Interrogation of the cellular immunome of cancer patients with regard to the COVID-19 pandemic

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ABSTRACT

While vaccines directed against the SARS-CoV-2 spike protein will have varying degrees of effectiveness in preventing SARS-CoV-2 infections, the severity of infection will be determined by multiple host factors including the ability of immune cells to lyse virus-infected cells. This review will discuss the complexity of both adaptive and innate immunomes and how a flow-based assay can detect up to 158 distinct cell subsets in the periphery. This assay has been employed to show the effect of age on differences in specific immune cell subsets, and the differences in the immunome between healthy donors and age-matched cancer patients. Also reviewed are the numerous soluble factors, in addition to cytokines, that may vary in the pathogenesis of SARS-CoV-2 infections and may also be employed to help define the effectiveness of a given vaccine or other antiviral agents. Various steroids have been employed in the management of autoimmune adverse events in cancer patients receiving immunotherapeutics and may be employed in the management of SARS-CoV-2 infections. The influence of steroids on multiple immune cells subsets will also be discussed.

INTRODUCTION

The COVID-19 pandemic has affected every aspect of the population, including different age groups and patients with cancer. It is generally believed that preventive vaccines that will elicit antibody responses to the SARS-CoV-2 agent will greatly reduce the percentage of the population that becomes infected with the SARS-CoV-2 virus. In addition, antivirals, passive administration of anti-SARS-CoV-2 antibodies, and other agents such as steroids may lead to greater control of the disease. At this time, little is known about the effectiveness of the various anti-SARS-CoV-2 vaccine platforms being developed and administered, especially in terms of the induction of long-term immunity, reduction of severity of the disease, protection of SARS-CoV-2 variants that may arise, and toxicities.

One aspect of the control of the COVID-19 pandemic that has received limited attention is the role of the cellular immunome in apparently healthy individuals of different age groups, as well as in patients with cancer. It is quite possible that variations in the cellular immunome among individuals and among patients with different types and stages of cancer may well be a factor in (a) susceptibility to SARS-CoV-2 infection, (b) reduction of the severity of the infection, (c) determination of long-term immunity, (d) adverse events in the use of steroids, antivirals, or other agents to control the SARS-CoV-2 infection and (e) control of SARS-CoV-2 variants that may arise.

Most anti-SARS-CoV-2 vaccines being developed consist of the spike protein, or RNA or DNA, reflecting the sequence of that protein. Clinical trials are demonstrating the production of antibodies to SARS-CoV-2 and, in some cases, T-cell responses to the spike protein. While antibody responses to the virus will reduce or prevent infection, it is the cellular immunome response to the agent that is necessary to lyse viral-infected cells and thus limit the severity of the disease. Thus, in addition to the development of vaccines directed against the SARS-CoV-2 spike protein, vaccine platforms should also be developed consisting of proteins, RNA or DNA reflecting other structural components of the SARS-CoV-2 agent. The generation of T-cell responses to these components will thus enable the recognition of major histocompatibility complex (MHC)–peptide complexes of degradation and transport of these components to the surface of infected cells, resulting in lysis. If the SARS-CoV-2 agent is similar to other RNA viruses, in contrast to more stable internal structural proteins, most variants will be the reflection of changes in the

