Differential effect on different immune subsets of neoadjuvant chemotherapy in patients with TNBC

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ABSTRACT
Background Triple-negative breast cancer (TNBC) is the most aggressive form of breast cancer (BC). Due to the absence of targets such as HER2 or hormone receptors, early TNBC is treated with surgery and chemotherapy. Since TNBC is also considered the most immunogenic type of BC with tumor infiltrating lymphocytes that are predictive for chemotherapy response and prognostic for patients’ survival, many different immunotherapeutic strategies are currently explored in clinical trials for the treatment of this disease. In order to efficiently combine chemotherapy with immunotherapy, it is important to evaluate the effect of chemotherapy on immune cells in vivo.

Methods Peripheral blood was taken from 56 patients with TNBC undergoing neoadjuvant chemotherapy with nanoparticle albumin-bound paclitaxel (Nab-Pac) followed by epirubicin and cyclophosphamide (EC) at three different time points. Multicolor flow cytometry was used to characterize the immune cell composition and functional properties along neoadjuvant chemotherapy.

Results Whereas the first phase of the neoadjuvant chemotherapy did not significantly alter the patients’ immune cell composition, after the second phase of chemotherapeutic administration most B cells (>90%) were lost and the frequency of natural killer (NK) cells and CD4+ T lymphocytes decreased approximately to 50%. In contrast, the frequency of CD8+ T cells was less affected.

Conclusions Despite late consequences of Nab-Pac cannot be ruled out, these data suggest that different chemotherapeutics might have distinct effects on the immune cell repertoire and that different immune cell populations exhibit a specific susceptibility to these chemotherapies with B and NK cells being more affected than T cells. This might also have an impact on the combination of chemotherapies with immunotherapies.

Trial registration number NCT02685059.

INTRODUCTION
Breast cancer (BC) is the most common tumor in women with worldwide almost 2 million new cases per year and >600 000 deaths recorded in 2018 (WHO website). Among the different subtypes of BC, the triple-negative breast cancer (TNBC) is defined as negative for the expression of the epidermal growth factor receptor 2, the estrogen and the progesterone receptors and has the worst prognosis. Due to the absence of targetable driver mutations, the standard treatment for TNBC in both early and recurrent metastatic patients is surgery followed by chemotherapy in an adjuvant setting. Recently, chemotherapy has been increasingly used in a preoperative, neoadjuvant setting.1

Studies performed in the last decade suggest that TNBC is the most immunogenic BC subtype with a high frequency of tumor infiltrating lymphocytes (TIL), which have a prognostic value for the clinical outcome of patients.2 Based on these results, various immunotherapeutic strategies, including immune checkpoint inhibitors (ICPI), are currently applied to TNBC, mainly in combination with chemotherapy.3 4 For many chemotherapeutic compounds used for TNBC treatment, some dose-dependent positive and/or negative immunomodulatory activities have been reported.5 Thus, it is mandatory to evaluate the effect of chemotherapy on the patients’ immune system in order to determine the feasibility of such combinatorial approaches as well as to select the best combination strategy regarding the employed immunotherapy approach and its respective timing with chemotherapy. In addition, markers to stratify patients that might benefit from neoadjuvant chemotherapy in combination with immunotherapy are needed.

