G-MDSC-derived exosomes mediate the differentiation of M-MDSC into M2 macrophages promoting colitis-to-cancer transition

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ABSTRACT

Backgrounds In inflammatory bowel disease microenvironment, transdifferentiation of myeloid-derived suppressor cells (MDSCs) and M2 macrophage accumulation are crucial for the transition of colitis-to-cancer. New insights into the cross-talk and the underling mechanism between MDSCs and M2 macrophage during colitis-to-cancer transition are opening new avenues for colitis-associated cancer (CAC) prevention and treatment.

Methods The role and underlying mechanism that granulocytic MDSCs (G-MDSCs) or exosomes (Exo) regulate the differentiation of monocytic MDSCs (M-MDSCs) into M2 macrophages were investigated using immunofluorescence, FACS, IB analysis, etc., and employing siRNA and antibodies. In vivo efficacy and mechanistic studies were conducted with dextran sulfate sodium-induced CAC mice, employed IL-6 Abs and STAT3 inhibitor.

Results G-MDSCs promote the differentiation of M-MDSC into M2 macrophages through exosomal miR-93–5p which downregulating STAT3 activity in M-MDSC. IL-6 is responsible for miR-93–5p enrichment in G-MDSC exosomes (GM-Exo). Mechanistically, chronic inflammation-driven IL-6 promote the synthesis of miR-93–5p in G-MDSC via IL-6R/JAK/STAT3 pathway. Early use of IL-6 Abs enhances the effect of STAT3 inhibitor against CAC.

Conclusions IL-6-driven secretion of G-MDSC exosomal miR-93–5p promotes the differentiation of M-MDSC into M2 macrophages and involves a STAT3 signaling mechanism that promote colitis-to-cancer transition. Combining STAT3 inhibitors with strategies that inhibit IL-6-mediated G-MDSC exosomal miR-93–5p production is beneficial for the prevention and treatment of CAC.

INTRODUCTION

Colitis-associated cancer (CAC) does not display the adenoma-carcinoma sequence which is typical for sporadic colorectal cancer (CRC). Chronic inflammation and the increased turnover of epithelial cells contribute to the development of low-grade and high-grade dysplasia, which may further transform into CAC.1–3 Inflammatory bowel disease (IBD), a key factor in CAC-extrinsic inflammation, which can result in immunosuppression, thereby providing a preferred background for CAC development.4 Myeloid-derived suppressor cells (MDSCs) and M2 macrophages are the two main cell populations with immunosuppressive function infiltrating inflammatory colorectal tissue.5 MDSCs are a heterogeneous population of immature myeloid cells hallmark by their potent immunosuppressive function in a vast array of pathological conditions. In IBD or CAC patients, MDSCs massively infiltrate the inflamed intestinal tissue or tumor microenvironment. MDSCs facilitate CAC progression by promoting chronic inflammation, promoting blood vessel formation, constructing immunosuppressive tumor microenvironment, and promoting the
stemness of colon cancer cell. M2 macrophages are mainly divided into granulocytic MDSCs (G-MDSCs) and monocytic MDSCs (M-MDSCs). M2 macrophages are induced by IL-4 and IL-13 to express arginase 1 (Arg-1), and IL-10. STAT6 is crucial for enhancing the expression of M2-associated genes.

M2 macrophages and MDSCs were once thought to be beneficial for controlling IBD-related inflammation due to their immunosuppressive properties. In models of autoimmune colitis elicited by CD8+ T cells or dextran sulfate sodium (DSS), the transfer of MDSC suppressed development of disease. These results suggest that initial expansion of suppressive MDSCs may function to restrain excessive Th1 responses. M2 macrophages could promote tissue repair and inflammation resolution to reduce IBD symptoms. Promotion of M2 macrophage polarization was also once considered a strategy to treat IBD. However, therapeutic strategies for IBD based on MDSCs and M2 macrophages have not achieved the desired effect. One reason is that this immunosuppressive effect is not sufficient to control autoimmune and microorganism-driven robust inflammatory responses. Another key reason is that the phenotype and function of these myeloid cells are altered due to complex inflammatory microenvironment and crosstalk between each other. Chronic colonic G-MDSCs acquire antigen-presenting functions and induce T cell activation and IL-17 production. Adiposely transferred CD11b+Ly6C+ cells are converted into proinflammatory cells and promote intestinal inflammation. Human G-MDSCs from the peripheral blood of patients with IBD not only fail to suppress the autologous T cell response but also enhance T cell proliferation. Therefore, the inflammatory response is not effectively controlled due to the persistence of autoimmune responses and micro-organisms, and instead translates into chronic inflammation. Conversely, these functionally diverse immunosuppressive cells recruited by inflammation provide a favorable immunosuppressive microenvironment, thereby providing a preferred background for the upcoming tumor development.