Table 1 158 peripheral immune cell subsets analyzed by flow cytometry

1. Total CD4+ T cells	2. Total CD8+ T cells	4. Total B cells
PD-L1+ CD4 – activation/inhibition	PD-L1+ CD8 – activation/inhibition	PD-L1+ B cells – activation/inhibition
PD-1+ CD4 – activation/inhibition	PD-1+ CD8 – activation/inhibition	PD-1+ B cells- activation/inhibition
CTLA-4+ CD4 – inhibition	CTLA-4+ CD8 – inhibition	5. Total NK
Tim-3+ CD4 – inhibition	Tim-3+ CD8 – inhibition	PD-L1+ NK – inhibition
41bb+ CD4 – costimulation	41bb+ CD8 – costimulation	PD-1+ NK – activation/inhibition
Ki67+ CD4 – proliferation	Ki67+ CD8 – proliferation	Tim-3+ NK – activation/inhibition
CD73+ CD4 – exhausted/suppressive	CD73+ CD8 – exhausted/suppressive	Ki67+ NK – proliferation
ICOS+ CD4 – activation	Naïve (CCR7+CD45RA+) CD8	NKp30+ NK – activation
ICOS+ PD-L1+ CD4 – activation/inhibition	Central memory (CCR7+CD45RA-) CD8	NKp46+ NK – activation
ICOS+ PD-1+ CD4 – activation/inhibition	PD-L1+ CM CD8 – activation/inhibition	NKG2D+ NK – activation
Naïve (CCR7+CD45RA+) CD4	PD-1+ CM CD8 – activation/inhibition	CD226+ NK – adhesion/activation
Central memory (CCR7+ CD45RA-) CD4	CTLA-4+ CM CD8 – inhibition	Mature (CD16+ CD56dim) NK – lytic
PD-L1+ CM CD4 – activation/inhibition	Tim-3+ CM CD8 – inhibition	PD-L1+ mature NK – inhibition
PD-1+ CM CD4 – activation/inhibition	41bb+ CM CD8 – costimulation	PD-1+ mature NK – activation/inhibition
CTLA-4+ CM CD4 – inhibition	Ki67+ CM CD8 – proliferation	Tim-3+ mature NK – activation/inhibition
Tim-3+ CM CD4 – inhibition	CD73+ CM CD8 – exhausted/suppressive	Ki67+ mature NK – proliferation
41bb+ CM CD4 – costimulation	Effector memory (CCR7- CD45RA-) CD8	NKp30+ mature NK – activation
Ki67+ CM CD4 – proliferation	PD-L1+ EM CD8 – activation/inhibition	NKp46+ mature NK – activation
CD73+ CM CD4 – exhausted/suppressive	PD-1+ EM CD8 – activation/inhibition	NKG2D+ mature NK – activation
Effector memory (CCR7- CD45RA-) CD4	CTLA-4+ EM CD8 – inhibition	CD226+ mature NK – adhesion/activation
PD-L1+ EM CD4 – activation/inhibition	Tim-3+ EM CD8 – inhibition	Functional intermediate (CD16+ CD56br) NK – lytic, cytokine production
PD-1+ EM CD4 – activation/inhibition	41bb+ EM CD8 – costimulation	PD-L1+ functional intermediate NK – inhibition
CTLA-4+ EM CD4 – inhibition	Ki67+ EM CD8 – proliferation	PD-1+ functional intermediate NK – activation/inhibition
Tim-3+ EM CD4 – inhibition	CD73+ EM CD8 – exhausted/suppressive	Tim-3+ functional intermediate NK – activation/inhibition
41bb+ EM CD4 – costimulation	EMRA (CCR7-CD45RA+) CD8	Ki67+ functional intermediate NK – proliferation
Ki67+ EM CD4 – proliferation	PD-L1+ EMRA CD8 – activation/inhibition	NKp30+ functional intermediate NK – activation
CD73+ EM CD4 – exhausted/suppressive	PD-1+ EMRA CD8 – activation/inhibition	NKp46+ functional intermediate NK – activation
EMRA (CCR7-CD45RA+) CD4	CTLA-4+ EMRA CD8 – inhibition	NKG2D+ functional intermediate NK – activation
PD-L1+ EMRA CD4 – activation/inhibition	Tim-3+ EMRA CD8 – inhibition	CD226+ functional intermediate NK – adhesion/activation
PD-1+ EMRA CD4 – activation/inhibition	41bb+ EMRA CD8 – costimulation	Immature (CD16- CD56br) NK – cytokine production
CTLA-4+ EMRA CD4 – inhibition	Ki67+ EMRA CD8 – proliferation	PD-L1+ immature NK – inhibition
Tim-3+ EMRA CD4 – inhibition	CD73+ EMRA CD8 – exhausted/suppressive	PD-1+ immature NK – activation/inhibition
41bb+ EMRA CD4 – costimulation	3. Total Tregs	Tim-3+ immature NK – activation/inhibition
Ki67+ EMRA CD4 – proliferation	PD-L1+ Tregs – activation/inhibition	Ki67+ immature NK – proliferation
CD73+ EMRA CD4 – exhausted/suppressive	PD-1+ Tregs – suppression	NKp30+ immature NK – activation
	CTLA-4+ Tregs – suppression	NKp46+ immature NK – activation
	ICOS+ Tregs – suppression	NKG2D+ immature NK – activation
	CD45RA+ Tregs – highly expandable in vitro	CD226+ immature NK – adhesion/activation
	CD49d- Tregs – suppression	Unconventional (CD16- CD56dim) NK – non-lytic, non-cytokine production
	Ki67+ Tregs – proliferation	
	CD38+ Tregs – suppression	
	HLA-DR+ Tregs – suppression	