Therefore, we performed an exploratory immune monitoring on the peripheral
blood of patients with TNBC undergoing only neoadjuvant chemotherapy, namely the placebo arm of the GeparNuevo study. In brief, after patients’ consent to participate in the study, blood was taken (i) at time of recruitment, (ii) after the first phase of treatment with 125 mg/m\(^2\) nanoparticle albumin-bound paclitaxel (Nab-Pac) weekly for 12 weeks and (iii) at surgery, after the second phase treatment with standard doses of epirubicin (90 mg/m\(^2\) intravenous) and cyclophosphamide (600 mg/m\(^2\) intravenous) (EC) given every 2 weeks for 4 cycles. Multicolor flow cytometry was used to characterize changes in the immune repertoire of the patients along treatment and data were also evaluated for association with the pathological complete response (pCR) defined as ypT0 ypN0 according to the GeparNuevo protocol. The results demonstrated that during the first phase there were limited effects on the immune cell composition of peripheral blood, whereas a pronounced effect was shown after completing the neoadjuvant chemotherapy with EC when an almost complete loss of B cells and halving of natural killer (NK) cells as well as CD4\(^+\) T lymphocytes was detected. In contrast, CD8\(^+\) T cells as well as monocytes and granulocytes were only marginally affected by the different phases of chemotherapy.

**PATIENTS DATA AND METHODS**

**Patients’ cohort and blood samples**

A total of 56 patients undergoing neoadjuvant chemotherapy and representing the placebo arm of the GeparNuevo trial underwent immune monitoring on blood samples collected at three different time points of the treatment: (i) time point A, at recruitment; (ii) time point B, after 12 weeks of treatment with 125 mg/m\(^2\) Nab-Pac and (iii) time point C, at surgery, performed after 8 weeks biweekly treatment with 90 mg/m\(^2\) epirubicin and 600 mg/m\(^2\) cyclophosphamide (EC) (online supplemental figure 1). Blood samples were collected in recruiting centers using EDTA monovette and then centrally analyzed in the Institute of Medical Immunology at the Martin Luther University in Halle within 24 hours from the blood draw. A summary of patients’ characteristics is given in [table 1](#).

**Flow cytometric evaluation**

**Staining and gating strategies**

Whole blood was used (i) for determination of the absolute cell counts per μL blood of different immune cell subsets and (ii) for further deeper phenotypical analysis of the different immune cell populations. All samples were measured on an LSR Fortessa II (BD Bioscience) flow cytometer that was weekly controlled with the CST beads (BD Bioscience). Data were analyzed using the Diva software (BD Bioscience).

**Absolute cell counts determination**

To obtain absolute cell counts, the BD Trucount tubes (BD Biosciences) were used in combination with the 6-color TBNK kit (BD Biosciences or Exbio Antibodies) according to the manufacturer’s instructions. Briefly, 50 μL of blood were incubated at room temperature (RT) for 15 min with 20 μL of the TBNK antibody mixture in the Trucount tubes. The erythrocytes were then lysed by 10 min incubation in the BD FACS lysing solution (BD Bioscience) and the samples directly evaluated by flow cytometry without washing steps.

For the analysis, total leukocytes were gated for their CD45 positivity and divided into granulocytes, peripheral blood mononuclear cells (PBMC), myeloid cells and lymphocytes based on their different granularity that is, using the ‘side scatter’ (SSC) physical parameter of the flow cytometer. Among the lymphocytes, the different immune populations were dissected based on the staining with other antibodies (Abs) present in the kit, namely a combination of CD3, CD4 and CD8 for the different T cells subsets, CD19 for B cells and CD16 as well as CD56 for NK cells. Finally, the counting beads present in the

<table>
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<th>Parameter</th>
<th>Measure</th>
<th>Value</th>
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<tr>
<td>Ki67 Mean±SD</td>
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<tr>
<td>Min, median, max</td>
<td>9–48–92</td>
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<td>Min, median, max</td>
<td>0–17–80</td>
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TIL, tumor infiltrating lymphocyte.
Trucount tubes for calculation of the absolute cell counts were detected based on their granularity and high fluorescence in all channels, with the allophycocyanin (APC) channel allowing the best separation from the various immune populations (online supplemental figure 2).

**In-depth phenotypical evaluation of immune cell subsets**

For phenotypical evaluation, the Ab panels given in online supplemental table 1 were used. For detection of surface molecules (surf-1 to surf-7), 100 μL of total blood were incubated for 15 min at RT with the different Ab followed by erythrocytes’ lysis for 10 min in the BD FACS lysing solution and washing of the samples twice before measurement.