In this study, we attempted to uncover the crosstalk and the underlying mechanism between MDSCs and M2 macrophages based on exosomes-mediated intercellular communication. These works provide a linkage mechanism between inflammation and cancer development.

**RESULTS**

**Profiles of MDSC subgroups and M2 macrophage in colorectal tissues during CAC induction**

MDSCs and M2 macrophages are abundantly infiltrated in inflammatory or cancerous colorectal tissues. Although it has been reported that M-MDSCs infiltrating into tumor tissues can rapidly differentiate into tumor-associated macrophages (TAMs), the relationship between MDSCs and M2 macrophages remains unclear in an inflammatory environment. CAC mice were induced with AOM/DSS and the percentages of MDSC subgroups or M2 macrophage was analyzed by FACS. CAC mice underwent the process of sequence evolution such as inflammation, inflammatory hyperplasia, atypical hyperplasia, and adenocarcinoma (figure 1A,B). Tissue-infiltrating G-MDSCs and M2 macrophages continued to increase, while M-MDSCs remained low (figure 1C). Next, the correlation between G-MDSCs and M2 macrophages at weeks 10, 13 and 16 was analyzed. The percentage of G-MDSCs was positively correlated with the percentage of M2 macrophages (figure 1D). These results suggest that G-MDSCs may involve in M2 macrophage accumulation in colorectal tissues starting from the chronic inflammatory stage.

**G-MDSCs promote the differentiation of M-MDSC into M2 macrophages**

Given the positive correlation between G-MDSCs and M2 macrophages and the fact that M-MDSC differentiates into M2 macrophages in the tumor microenvironment, we investigated the role of G-MDSCs in the differentiation of M-MDSC into M2 macrophages. The working flow chart is depicted in figure 2A. Splenic G-MDSCs and M-MDSCs were sorted from IBD mice. High-purity G-MDSCs and M-MDSCs were obtained (online supplemental figure S1A,B). We first analyzed the effect of colorectal tissue supernatant (Sup) on the differentiation of M-MDSC or G-MDSC into M2 macrophages. M-MDSCs could differentiate into F4/80Ly6C low cells, but G-MDSCs could not (figure 2B,C). We furtherly analyzed the phenotype and function of F4/80Ly6C low cells. F4/80Ly6C low cells were sorted using immunomagnetic beads and high-purity F4/80+ cells were sorted (figure 2D). We examined the surface membrane molecule, immunosuppressive function, cytokine profile, and their ability to promote angiogenesis. These cells highly expressed CD206 (figure 2E) and suppressed CD4+ T cell proliferation (figure 2F,G). The cytokine-associated genes, including IL-10, TGFβ, Arg-1, CCL2, and IL-6, were upregulated (figure 2H). The culture medium from F4/80+ cells significantly increased number of luminal formation (figure 2I,J). Therefore, these results suggest that M-MDSC differentiate into M2 macrophage. G-MDSCs and M-MDSCs were co-cultured in the presence of Sup. As shown in figure 2K, G-MDSCs promoted the differentiation of M-MDSC into M2 macrophages (figure 2K,L). Therefore, G-MDSCs could promote the differentiation of M-MDSC into M2 macrophages.
inhibited (figure 3B). SiRab27a-treated G-MDSCs were co-cultured with M-MDSCs. The proportion of M-MDSC that differentiated into M2 macrophages was analyzed. The ability of G-MDSCs to promote the differentiation of M-MDSC into M2 macrophages decreased when exosome secretion was inhibited (figure 3C,D). We also investigate the direct effect of GM-Exo on the differentiation of M-MDSC into M2 macrophages. GM-Exo was prepared and identified according to our previous method. G-MDSCs were used to treat M-MDSCs in the presence of Sup. GM-Exo were used to treat M-MDSCs in the presence of Sup. GM-Exo promoted the differentiation of M-MDSC into M2 macrophages in a dose-dependent manner (figure 3F). Exosomal miRNAs play critical role in regulating cell biology. Based on the fact that GM-Exo down-regulates the level of STAT3 in M-MDSCs without affecting the upstream molecule JAKs, we speculated that GM-Exo-loaded miRNAs might directly play a role in regulating the differentiation of M-MDSC into M2 macrophages. Moreover, GM-Exo increased the infiltration of F4/80 CD206+ cell in colorectal tissue (figure 3K). These data confirm that GM-Exo promotes the differentiation of M-MDSC into M2 macrophages. GM-Exo promotes the differentiation of M-MDSC into M2 macrophages through downregulating STAT3 activity