Continued

Table 1 Continued

6. Total NK-T	9. Total MDSC	10. Total Monocytes
PD-L1+ NK-T – inhibition	PD-L1+ MDSC – inhibition	PD-L1+ monocytes – inhibition
PD-1+ NK-T – activation/inhibition	PD-1+ MDSC – activation/inhibition	PD-1+ monocytes – activation/inhibition
Tim-3+ NK-T – inhibition	CD16+ MDSC – immature/suppression	Classical monocytes – phagocytic
Ki67+ NK-T – proliferation	Monocytic (CD14+ CD15-) MDSC	PD-L1+ classical monocytes – inhibition
7. Total cDC	PD-L1+ mMDSC – inhibition	PD-1+ classical monocytes- activation/ inhibition
PD-L1+ cDC – inhibition	PD-1+ mMDSC – activation/inhibition	Intermediate monocytes phagocytic/ proinflammatory
PD-1+ cDC – activation/inhibition	CD16+ mMDSC – immature/suppression	PD-L1+ intermediate monocytes – inhibition
Tim-3+ cDC – inhibition	Granulocytic (CD14- CD15+) MDSC	PD-1+ intermediate monocytes- activation/ inhibition
Ki67+ cDC – proliferation	PD-L1+ gMDSC – inhibition	Non-classical monocytes – proinflammatory
8. Total pDC	PD-1+ gMDSC – activation/inhibition	PD-L1+ non-classical monocytes – inhibition
PD-L1+ pDC – inhibition	CD16+ gMDSC – immature/suppression	PD-1+ non-classical monocytes- activation/ inhibition
PD-1+ pDC – activation/inhibition		
Tim-3+ pDC – inhibition		
Ki67+ pDC – proliferation		

Ten parental phenotypes are identified as well as refined subsets of each relating to maturation and function. Expected function based on expression of specific markers within each subset is indicated.

cDC, conventional dendritic cells; CM, central memory; CTLA-4, cytotoxic T lymphocyte-associated protein-4; EM, effector memory; EMRA, terminally differentiated effector memory; gMDSCs, granulocytic myeloid-derived suppressor cells; ICOS, inducible T-cell costimulator; mMDSCs, monocytic MDSCs; NK, natural killer; PD-1, programmed cell death-1; pDC, plasmacytoid DC; PD-L1, programmed cell death ligand-1; Tim-3, T-cell immunoglobulin and mucin domain-3; Tregs, regulatory T cells.

spike or external protein, thus potentially limiting the effectiveness of vaccines directed only to that protein. The use of vaccines that elicit T-cell responses to multiple SARS-CoV-2 components may thus limit the severity of infections of such variants.