For the panels including intracellular antigens (intra-8 to intra-12), the blood was first stained for the surface markers and then the cells were fixed and permeabilized using the transcription factor kit (BD Bioscience) or the Foxp3 transcription factor kit (Thermo Fisher) following the manufacturer’s instructions. After this step, the samples were stained for 30 min at 4°C with Abs directed against the intracellular markers and washed twice prior to measurement.

For the analysis, single immune cells were first gated based on the combination of physical parameters (SSC as well as the ‘area’ and ‘height’ value of the forward scatter) and CD45 expression. The different immune cell subsets were obtained based on the staining for ‘lineage’ markers similarly to the gating strategy reported in online supplemental figure 2 and evaluated for the expression of functional/activation markers. Data are reported as percentages of the indicated populations.

**Statistical analysis**

Comparison of flow cytometry data over time as well as between patients with or without pCR was performed using Student’s t-test. ORs were calculated with GraphPad Prism with the Fisher’s exact test or χ² test after patients were dichotomized in ‘high’ and ‘low’ group based on the median value of each biomarker. For the variation over time, a normalized fold change in the biomarker between the time points (ie, (BiomarkerA t1 – BiomarkerA t0) / BiomarkerA t0, abbreviated as ‘B to A’ or ‘C to A’, respectively) was used as value for statistical evaluation. The Spearman’s correlation matrix from GraphPad Prism was used to evaluate correlations among different markers.

**RESULTS**

**Changes in absolute immune cell counts during treatment**

Total leukocyte counts progressively decreased in the cohort from recruitment (time point A), through the first phase of treatment with Nab-Pac (time point B) until surgery at the end of chemotherapy (time point C; figure 1A), when a mean reduction of 15% in the leukocyte counts was found (figure 1B). Despite that, in almost one-fourth of the patients (15 out of 49 evaluable at all three time points) there was an opposite trend with increased cell counts at surgery (figure 1B). In the patients with reduced counts, four patients had leukopenia (<3000 cell/μL, dashed line in figure 1A and C) after Nab-Pac and eight patients at surgery (figure 1C).

Further dissection of leukocytes as described in online supplemental figure 2 revealed almost constant granulocyte counts (figure 1D) with a mean decrease at surgery of only 6.99% (figure 1B), but with 17 patients that in contrast had increased granulocyte counts at treatment ends compared with recruitment. By evaluation of granulocytopenia/neutropenia (<2000 cell/μL, dashed line in figure 1D,E), 7 and 12 patients had neutropenia after Nab-Pac or at surgery, respectively, with two patients being neutropenic at both time points with one in recovery, while the second patient was further loosing cells (figure 1E). Interestingly, only four patients were both leukopenic and neutropenic at surgery.

The determination of mononuclear cells revealed a loss of cell counts in the PBMC fraction that was paralleled by an even stronger decrease of lymphocytes (32% and 49% reduction, respectively, figure 1B and F), which resulted in an almost doubled ratio between granulocytes and lymphocytes (data not shown). On the contrary, the myeloid cells were significantly increased at surgery (figure 1G). Dissection of the lymphocytes into the different subpopulations highlighted further differences in the sensitivity to treatment. Indeed, a significant drop of >90% was found for CD19+ B cells and a loss of nearly 50% of NK and 40% of T cells at time point C compared with A was detected (figure 1B and H). Interestingly, the different T lymphocyte subsets exhibited a distinct sensitivity to chemotherapy. CD4+ T cells were almost halved at surgery, whereas CD8+ T cell counts were more slightly reduced (figure 1B,I). Consequently, the ratio between CD4+ and CD8+ T cells was significantly reduced at time point C (figure 1J).