To explore the mechanism by which GM-Exo promotes the differentiation of M-MDSC into M2 macrophages, we observed changes in major signaling pathways in M-MDSCs after GM-Exo treatment. There are no significant changes in Notch pathway and MAPK pathway (figure 4A,B). There is an upregulation of p-PI3K in the PI3K/AKT pathway (figure 4C). Notably, GM-Exo significantly downregulated the levels of p-STAT3 and STAT3, although there is no significant change of its upstream molecular, including JAK1 and JAK2 (figure 4D,E). These results suggest that GM-Exo may promote the differentiation of M-MDSC into M2 macrophages by downregulating STAT3 activity. We further validated the effect of GM-Exo on p-STAT3 level. The results showed that p-STAT3 levels gradually decreased over time after GM-Exo treatment (figure 4F–H). Therefore, STAT3 inhibition is the key reason for GM-Exo-mediated differentiation of M-MDSC into M2 macrophages.

**GM-Exo downregulates STAT3 activity in M-MDSCs via miR-93-5p**

Exosomal miRNAs play critical role in regulating cell biology. Based on the fact that GM-Exo down-regulates the level of STAT3 in M-MDSCs without affecting the upstream molecule JAKs, we speculated that GM-Exo-loaded miRNAs might directly play a role in regulating the differentiation of M-MDSC into M2 macrophages. We analyzed the sequencing results of miRNAs in MDSC subgroups and M2 macrophage profiling in colorectal tissues. (A) Schematic of CAC mice induction. (B) Representative H&E-stained sections of colorectal tissues at different times. (C) Percentages of MDSC subgroups and M2 macrophage in colorectal tissue. (D) The correlation between G-MDSCs and M2 macrophages was determined by the Pearson’s correlation test (n=10). Data are representative of three independent experiments and are presented as mean±SEM. CAC, colitis-associated cancer; G-MDSCs, colitis-associated cancers; MDSC, myeloid-derived suppressor cell. AOM, azoxymethane. (*p<0.05, **p<0.01, one-way ANOVA test; error bars, SD).
GM-Exo based on our previous report.24 MiRNAs with expression value greater than 50 were nominated as candidates (figure 5A). TargetScan and miRDB were used for miRNA target prediction and functional annotations. MiR-93–5p was screened as the only candidate miRNA that may potentially be involved in regulating STAT3 (figure 5B,D). Both G-MDSCs and GM-Exo highly expressed miR-93–5p (figure 5C). We prepared GM-Exo with low miR-93–5p expression (GM-Exo miR-93-5p) by transfecting miR-93–5p inhibitor into G-MDSCs and treated M-MDSCs (figure 5C). The result showed that miR-93–5p downregulation significantly inhibited GM-Exo-mediated differentiation of M-MDSC into M2 macrophages (figure 5F). Consistently, downregulation of miR-93–5p significantly inhibited GM-Exo-mediated upregulation of IL-10, TGFβ, Arg-1, CCL2, and IL-6 in M-MDSCs (figure 5G). Therefore, GM-Exo promotes the differentiation of M-MDSC into M2 macrophages via miR-93–5p. We further investigated the effect of miR-93–5p on p-STAT3 and STAT3 expression in M-MDSCs. Results showed that downregulating miR-93–5p restored GM-Exo-mediated suppression of p-STAT3 in M-MDSCs (figure 5H,I). Therefore, GM-Exo promotes the differentiation of M-MDSC into M2 macrophages through miR-93–5p cargo-mediated STAT3 inhibition.

