.

Small interfering RNA treatment
MDSCs were plated in 24-well plate and then transfected with Rab27a siRNA or their negative controls following the manufacturer’s protocols. The Rab27a siRNA oligonucleotides are shown below: Sense primer, 5’-GGAG AGGUUUCGUAGCUAAAU-3’, Antisense primer, 5’-UAAGCUACGAAACCUCUCU-3’.

Study on the expression and regulation of miR-93-5p in G-MDSC in vitro
G-MDSCs (2×10^6/well) were seeded in 24-well plates in the present of GM-CSF (1 ng/mL) and Sup (2 µg/mL). Additional IL-6 (5 ng/mL), IL-1β (5 ng/mL), IFN-γ (5 ng/mL), IL-17 (5 ng/mL), GM-CSF (5 ng/mL), LPS (5 ng/mL), TNF-α (5 ng/mL), and IL-23 (5 ng/mL) were added in each group, respectively. After 48hours incubation, cells were collected. Total RNA was extracted and the levels of miR-93-5p were detected by qRT-PCR.

GM-Exo purification and characterization
GM-Exo were isolated from G-MDSC culture supernatant as our previous report. Morphology was observed by transmission electron microscopy. Exosomes particles were quantified with an ExoELISA complete kit (CD63 detection). For the purification of GM-Exo, Rab27a siRNA oligonucleotides were transfected into G-MDSCs. After 24hours, the culture supernatant was collected and exosomes were isolated. Exosomes were labeled using PKH67 and detected as our previous report. A 30 µg exosomes was injected via tail vein. After 24hours, the distribution of exosomes in colorectal tissues was observed by immunofluorescence.

Differentiation of M-MDSC into M2 macrophages
M-MDSCs (1.5×10^6/well) were cultured in 24-well plate in the present of GM-CSF (1 ng/mL) and Sup (2 µg/mL). After 48 hours, the percentages of Ly6C^low/F4/80^+ cells (macrophages) were detected by FCM. Calculate the percentage of M-MDSC differentiated to macrophages in total M-MDSCs. That is, Ly6C^low/F4/80^+ cells/(Ly6C^low/F4/80^+ cells + Ly6C^F4/80^cells). F4/80^+ cell phenotype and function were identified.

Flow cytometry analysis
3×10^6 cells were resuspended in PBS. Fluorescent-conjugated antibody was added and incubated. Cells were analyzed by FCM. Murine MDSCs, CD11b^Gr-1^; murine G-MDSCs, CD11b^Ly6G^Ly6C^low^; murine M-MDSCs, CD11b^Ly6G^Ly6C^; macrophages, CD11b^CD68^F4/80^; M2 macrophages, CD11b^CD206^F4/80^; Differentiated M2 macrophages, CD11b^F4/80^Ly6C^low^; Cytotoxic T lymphocytes, CD3^CD8^.

H&E staining
Mouse colorectal tissue was fixed with 4% paraformaldehyde, dehydrated with ethanol, waxdip, and embed. Paraffin slices were prepared and stained with H&E. The tissues were examined using microscope.

Immunofluorescence
For the analysis of CD206, F4/80^+ cells were seeded on glass slides and cultured for 24hours. For the analysis of CD4^+ cell infiltration in colorectal tissue, paraffin sections were dewaxed, soaked, and retrieved antigens. The slides were fixed with 4% parafomaldehyde and blocked. The diluted primary antibody was added and incubated at 4°C overnight. The fluorescein-conjugated secondary antibody was added. DAPI was added. Images were observed with a fluorescence microscope.

HUVEC tube-formation assay
HUVEC were cultured for 48 hours in the present of 50 µl F4/80^+ cell-CM (culture medium) and imaged using a microscope.

Analyzing T cell proliferation through CFSE dilution assay
CD4^+ T cells were isolated from the splenocytes of wild-type mice as our previously described. CD4^+ T cells were stained with 5 µM CFSE. CFSE-labeled CD4^+ T cells were co-cultured with M-MDSCs or F4/80^+ cells for 5 days in the present of anti-CD3 (1 µg/mL) and anti-CD28 (1 µg/mL) mAbs. Cells were analyzed using FCM.

Selection of candidate miRNAs targeting STAT3
Online databases TargetScan (http://www.targetscan.org/vert_80/) and miRDB (http://www.mirdb.org/cgi-bin/) were used for miRNA target prediction. Online tool (http://bioinformatics.psb.ugent.be/webtools/Venn/) is used to screen candidate miRNAs and draw Venn diagram.

Determination of associations of IL-6 signaling with prognosis and risk factors in COAD
The correlations between IL-6 or IL-6R expression and macrophage abundance in COAD (colon adenocarcinoma) was predicted with TIDE database. The correlation between IL-6 and overall survival in COAD was predicted with TISIDB database. The correlations between IL-6R expression and risk factors for COAD were predicted with TISIDB database.

Immunoblotting
The protein was separated by SDS-PAGE and transferred to PVDF membranes. PVDF membranes were blocked, and incubated with the primary antibodies and then
secondary antibodies. The membranes were examined by ChemiDoc imaging system.

ELISA
The levels of various cytokines were measured using commercial ELISA kits. For the detection of IL-6 in mouse serum, tail blood was collected and centrifuged at 1000 g for 10 min. The IL-6 content in serum was detected with the Mouse IL-6 ELISA Kit.