**In-depth analyses of immune cell subsets**

In the next step, a deeper characterization of the immune cell phenotypes was undertaken to evaluate possible differences in the sensitivity to standard neoadjuvant chemotherapy. Since in the TBNK kit for absolute cell count determination no marker for monocytes was present and the expansion of myeloid cells was only evaluated based on physical characteristics, monocytes were specifically stained and classified into classical, intermediate and inflammatory cells based on the expression levels of CD14 and CD16 (CD14high, CD14CD16+ and CD16CD14dim, respectively; gating strategy in online supplemental figure 3A). As shown in figure 2A, all monocyte subsets were enriched in the PBMC at the end of chemotherapy.

In line with the almost complete loss of B cell numbers, further functional dissection of CD19 CD20 double-positive B cells based on the expression of membrane IgD molecule and CD27 (gating strategy in online supplemental figure 3B) highlighted a similar decrease of the four subsets at surgery, with preswitch and switch
memory cells that were already dropping after the first phase of treatment (figure 2B). In contrast, there was a statistically significant increase in B cells that lost the CD20 marker (figure 2B).

Subclassification of NK cells (gating strategy in online supplemental figure 3C) revealed a significant decrease in the ‘cytotoxic’ CD16CD56dim population at surgery, while the ‘cytokine-producing’ CD56br NK cells were more stable and also statistically significantly increased at the end of the treatment (figure 2C).

Despite the loss in absolute numbers, T cell frequencies expanded when evaluated as percentages of PBMC (figure 2D), and that applied to CD8+, and to CD4+ T cells, whose absolute numbers were more strongly decreasing (figures 1 and 2D). Also less frequent T cell subsets, like those expressing the gamma/delta TCR (γδ T cells),
and CD25⁺Foxp3⁺CD127low regulatory T cells (Tregs), were expanded in percentages at the end of treatment (figure 2D and gating strategies in online supplemental figure 3D,E). Functional subdivision of CD4⁺ and CD8⁺ T cells based on the staining with CD45RO and CCR7 (gating strategy in online supplemental figure 3F) highlighted a different sensitivity to the two phases of chemotherapy and also among the different subsets. Regarding CD4⁺ T cells, after the Nab-Pac treatment there was a reduction of the central memory (Tcm) subset, whereas at surgery after also EC treatment the naïve cells diminished, resulting in an overall expansion of effector (Teff) and effector memory (Tem) cells (figure 2E). The changes among CD8⁺ T cells were more reduced, with the various subsets that responded to Nab-Pac similarly to the CD4⁺ T cells, whereas at surgery both Tcm and Tem, but not naïve cells decreased (figure 2F).

**Functional characterization of innate and adaptive immune cells**

Immune cells were also evaluated for possible functional alterations. During the treatment there was an increase in CD4⁺ T cells that express programmed cell death protein 1 (PD1), CD16 and CD57 as well as the chemokine receptor CCR6, whereas CD38⁺ cells were reduced (figure 3A). Among CD8⁺ T cells, there was an increased presence in CD16⁺, and of CD38⁺ cells. Despite PD1 expression within CD8⁺ T cells was not significantly altered, there was an upregulation of the exhaustion marker Tim3 (figure 3B and data not shown). In parallel to a reduction in the NK cell numbers, there was also a statistically significant loss of their functional properties characterized by a slightly enhanced percentage of cells with loss of the CD3ζ signaling chain and/or of the pore-forming molecule perforin (figure 3C and online supplemental figure 3G).