**IL-6 promotes miR-93-5p loading in GM-Exo by activating STAT3 in G-MDSCs**

The inflammatory microenvironment is responsible for immune cell phenotype and function in IBD patients.8 25 We further explored the reason for the enrichment of miR-93–5p in GM-Exo based on elevated inflammatory
molecules, including IL-6, IL-1β, IFN-γ, IL-17, GM-CSF, LPS, TNF-α, IL-23, etc. Splenic G-MDSCs from mice at the second week of modeling were treated with these molecules. The results showed that IL-6 treatment could significantly increase the content of miR-93–5p in G-MDSCs (online supplemental figure S2). To further clarify the time point at which IL-6 promotes the production of exosomal miR-93–5p in vivo, the concentration of IL-6 in serum was detected in the process of sequence evolution. The results showed that the level of IL-6 at various stages of CAC induction was higher than that of normal mice, especially at weeks 7 and 16 (figure 6A). IL-6 is a strong activator of STAT3, causing the activation and translocation of STAT3 signaling, which drives MDSC expansion.27 We observed the effect of IL-6 on STAT3 activity in G-MDSCs. The results showed that p-STAT3 level was significantly increased in IL-6- treated splenic G-MDSCs (figure 6B,C). The ability of IL-6 in GM-Exo secretion was also evaluated. IL-6 enhanced the ability of G-MDSC to secrete exosomes, and this effect was inhibited by anti-IL-6R antibody (figure 6D). These results suggest that IL-6 promotes the secretion of GM-Exo through IL-6R. We further investigated the effect of IL-6 on the expression of miR-93–5p in G-MDSCs and GM-Exo. The results showed that both G-MDSCs and GM-Exo highly expressed miR-93–5p after IL-6 treatment (figure 6E), and this effect was also inhibited by anti-IL-6R mAb (figure 6E). These
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results suggest that IL-6 promotes miR-93–5p loading in GM-Exo.

We explored the reason why IL-6 promoted miR-93–5p production. Based on the fact that the JAK/STAT pathway is the major downstream signal of IL-6R, we evaluated the role of this pathway in miR-93–5p synthesis in G-MDSCs and loading in GM-Exo. Ruxolitinib is a selective inhibitor of JAK1/2. Statistic is a STAT3 inhibitor that inhibits STAT3 phosphorylation at Y705 and S727 sites. Ruxolitinib and Statistic could reduce the levels of p-JAK1/p-JAK2 and p-STAT3 in IL-6-treated G-MDSCs, respectively, (figure 6F, G). Consistently, both Ruxolitinib and Statistic could inhibit IL-6-mediated upregulation of miR-93–5p in G-MDSCs and GM-Exo (figure 6H). Therefore, IL-6 promotes miR-93–5p synthesis in G-MDSCs by activating the JAK/STAT3 pathway via IL-6R and increases the abundance of miR-93–5p in GM-Exo (figure 6I).

Early application of anti-IL-6 Abs enhances the effect of STAT3 inhibitor against CAC

Targeting STAT3 signaling has emerged as a promising therapeutic strategy for numerous cancers. JSI-124, a STAT3 inhibitor, inhibits the proliferation of CRC cell. As described above, at week 7 of CAC induction, IL-6 level (figure 6A), G-MDSCs and M2 macrophages infiltrating colorectal were increased (figure 1C). IL-6R signaling is closely associated with risk factors for colon adenocarcinoma (COAD)(online supplemental figure S3). Therefore, as early as the inflammatory stage, IL-6 may promote the secretion of exosomal miR-93–5p, which mediates the differentiation of M-MDSC into M2 macrophages, thereby providing a preferred immunosuppressive microenvironment for the upcoming CAC. We attempted to inhibit CAC occurrence by early application of anti-IL-6 Abs in combination with JSI-124. The Disease Activity Index (DAI) scores of mice treated with IL-6 Abs alone from week 4 to week 10 or JSI-124 alone were lower than those in the PBS-treated group (figure 7A). The overlay of these two regimens significantly decreased the DAI (figure 7A). These results suggest that blocking the action of IL-6 in the inflammatory stage and inhibiting STAT3 signaling in the dysplasia stage are more beneficial to inhibit CAC progression. This conclusion was also confirmed by colon length changes (figure 7B) and pathological changes (figure 7C). Therefore, IL-6, which is elevated during the inflammatory phase, has a critical role in the development of CAC.