SARS-CoV-2 comprises four major structural elements: the transmembrane spike (S) glycoprotein that permits host cell entry by binding the human ACE2 receptor, a nucleocapsid (N) protein that facilitates viral replication, membrane (M) proteins, and small envelope (E) proteins.^{1,2} In individuals with active COVID-19 infection and in those in convalescent phases, CD4+ and CD8+ responses against SARS-CoV-2 proteins have been documented. In recovered patients, S-specific CD4+ T cells with an activated phenotype and CD8+ T cells expressing markers of cytotoxicity have been described.³ Predominantly, S-reactive CD4+ T cells are present in most patients with active and acute disease.^{4,5} Nearly all patients who have recovered from COVID-19 infection harbor CD4+ and CD8+ T cells that also recognize multiple regions of the N protein.⁶ In fact, very recent studies have shown that CD8+ T cells in particular largely recognize epitopes outside of the S protein, and T cells recognizing N protein are higher in frequency than T cells against S and other non-structural proteins after infection.^{7,8} In acute phase patients, it has been shown that specifically N-specific T cells skew towards a Th1 phenotype.⁹

Clinical data emerging thus far from trials with different vaccines have demonstrated differential

induction of CD4+ and/or CD8+ responses against the receptor binding domain and other regions spanning the S protein; some of these immune responses have showed Th1 polarization with high IFN γ and TNF α production and limited IL-4 and IL-10 release.¹⁰⁻¹² A vaccine platform targeting both the S and N proteins of the SARS-CoV-2 virus may be optimal. Recent preclinical work investigating an hAd5 vector encoding both S and N proteins in mice demonstrated that this vaccine construct elicited strong Th1 cellular and neutralizing humoral responses after prime boost, with CD4+ and CD8+ responses against both S and N epitopes.¹³

Immunotherapy is now playing a major role in the management of many cancer types. The mode of action of the vast majority of these immunotherapeutics is on multiple components of both the innate and adaptive cellular compartments, both in the periphery and in the tumor microenvironment. Thus, a concern will be the influence of the use of anticheckpoint monoclonal antibodies (MAbs), cytokines, anticancer vaccines, cellular therapies, or steroids to reduce autoimmune adverse events, on susceptibility to SARS-CoV-2 infection and/or severity of that infection.

As a consequence of the renaissance of cancer immunotherapy in recent years, there has been a much greater understanding of the human cellular immunome, especially in the complexities involving the interactions among and between different components of both the innate and adaptive arms of the immune system. To date,

Figure 1 Differences in standard parental immune cell types and refined subsets in healthy donors under and over the age of 40. (A) Healthy donors included in this analysis were separated as younger (age less than 40 years, $n=11$) and older (age greater than 40 years, $n=15$). (B,C) Standard parental immune cell types that were different between healthy donors under and over age 40. (D–I) Representative graphs are shown for notable refined subsets related to activation and maturation, with differences between healthy donors under and over the age of 40 indicated. Graphs display median frequency as a percentage of PBMCs with 25–75 percentiles. Differences were defined by an adjusted $p<0.05$, the median of groups showing a $>50\%$ difference, and a frequency above 0.01% of PBMCs. P value was calculated using the Mann-Whitney test and with Holm adjustment made for multiple comparisons using the number of standard immune cell types with a frequency above 0.01% of PBMCs ($n=9$). For refined subsets, Holm adjustment was made using the number of subsets within each standard subset with a frequency above 0.01% of PBMCs ($n=29$ for CD4⁺ T cells, 25 for CD8⁺ T cells, 5 for regulatory T cells (Tregs), 14 for NK cells, 3 for NKT cells, 4 for B cells, 2 for conventional dendritic cells (cDCs), 3 for plasmacytoid DCs (pDCs) and 15 for MDSCs). Figure adapted from Lepone.¹⁸ CTLA-4, cytotoxic T lymphocyte-associated protein-4; MDSCs, myeloid-derived suppressor cells; NK, natural killer; PBMCs, peripheral blood mononuclear cells; PD-L1, programmed cell death ligand-1.

over 150 different phenotypes of human immune cells have been identified; these are traditionally characterized as the so called “parental” cell types: CD8⁺, CD4⁺, natural killer (NK), NK T cells, regulatory CD4⁺ T cells (Tregs), B cells, conventional (c) dendritic cells (cDCs), plasmacytoid (p) DCs, myeloid-derived suppressor cells (MDSCs), and monocytes. For each of these parental cell types, multiple refined subtypes have been identified, many of which have defined activation and/or suppressive functions (see table 1).