**Correlation of the changes in the frequency or phenotypes of immune cell subsets**

Comparison of the different immune cell populations and their variation during the two phases of therapy revealed that the expression of different functional markers strongly correlated among different immune populations (figure 4A). For example, expression of programmed cell death protein 1 (PD1), CD16 and CD57 as well as the chemokine receptor CCR6, whereas CD38⁺ cells were reduced (figure 3A). Among CD8⁺ T cells, there was an increased presence in CD16⁺, and of CD38⁺ cells. Despite PD1 expression within CD8⁺ T cells was not significantly altered, there was an upregulation of the exhaustion marker Tim3 (figure 3B and data not shown). In parallel to a reduction in the NK cell numbers, there was also a statistically significant loss of their functional properties characterized by a slightly enhanced percentage of cells with loss of the CD3ζ signaling chain and/or of the pore-forming molecule perforin (figure 3C and online supplemental figure 3G).
death-ligand 1 (PD-L1) on CD4+ and CD8+ T cells strongly correlated from baseline throughout the two phases of chemotherapy whereas for PD1 the correlation was significant, but less strong. For the exhaustion marker Tim3, a significant, but not as strong correlation between CD4+ and CD8+ T cells was present at recruitment but then lost on treatment (figure 4A). In addition, other molecules like CD16, CD28 or HLA-DR, particularly in combination with CCR7, showed a strong correlation within the two T cell subsets (figure 4A). Regarding the functional molecules CD3ζ and perforin, a strong correlation in their expression was found among CD4+ and CD8+ T cells and with respect to NK cells, particularly in the early phases of chemotherapy (figure 4A).

Within the CD8+ T cells, changes in the expression of CD3ζ and perforin at surgery showed a correlation with the expression of activation/exhaustion markers (online supplemental figure 4). The strongest was a negative correlation between CD8+ T cells expressing neither PD1 nor its ligand PD-L1 (ie, CD3ζ+perfin+ vs PD1negPD-L1neg) and for those that have lost both functional molecules and those expressing both exhaustion receptors PD1 and Tim3 (ie, CD3ζnegperfinneg vs PD1+Tim3+; figure 4B,C).

Correlations within different immune populations were mostly found after the first phase of chemotherapy, but due to the reduced number of evaluable patients the real significance might be biased by the presence of outlier patients. Such correlations are between NK cells losing the CD3ζ chain (CD3ζnegperfin+) and the intermediate monocytes (figure 4D) and between CD4+ T cells expressing perforin either alone (data not shown) or together with the CD3ζ chain and the preswitch as well as switch memory B cells (figure 4E,F).

Immune markers at recruitment correlating with pCR
Overall, 31 out of 56 analyzed patients (54.4%) had a pCR after chemotherapy treatment. Comparison of biomarkers at recruitment between responder and non-responder patients highlighted that both the absolute numbers of NK cells in the blood as well as their frequency within the PBMC varied among the two clinical outcomes with higher levels in the responding patients (figure 5A, left and middle). In addition, the percentages of CD8+ T cells expressing neither CCR7 nor CD38 were significantly lower in the responders (figure 5A, right and online supplemental figure 3H). To evaluate the ORs of pCR, patients were divided into biomarker high and low based on the median value of each biomarker. Again, a positive effect of high NK cell frequencies as total population and as the cytokine-producing CD56+ subset or the functionally active cells expressing both the CD3ζ signaling chain and perforin was found (figure 4B). Furthermore, some T cell subpopulations, mostly within the CD4+ subsets, had a positive or negative association with the clinical outcome (figure 5B).

Changes in immune markers during treatment correlating with pCR
Changes in the frequency of various immune cell populations at surgery with respect to recruitment were then evaluated for a possible association with the clinical outcome. Responding patients had a statistically significant enhanced increase in both CD4+ and CD8+ T cells expressing the exhaustion marker PD1 (figure 6A and online supplemental figure 5). Other markers were significantly different between responders and non-responders with the former having lower levels of CD8+ T cells co-expressing CD38 and CCR7 or higher.
frequencies of Slan-expressing monocytes (SlanMo, figure 6A and online supplemental figure 3H and I). When the changes of markers were dichotomized into high and low and evaluated with respect of patients’ pCR, none of them showed an association with the clinical outcome, whereas the loss of CD16 expression by CD4+ T cells correlated with pCR (figure 6B). While dichotomized PD1 expression was not associated with pCR, its expression on CD8+ T cells in the absence of its ligand PD-L1 paralleled with better outcome, even if the significance was reached only with the χ² test and not the Fisher’s exact test (figure 6B). In the case of CD4+ T cells, a decrease (or lower increase) of cells expressing neither the receptor nor its ligand significantly associated with pCR, again only in the χ² test (figure 6B and online supplemental figure 3J).