We examined the role of each regimen on miR-93–5p expression in CD11b⁺ cells from colorectal tissue. The miR-93–5p expression in mice treated with IL-6 Abs alone from week 4 to week 10 or JSI-124 alone were lower than those in the PBS-treated group (figure 7D). The overlay of these two regimens significantly decreased miR-93–5p expression.
expression (figure 7D). These results suggest that elevated IL-6 during early inflammatory stages mediates the high expression of miR-93–5p in CD11b+ cells. Early application of IL-6 Abs could reduce the infiltration of MDSCs and M2 macrophages in tumor tissue (figure 7E), which supported the specific role of IL-6 in early myeloid cell infiltration and crosstalk. Combined application of IL-6 Abs and JSI-124 significantly reduced myeloid cells

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**Figure 5** GM-Exo downregulate the STAT3 activity in M-MDSCs via miR-93–5p. (A) MiRNAs with expression value are greater than 50 in GM-Exo. (B) Venn diagram of predicted miRNA by Targetscan and miRDB databases. (C) The relative expression of miR-93–5p was analyzed using qRT-PCR (n=3). (D) Binding sites between the STAT3 3’ UTR and miR-93–5p were identified by Targetscan. (E) M-MDSCs were cultured for 72 hours in the presence of Sup and GM-Exo. The percentage of F4/80+Ly6Clow cell were detected by FACS (n=3). (F) Summary graphs of the percentage of differentiated M-MDSCs to total M-MDSCs (n=3). (G) mRNA expression of cytokines in M-MDSCs was analyzed by qRT-PCR (n=3). (H) IB analysis of p-STAT3 and STAT3 levels in exosomes-treated M-MDSC for 48 hours. (I) Summary graphs of relative expression of p-STAT3 and STAT3 in exosomes-treated M-MDSCs (n=3). Statistical analyses were performed using unpaired t-tests. M-MDSCs, monocytic myeloid-derived suppressor cells. (*p<0.05, **p<0.01, ***p<0.001, ns, not significant, one-way ANOVA test or unpaired t test; error bars, SD).
in tumor site (figure 7E), which supported the specific nature of JSI-124’s effect on STAT3 which plays a key role in myeloid cell expansion. IL-6 Abs and JSI-124-mediated reduction of myeloid cells and improvement of the immunosuppressive tumor microenvironment were also demonstrated by tumor-infiltrating CD8+ T cell analysis (figure 7F). We also found that IL-6 level was positively correlated with macrophage infiltration (figure 7G), and the survival rate of CRC patients with high serum IL-6 was significantly decreased using online database (figure 7H). Therefore, IL-6-mediated high expression of miR-93–5p during inflammation promotes infiltration of myeloid cells and crosstalk, which plays a key role in the occurrence of CAC. The combined early application of IL-6 Abs and JSI-124 could significantly inhibit the progression of CAC.

**DISCUSSION**

Myeloid cells are important players and coordinators in the process of inflammation to cancer transformation.30 31 Here, we show that G-MDSCs promote the differentiation of M-MDSC into M2 macrophages through exosomal miR-93–5p promoting colitis-to-cancer transition. During the chronic intestinal inflammation phase, elevated IL-6 upregulates STAT3 activity in G-MDSC through IL-6R/ JAK/STAT3 pathway, which increases the miR-93–5p transcription and subsequent enrichment in GM-Exo. Exosomal miR-93–5p promotes the differentiation of
Figure 7  Early application of anti-IL-6 Abs sensitizes CAC to STAT3 inhibitor. (A) Changes in DAI during AOM/DSS treatment (n=6). (B) Length of the colon (n=6). (C) Representative images of histological sections (n=6). (D) The relative expression of miR-93–5p was analyzed using qRT-PCR. (n=6). (E) Percentage of CD11b+Gr-1+ cells or CD11b+F4/80+ cells in CD45+ cells (n=6). (F) Quantification of CD3+CD8+ cell (n=6). (G) The correlation between macrophage and IL-6 in COAD patients was determined by the Pearson’s correlation test. (H) Analysis of the relationship between IL-6 and overall survival in COAD patients using TIDE database. Statistical analyses were performed using two-way ANOVA for DAI comparison and multiple unpaired t-tests for the remaining data. (*p<0.05, **p<0.01, ***p<0.001, ns, not significant). CAC, colitis-associated cancer; DAI, Disease Activity Index; DSS, dextran sulfate sodium; COAD, colon adenocarcinoma; AOM, azoxymethane.
M-MDSC into M2 macrophages through inhibiting the activity of STAT3 in M-MDSCs. Our studies, therefore, reveal the critical role of exosomes-mediated crosstalk between myeloid cells in inflammatory-cancer transformation.