ASSAY OF IMMUNE CELL SUBSETS

Multiple types of assays are employed to characterize human immune cells.^{14–16} Investigators at the National Cancer Institute have employed a flow cytometry-based assay that requires 5×10^6 peripheral blood mononuclear cells (PBMCs), usually obtained from one tube of blood. The assay interrogates the multiple components of both the innate and adaptive immune systems seen in table 1. After processing, cells are frozen and stored so that analyses of a given individual’s PBMCs obtained at different

Age	NK	CD8	Ratio CD8:NK	PD-L1 CD8	CTLA4 CD8	Tim-3 CD8	Naïve CD8	CM CD8	Tim-3 B cells
18	3.06	12.68	4.15	0.06	0.05	0.16	5.57	0.78	0.02
20	3.56	27.03	7.59	0.04	0.10	0.39	6.05	1.06	0.03
22	1.85	24.42	13.21	0.05	0.06	0.44	13.43	1.07	0.04
25	6.78	16.72	2.47	0.09	0.16	0.40	7.76	0.60	0.03
25	6.62	25.76	3.89	0.05	0.05	0.16	12.73	1.10	0.02
26	3.01	16.90	5.62	0.05	0.12	0.21	6.85	0.86	0.02
27	5.24	19.04	3.64	0.04	0.19	0.68	8.23	0.68	0.05
30	7.86	19.89	2.53	0.01	0.47	0.38	6.71	2.05	0.03
30	7.24	19.14	2.65	0.08	0.13	0.56	5.82	1.40	0.03
30	4.65	12.41	2.67	0.06	0.08	0.20	4.74	0.84	0.04
31	8.51	11.62	1.37	0.03	0.05	0.30	4.42	0.77	0.05
46	6.40	8.04	1.26	0.02	0.04	0.26	0.58	0.22	0.08
47	9.72	11.55	1.19	0.02	0.06	0.11	2.11	0.95	0.05
48	8.29	3.65	0.44	0.02	0.06	0.13	1.76	0.24	0.02
51	6.37	12.79	2.01	0.02	0.05	0.15	2.95	0.61	0.04
53	5.12	7.83	1.53	0.01	0.07	0.22	0.99	0.64	0.03
53	11.64	6.26	0.54	0.01	0.02	0.09	1.97	0.38	0.06
54	9.46	15.11	1.60	0.04	0.08	0.35	3.36	1.13	0.05
56	12.28	5.84	0.48	0.01	0.02	0.08	0.88	0.38	0.08
57	7.51	12.04	1.60	0.01	0.04	0.13	0.48	0.44	0.04
60	16.67	7.37	0.44	0.01	0.05	0.15	0.43	0.25	0.04
61	9.71	10.21	1.05	0.02	0.08	0.32	4.62	0.54	0.13
69	11.11	5.68	0.51	0.02	0.03	0.12	0.46	0.48	0.03
69	10.35	6.30	0.61	0.02	0.04	0.22	3.00	0.42	0.06
70	11.95	11.83	0.99	0.01	0.06	0.13	1.27	0.34	0.04
78	17.26	3.97	0.23	0.03	0.04	0.18	0.07	0.15	0.06

Figure 2 The influence of age on the cellular immunome. Heatmap of age and standard and refined subsets that were different between healthy donors under and over the age of 40. Red: higher frequency, Blue: lower frequency. CTLA-4, cytotoxic T lymphocyte-associated protein-4; NK, natural killer; PD-L1, programmed cell death ligand-1.

times can be assayed under identical conditions. The materials and methods used in this assay have been previously described in detail.^{17,18} Multiple prior studies have employed the 123-subset assay^{19–26} (online supplemental table S1). However, additional immune cell subsets have recently been identified as having biologic functions. The most recent assay being employed now includes analyses of 158 immune cell subsets (table 1).