Correlation of immune markers with known TNBC predicting marker
In order to evaluate the possible independent predicting value of the immune populations identified in this exploratory study, their correlation with known prediction factors in TNBC was evaluated, namely with the percentage of Ki67+ tumor cells as well as the frequency of stromal TILs evaluated as described by Loibl et al.3 Despite its general role in TNBC, Ki67 was not associated with the clinical outcome in our cohort, whereas the stromal TILs significantly correlated with the pCR (p=0.0014 in t-test). Regarding the immune markers associated with pCR, none of them had a significant correlation with stromal TILs (online supplemental table 2), whereas the frequency at baseline of PD1negPD-L1neg CD4+ T cells had a significant, but not...
strong correlation with Ki67 (online supplemental table 2, Spearman’s $r=0.319$).

**DISCUSSION**

In this study, we performed a deep immune monitoring on blood samples from patients with early TNBC undergoing neoadjuvant chemotherapy in order to determine the effects of the different drugs on the various immune cell populations. These data will serve as rationale for combining this regimen with immunotherapeutic approaches, such as adoptive transfer, ICPI and/or vaccination. Despite the limited number of patients involved in this cohort and thus the reduced statistical power of the population, we evaluated possible immune markers of response to neoadjuvant chemotherapy that on validation in additional cohort(s) might help to stratify patients responding to such treatment versus those that would require combination strategies.

With respect to the two phases of the neoadjuvant treatment of the GeparNuevo trial, much higher impacts on the immune cell repertoire in the blood was recorded at the end of the treatment than after the first phase with weekly Nab-Pac. In line with other studies using Nab-Pac followed by EC, we found only few cases of leukocytopenia and/or neutropenia that were almost all of low grade. On the contrary, usage of EC before Nab-Pac resulted in 50% of treated patients with BC having neutropenia at the end of treatment, with 18% of them having grade 3 or higher neutropenia. These data suggest that the sequence Nab-Pac plus EC might be better for combination with immunotherapy than the opposite one. However, the stronger effects recorded at surgery might also be explained by long-term consequences of Nab-Pac and/or the sum of the two treatments and not only by an intrinsic stronger immune-depleting effect of EC.

At surgery, a more profound decrease in mononuclear cells than in total leukocytes was found, which resulted in an increased granulocyte-to-lymphocyte ratio. Despite its worse prognostic and predictive significance in other trials, such parameter did not show any association with the pCR of our cohort.

In-depth analysis of the PBMC demonstrated pronounced differences in the sensitivity of different immune cells to chemotherapy. For example, CD4+ and CD8+ T cells were differentially affected with a more significantly decrease in the absolute numbers of CD4+ T cells when compared with CD8+ T cells, even despite the percentages within the PBMC were increasing in both cases. From a therapeutic viewpoint, the ‘resistance’ of CD8+ T cells to both phases of the neoadjuvant chemotherapy is suggested.
treatment could have important consequences, since it might be possible to combine adoptive transfer of in vitro expanded TILs or genetically modified cytotoxic T cells with such chemotherapeutic protocol. In contrast, vaccination strategies requiring the help of CD4+ T cells should be performed before chemotherapy, or at least already during the first phase of treatment with Nab-Pac when the CD4+ T cells are still in ‘normal’ numbers. There exist also reports, where the lympho-depleting activity of cyclophosphamide has been used in an adjuvant setting to ‘make space’ for the following transfer of in vitro activated PBMC, thus adding (adoptive) immunotherapy after the chemotherapy. A similar approach was used in the TONIC trial, where doxorubicin has been found to provide the best ‘pretreatment’ for patients’ subsequent response to PD1 blockade.