Chronic colonic disorders promote MDSC recruitment and activation. We showed that IL-6 level was significantly increased during the chronic intestinal inflammation phase. IL-6 upregulate STAT3 activity through IL-6R/JAK/STAT3 pathway, which increases the miR-93–5p transcription in G-MDSCs and the enrichment of miR-93–5p in GM-Exo. STAT3 is one of the major drivers of MDSC expansion and involved MDSC-mediated immune suppression. Activated STAT3 regulates the expression of various effector molecules, which is crucial for the proliferation and activation of MDSCs. STAT3-mediated biological responses play complex roles in the phenotype and function of myeloid cells due to the different environments in which myeloid cells are located. In this study, we found G-MDSC exosomal miR-93–5p inhibited STAT3 activity in M-MDSCs and promoted the differentiation of M-MDSC to M2 macrophages. Studies have demonstrated that downregulation of p-STAT3 is the main reason for the differentiation of tumor tissue infiltrating M-MDSC into TAMs. Our results are consistent with these conclusions, although the M-MDSCs in our study were in a chronic inflammatory microenvironment. M2 macrophages differentiated from M-MDSCs in our study have a similar phenotype and function to TAMs. We identified miR-93–5p as the only miRNA in GM-Exo targeting STAT3. Zhu and colleagues reported that miR-93–5p suppressed Th17 differentiation by targeting STAT3. G-MDSC exosomal miR-93–5p is likely to be involved in the regulating the differentiation of M-MDSC into M2 macrophages in colitis, explaining why colorectal tissue-infiltrating M2 macrophages continued to increase, while M-MDSCs remained at lower levels during the stage of intestinal inflammation. Of course, it is well known that GM-Exo carry multiple active components, such as other non-coding RNA, proteins and lipids. Whether those components are involved in the regulation of immune response and colitis-to-cancer transition need further study.

It is also clear that elevated STAT3 activity accelerates tumor initiation and progression after dysplasia by promoting the abnormal proliferation of intestinal epithelial cells and tumor cells. Therefore, inhibition of IL-6-mediated G-MDSC exosomal miR-93–5p secretion during the inflammatory stage is beneficial to inhibit M2 macrophage accumulation and inflammatory-cancer transformation. Moreover, choosing the right time to use STAT3 inhibitor is crucial for delaying the occurrence and progression of CAC. Anti-IL-6 Abs not only inhibited the antitumor immunosuppression mediated by massive expansion of G-MDSCs but also inhibited the differentiation of M-MDSC to M2 macrophages mediated by exosomal miR-93–5p. This provided us with the opportunity to inhibit G-MDSC and M2 macrophages expansion before the tumorigenesis. Experiments in vivo further support this mechanism. Combined administration of Anti-IL-6 Abs and STAT3 inhibitor had more profound antitumor effect.

**Conclusions**

Collectively, these data indicate that IL-6 leads to more miR-93–5p synthesis in G-MDSCs and exosomal miR-93–5p release during the inflammation stage. Exosomal miR-93–5p promotes M-MDSC differentiation into M2 macrophage through inhibiting STAT3, which accelerates colitis-to-cancer transition. Our results highlight G-MDSC-specific function in the regulation of the differentiation of M-MDSC into M2 macrophages (online supplemental figure S4). These findings suggest that combining STAT3 inhibitors with strategies that inhibit G-MDSC exosomal miR-93–5p production is beneficial for the prevention and treatment of CAC.

**METHODS**

**Cell lines and mice**

Human umbilical vein endothelial cell (HUVEC) cells were purchased from the American Type Culture Collection. Mice were from the Animal Research Center of Yangzhou University.

**Induction of CAC, scoring of the DAI, and treatment**

Female BALB/c mice were given a single intraperitoneal injection of AOM (10 mg kg⁻¹ body weight). 1 week later, the animals received 2% DSS in their drinking water for 7 days and then no treatment for 14 days. A cycle is 21 days. The mice were exposed to five cycles.