RNA extraction and quantitative real-time PCR
Total RNA was extracted, and cDNA was synthesized. mRNA expression was evaluated using qRT-PCR. The 2^{ΔΔCt } method was used to calculate the target mRNA expression. Primers for qRT-PCR are listed in online supplemental table S1.

Statistical analysis
Statistical analysis was performed using GraphPad Prism V.8. Data are presented as mean±SEM. A p<0.05 is considered statistically significant, and the level of significance was indicated as ns, not statistically significant; *, p<0.05; **, p<0.01; ***, p<0.001.

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Acknowledgements
We gratefully thank Dr. JoOrge from University of Ghana and Dr. Dongwei Zhu from Jiangsu University for additional proofreading and technical support of the manuscript, as well as Prof. Wenzhang Zha, Prof. Zheng Wang and Dr. Guan Sun from The First people’s Hospital of Yancheng for useful suggestions.

Contributors
YW, HL, YD and SW: manuscript draft, data acquisition and analysis. HL, ZZ, KS, DB and YW: material and technological support. ZZ and YD: assessment of the histopathology images. YW, YD, SW and HL: manuscript revision, proof, study concept and design, obtained funding and study supervision. All authors read and approved the final manuscript. YW: the guarantor. YW and HL: equal contributors. Correspondence: YD, YW, and SW.

Funding
This work was supported by the National Science Foundation of China (No.81902906), Scientific Research Project of Jiangsu Commission of Health (No. H2019102).

Competing interests
None declared.

Ethics approval
All animal experiments were in accordance with protocols approved by the Institutional Animal Care and Use Committee of Xuzhou Medical University, Yancheng Clinical College (ID: (2019)-K005).

Provenance and peer review
Not commissioned; externally peer reviewed.

Data availability statement
Data are available on reasonable request.

Supplemental material
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REFERENCES


Supplemental material

**Figure S1.** The purity of G-MDSCs or M-MDSCs were analyzed by FACS.

**Figure S2.** qRT-PCR analysis of the effect of inflammatory molecules on the expression of miR-93-5p in G-MDSCs. Splenic G-MDSCs were treated with various factors in the presence of GM-CSF. After 48 h incubation at 37°C, 5% CO₂, cells were collected and the levels of miR-93-5p were detected by qRT-PCR. Experiments were performed three times by using triplicate samples per group.
Figure S3. The correlations between IL-6R expression and risk factors for COAD were predicted with TISIDB database.

Figure S4. Schematic illustration of GM-Exo-mediated differentiation of M-MDSC into M2 macrophages to promote colitis-cancer transformation. During chronic inflammation, IL-6 promotes miR-93-5p synthesis in G-MDSCs by activating the JAK/STAT3 pathway via IL-6R and increases the abundance of miR-93-5p in GM-Exo. GM-Exo inhibits STAT3 activity in M-MDSCs via miR-93-5p, resulting in the differentiation of M-MDSC into M2 macrophages, which promotes the transformation of colitis to colorectal cancer.
### Table S1. Primers for quantitative RT-PCR.

<table>
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<tr>
<th>Gene</th>
<th>Sequence</th>
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</thead>
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<tr>
<td>TNF-α</td>
<td>F: 5'-GGTTCTGTCCCTTTCACTCAC-3' R: 5'-TGCCCTCTTCTGCCAGTGTC-3'</td>
</tr>
<tr>
<td>iNOS</td>
<td>F: 5'-CACCTTGGAGTCAACCCAGT-3' R: 5'-ACCACTCGTACTTGGGATGC-3'</td>
</tr>
<tr>
<td>IL-12p40</td>
<td>F: 5'-AGGTGCCTCCTCCTAGAGA-3' R: 5'-AAAGCCAAACCAAGCAGAAGA-3'</td>
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<tr>
<td>IL-10</td>
<td>F: 5'-TGCTAACCAGACTCTTTAATGCA-3' R: 5'-CATGGCCCTTGTAGACATTTG-3'</td>
</tr>
<tr>
<td>TGF-β1</td>
<td>F: 5'-TTGCTTCAGCTCCACAGAGA-3' R: 5'-TGTTTTGAGGCCAAGGAC-3'</td>
</tr>
<tr>
<td>Arg-1</td>
<td>F: 5'-ACAGAGAAAGGTCTCTACATCAC-3' R: 5'-CGAAGCAAGCCAAGGTTAAAGC-3'</td>
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<tr>
<td>CCL2</td>
<td>F: 5'-CAGCAAGATGATCCCAATGA-3' R: 5'-GTAGGTTCTGATCTCATTTG-3'</td>
</tr>
<tr>
<td>IL-6</td>
<td>F: 5'-AGTTGCTTCTTCTTGGGACTGA-3' R: 5'-TCCACGATTTCCCAGAGAAGC-3'</td>
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<tr>
<td>Mi-R93-5p</td>
<td>F: 5'-ACACTCCAGCTGGTGCTGACTGACGTGCC-3'</td>
</tr>
<tr>
<td></td>
<td>R: 5'-CTCAACTGTTGGTGGAG-3'</td>
</tr>
<tr>
<td>Gapdh</td>
<td>F: 5'-TGGATTTGGACGCATTGGTTC-3' R: 5'-CTTGACTGTTGCAGTGAT-3'</td>
</tr>
<tr>
<td>U6</td>
<td>F: 5'-ATTTGAACGATACAGAGAAGATT-3'</td>
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Reagents