In addition to changes in their numbers and frequencies, chemotherapy induced also some changes in the functional phenotype of lymphocytes. Regarding CD8+ T cells, only few changes in the distribution of the memory subsets were found, but an enhanced expression of the markers CD38 and Tim3 was detected. These data suggest an ongoing immune activation followed by an upregulation of negative feedback pathways. Despite no significant increase in the percentage of CD8+ T cells expressing the ‘prototypical’ activation/exhaustion marker PD1 was detected along treatment, an increased PD1 expression was observed in responders versus non-responders at surgery and enhanced levels of CD8+ T cells expressing PD1 in the absence of its ligand PD-L1 appear to have a positive effect on pCR (figure 6B). Thus, Nab-Pac plus EC induces an immune activation of CD8+ T cells that associate with clinical response suggesting that the addition of iCPI targeting the PD1/PD-L1 axis might further improve the therapeutic activity of neoadjuvant chemotherapy. In light of the correlations found at surgery between variation in the expression of functional molecules and combination of exhaustion markers involving PD1, a deeper evaluation of the real co-expression of such molecules and their role in the patients’ clinical outcome is required in additional validation cohort(s).

The CD4+ T cell population underwent more pronounced changes than CD8+ lymphocytes, such as a loss of naive cells at surgery that could either be due to death or to differentiation into effector or effector memory cells. Phenotypically, there was an increased expression of CCR6 that could represent a shift toward Th17 cells, but also of PD1 and CD57 indicating an ongoing activation associated with an upregulation of exhaustion markers. As for CD8+ T cells, changes in PD1 expression of CD4+ T cells at surgery were different in responder and non-responders, but significance was only reached for cells expressing neither the receptor nor the ligand, with higher pCR relating to loss of these ‘neither activated nor exhausted’ cells. In contrast, high pretreatment levels of such double-negative CD4+ T cells had a positive effect on the clinical outcome suggesting that starting high levels of those cells indicate the absence of a pre-existing exhaustion, while their loss on neoadjuvant chemotherapy represent an induced immune cell activation that might play a direct role in patients’ outcome. Another potential predictive marker for CD4+ T cells was the upregulation of CD16, which has been demonstrated to be induced on CD4+ T cells on in vitro activation and to be also endowed of signaling function. Thus, expression of CD16 on CD4+ T cells might be a further possible sign of immune activation during chemotherapy that will require further validation as well as functional characterization.

The frequency of Tregs also increased during chemotherapy, not significantly after Nab-Pac, but significantly at surgery, when evaluated as percentages of total PBMC or within CD4+ T cells (data not shown). This outcome is in contrast to in vitro and in vivo results of apoptosis induction and reduced frequencies of Tregs in the blood in response to paclitaxel or cyclophosphamide. This discrepancy might be due to the different doses used for treatment or the cancer type analyzed, but might also relate to the discovery that (allogeneic) stimulated Tregs can detoxify cyclophosphamide by upregulating aldehyde dehydrogenase (ALDH). Moreover, cyclophosphamide when given at low metronomic doses has only a transient effect on the number of Tregs. In contrast, epirubicin has been reported to have an inhibitory effect on Foxp3 function in both reporter assays and in murine models, thus reducing the activity of Tregs without affecting their numbers. Despite the lack of significant differences between responder and non-responder patients, low levels of memory Tregs at baseline associated with pCR.