To observe the distribution of GM-Exo in colorectal tissue, GM-Exo was labeled with PKH67 and injected as we previously described. Colorectal tissues were isolated after 24 hours. Tissue cryosections were stained with F4/80 Abs. The criteria for scoring of the DAI was assessed as previously described. Colorectal tissues were isolated and soaked in penicillin (100 U/mL) and streptomycin (0.1 mg/mL) for 15 min, and then washed with PBS. Tissue was cut into tissue pieces and grinded. The liquid was resuspended in PBS and centrifuged at 500 g for 5 min (Float is sucked out), 1000 g for 30 min, and 10000 g for 16 hours. The supernatant was filtered through a 0.22 μm filter. The filtrate is the colorectal tissue supernatant (Sup). Sup is quantified based on protein...
concentration and was diluted to 2 mg/mL. Colorectal single-cell suspension was prepared as we previously described. MDSC isolation

Splen cell or colorectal G-MDSCs and M-MDSCs were isolated from spleen cell suspension or colorectal single-cell suspensions using a mouse MDSC isolation kit according to the manufacturer’s instructions as our previous report. Small interfering RNA treatment

MDSCs were plated in 24-well plate and then transfected with Rab27a siRNA or their negative controls following the manufacturer’s protocols. The Rab27a siRNA oligonucleotides are shown below: Sense primer, 5’-CGAG AGGUUUCGUAGCUAAUU-3’, Antisense primer, 5’-UAAGCUACGAAACCUCUCGUU-3’.

Study on the expression and regulation of miR-93-5p in G-MDSC in vitro

G-MDSCs (2×10⁶/well) were seeded in 24-well plates in the present of GM-CSF (1 ng/mL) and Sup (2 µg/mL). Additional IL-6 (5 ng/mL), IL-1β (5 ng/mL), IFN-γ (5 ng/mL), IL-17 (5 ng/mL), GM-CSF (5 ng/mL), LPS (5 ng/mL), TNF-α (5 ng/mL), and IL-23 (5 µg/mL) were added in each group, respectively. After 48 hours incubation, cells were collected. Total RNA was extracted and the levels of miR-93-5p were detected by qRT-PCR.

GM-Exo purification and characterization

GM-Exo were isolated from G-MDSC culture supernatant as our previous report. Morphology was observed by transmission electron microscopy. Exosomes particles were quantified with an ExoELISA complete kit (CD63 detection). For the purification of GM-Exo, we transfected miR-93-5p inhibitor into G-MDSCs. After 24 hours, the culture supernatant was collected and exosomes were isolated. Exosomes were labeled using PKH67 and detected as our previous report. A 30 µg exosomes was injected via tail vein. After 24 hours, the distribution of exosomes in colorectal tissues was observed by immunofluorescence.

Differentiation of M-MDSC into M2 macrophages

M-MDSCs (1.5×10⁶/well) were cultured in 24-well plate in the present of GM-CSF (1 ng/mL) and Sup (2 µg/mL). After 48 hours, the percentages of Ly6C(low)F4/80+ cells (macrophages) were detected by FCM. The correlations between M-MDSC differentiated to macrophages to total M-MDSCs. That is, Ly6C(low)F4/80+ cells/(Ly6C(low)F4/80+ cells + Ly6C(high)F4/80+ cells). F4/80+ cell phenotype and function were identified.

Flow cytometry analysis

3×10⁶ cells were resuspended in PBS. Fluorescent-conjugated antibody was added and incubated. Cells were analyzed by FCM. Murine MDSCs, CD11b+Gr-1+; murine G-MDSCs, CD11b+Ly6G+Ly6C(low); murine M-MDSCs, CD11b+Ly6G+Ly6C(high); macrophages, CD11b+CD68+F4/80+; M2 macrophages, CD11b+CD206+F4/80+; Differentiated M2 macrophages, CD11b+F4/80+Ly6C(low); Cytotoxic T lymphocytes, CD3+CD8+.

H&E staining

Mouse colorectal tissue was fixed with 4% paraformaldehyde, dehydrated with ethanol, waxed, and embedded. Paraffin slices were prepared and stained with H&E. The tissues were examined using microscope.

Immunofluorescence

For the analysis of CD206, F4/80+ cells were seeded on glass slides and cultured for 24 hours. For the analysis of CD4+ and CD8+ cells, cells were cultured for 5 days in the presence of anti-CD3 (1 µg/mL) and anti-CD28 (1 µg/mL) mAbs. Cells were analyzed using a fluorescence microscope.