Another population that displayed bivalent response to chemotherapy were NK cells. Indeed, a decreased number of the total population of CD3+CD56-CD57+ cells was detected, but further dissection into the cytotoxic CD16+CD56-CD57+ subset and the more cytokine producer CD56br subset highlighted a decrease of the former and an increase of the latter. Thus, an almost opposite effect to T lymphocytes is found with the killer subset that is lost, while the cytokine-producing subpopulation is unaffected or slightly increased. Interestingly, the number of NK cells prior to treatment had a positive association with the patients’ outcome. Dichotomization of the markers revealed a significant effect of higher percentages of total NK cells as well as of the CD56-CD57- subset and of the cytotoxic subset expressing the lytic molecule perforin and the signaling chain of the CD3ζ receptor. This positive effect is in line with other studies, where the expression of NK cell genes in BC samples in vitro correlate with the sensitivity to paclitaxel treatment and enhanced levels of NK cells expressing the activation marker CD69 correlate with better prognosis for patients with BC.

Another unexpected result was the almost complete loss of all B cell subsets in response to EC with the exception of a slight increase in B cells loosing CD20 expression, which might represent terminally differentiated plasma cells on their way to the bone marrow or lymphoid tissue. Therefore, it would be interesting to evaluate if the
loss of B cells in the cohort analyzed is due to death or a shifted differentiation to terminally differentiated plasma cells with an altered trafficking/enhanced retention in secondary lymphoid organs or in tertiary lymphoid structures within/near the tumor. Therapeutically, most immunotherapy approaches do not target B cells despite their prognostic value for TNBC. Indeed, in metastatic patients the presence of B cells in sentinel lymph nodes, independent of the tumor infiltration status, prognosticate a longer disease-free survival. Similarly, CD38+ blast B cells in the tumor infiltrate have a prognostic value. Despite these data, the role of the humoral response in the direct antitumor activity is highly debated. In light of the higher infection rates of patients undergoing chemotherapy, the prognostic value of B cells could also be due to a ‘tumor independent’ effect and depend mostly on the protection from opportunistic infections.

Finally, monocytes were also increased along treatment, with all the evaluated subsets having similar changes. Neither markers specific for myeloid derived suppressor cells nor the absolute HLA-DR levels on the monocytes were evaluated. Consequently, no conclusions on the functional capability of the myeloid compartment or on the possible expansion of functionally impaired or actively suppressing myeloid cells in response to chemotherapy could be drawn. Since no differences were found between responding and non-responding patients, the expanded myeloid cells seem to play neither positive nor negative role on the patients’ outcome in our cohort. The only antigen-presenting cells significantly differing between responders and non-responders were the 6-sulfo LacNac expressing monocytes (SlanMo), for which both protumor and antitumor effects have been described. In this study, responding patients had an increased frequency in SlanMo at surgery suggesting a possible antitumor activity in TNBC, but on dichotomization of the cohort the association with pCR was not significant. Further analysis of their functional properties including the pattern of secreted cytokines or expression of costimulatory molecules is required to further dissect the population and possibly obtain a subpopulation of SlanMo with predictive capability for patients with TNBC.

In sum, EC treatment or the long-term effect and synergy of the two chemotherapy phases had a profound impact on different immune cell subsets, whereas Nab-Pac had more restricted effects suggesting that active immunotherapy approaches should be performed prior to chemotherapy or during the first weeks of treatment. An upregulation of different immune checkpoint molecules like PD1 and Tim3 indicate an activation of the immune system that could further profit from combinations with iCPI strategies. Despite the limited size of the analyzed cohort and the exploratory nature of this study, different parameters at recruitment or their changes along treatment were found to associate with response to neoadjuvant chemotherapy and none of them was correlating with the frequency of stromal TILs suggesting that they might represent new independent predicting factors. Thus, the results obtained are hypothesis generating and will require further evaluation in additional, larger validation cohorts to confirm their potential role in discriminating patients that would benefit from such treatment from those that would need a combination with another therapy.

CONCLUSION

The neoadjuvant treatment of patients with TNBC based on Nab-Pac followed by EC results in an altered composition of the immune cell repertoire, but should still allow combination with different immunotherapeutic strategies to further improve the patients’ outcome.

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