HUVEC tube-formation assay

HUVEC were cultured for 48 hours in the present of 50 µg/mL F4/80+ cell-CM (culture medium) and imaged using a microscope.

Analyzing T cell proliferation through CFSE dilution assay

CD4+ T cells were isolated from the splenocytes of wild-type mice as our previously described. CD4+ T cells were stained with 5 µM CFSE. CFSE-labeled CD4+ T cells were co-cultured with M-MDSCs or F4/80+ cells for 5 days in the present of anti-CD3 (1 µg/mL) and anti-CD28 (1 µg/mL) mAbs. Cells were analyzed using FCM.

Selection of candidate miRNAs targeting STAT3

Online databases TargetScan (http://www.targetscan.org/vert_80/) and miRDB (http://www.mirdb.org/cgi-bin/) were used for miRNA target prediction. Online tool (http://bioinformatics.psb.ugent.be/webtools/Venn/) is used to screen candidate miRNAs and draw Venn diagram.

Determination of associations of IL-6 signaling with prognosis and risk factors in COAD

The correlations between IL-6 or IL-6R expression and macrophage abundance in COAD (colon adenocarcinoma) was predicted with TIDE database. The correlation between IL-6 and overall survival in COAD was predicted with TISIDB database. The correlations between IL-6R expression and risk factors for COAD were predicted with TISIDB database.

Immunoblotting

The protein was separated by SDS-PAGE and transferred to PVDF membranes. PVDF membranes were blocked, and incubated with the primary antibodies and then
secondary antibodies. The membranes were examined by ChemiDoc imaging system.

ELISA
The levels of various cytokines were measured using commercial ELISA kits. For the detection of IL-6 in mouse serum, tail blood was collected and centrifuged at 1000 g for 10 min. The IL-6 content in serum was detected with the Mouse IL-6 ELISA Kit.

RNA extraction and quantitative real-time PCR
Total RNA was extracted, and cDNA was synthesized. mRNA expression was evaluated using qRT-PCR. The 2\(^{-\Delta\Delta Ct}\) method was used to calculate the target mRNA expression. Primers for qRT-PCR are listed in online supplemental table S1.

Statistical analysis
Statistical analysis was performed using GraphPad Prism V.8. Data are presented as mean±SEM. A p<0.05 is considered statistically significant, and the level of significance was indicated as ns, not statistically significant; *, p<0.05; **, p<0.01; ***, p<0.001.

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Contributors
YW, HL, YD and SW: manuscript draft, data acquisition and analysis. HL, ZZ, KS, DB and YW: material and technological support. ZZ and YD: assessment of the histopathology images.YW, YD, SW and HL: manuscript revision, proof, study concept and design, obtained funding and study supervision. All authors read and approved the final manuscript. YW: the guarantor. YW and HL: equal contributors. Correspondence: YD, YW, and SW.

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Competing interests
None declared.

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Not commissioned; externally peer reviewed.

Data availability statement
Data are available on reasonable request.

Supplemental material
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REFERENCES
Figure S1. The purity of G-MDSCs or M-MDSCs were analyze by FACS.

Figure S2. qRT-PCR analysis of the effect of inflammatory molecules on the expression of miR-93-5p in G-MDSCs. Splenic G-MDSCs were treated with various factors in the present of GM-CSF. After 48 h incubation at 37°C, 5% CO₂, cells were collected and the levels of miR-93-5p were detected by qRT-PCR. Experiments were performed three times by using triplicate samples per group.
Figure S3. The correlations between IL-6R expression and risk factors for COAD were predicted with TISIDB database.

Figure S4. Schematic illustration of GM-Exo-mediated differentiation of M-MDSC into M2 macrophages to promote colitis-cancer transformation. During chronic inflammation, IL-6 promotes miR-93-5p synthesis in G-MDSCs by activating the JAK/STAT3 pathway via IL-6R and increases the abundance of miR-93-5p in GM-Exo. GM-Exo inhibits STAT3 activity in M-MDSCs via miR-93-5p, resulting in the differentiation of M-MDSC into M2 macrophages, which promotes the transformation of colitis to colorectal cancer.
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Reagents


R: 5'-GGAACGCTTACGAAATTTG-3'