AGE AND IMMUNE SUBSETS

One observation that is emerging in the COVID-19 pandemic is differences in the severity of SARS-CoV-2 infection among different age groups. A prior study¹⁸ using the assay described defined differences in the immunome in apparently healthy individuals who are less than 40 years of age versus those older than 40 years; this arbitrary distinction was made because cancer incidence

greatly increases in individuals over 40 years old. Figure 1A shows the ages of the two groups from which PBMCs were analyzed. This prior study¹⁸ showed higher levels of absolute lymphocyte counts (ALC) in individuals less than 40 years versus those older than 40 years. Figure 1B,C reveal that individuals older than 40 have higher levels of NK cells, but, in contrast, have lower levels of CD8+ T cells. This observation is extended when one analyzes more refined subsets, with examples of differences in individual subsets shown in figure 1D–I involving specific subtypes of CD8+ T cells and B cells. While most CD8+ refined subsets do not differ with age, it appears that apparently healthy individuals over 40 have lower levels of CD8+ T cells with potential suppressive properties (figure 1D–F). Figure 2 shows a heat map depicting the gradient in changes of immune cell subsets observed with age (18–78 years); as seen, NK cells increase with age, while CD8+ T

Figure 3 Differences in standard parental immune cell types and refined subsets in age-matched advanced cancer patients and healthy donors. Patients with advanced cancer (n=30) and healthy donors (n=15) included in this analysis were age-matched above age 40. (A) ALC of cancer patients and healthy donors. (B,C) Standard parental immune cell types that were different between cancer patients and healthy donors. (D–K) Representative graphs are shown for notable refined subsets with differences between cancer patients and healthy donors. Graphs display median ALC or median frequency as a percentage of PBMCs with 25–75 percentiles. Cancer type is indicated by shape (square: GI (anal, colon, esophageal); n=6; triangle: pancreatic, n=6; star: breast, n=3; plus sign: mesothelioma, n=3; diamond: renal cell, n=3; closed circle: other (adrenocortical, chordoma, lung, medullary thyroid, neuroendocrine, ovarian, prostate, and spindle cell), n=9; open circle: healthy donors, n=15). Differences were defined by an adjusted $p < 0.05$, the median of groups showing a $>50\%$ difference, and a frequency above 0.01% for PBMCs. P value was calculated using the Mann-Whitney test and with Holm adjustment made for multiple comparisons using the number of standard immune cell types with a frequency above 0.01% of PBMCs (n=9). For refined subsets, Holm adjustment was made using the number of subsets within each standard subset with a frequency above 0.01% for PBMCs (n=29 for CD4+ T cells, 25 for CD8+ T cells, 5 for Tregs, 14 for NK cells, 3 for NKT cells, 4 for B cells, 2 for cDCs, 3 for pDCs and 15 for MDSCs). Figure adapted from Lepone.¹⁸ ALC, absolute lymphocyte count; BATF, basic leucine zipper ATF-like transcription factor; cDC, conventional dendritic cells; CTLA-4, cytotoxic T lymphocyte-associated protein-4; GI, gastrointestinal; gMDSCs, granulocytic myeloid-derived suppressor cells; NK, natural killer; PBMCs, peripheral blood mononuclear cells; pDC, plasmacytoid DC; PD-L1, programmed cell death ligand-1; Tregs, regulatory T cells.

cells decrease. This gradient is also seen with the different refined subsets of CD8+ T cells and B cells.

Severe SARS-CoV-2 infection is characterized by lymphopenia, with reduced CD8+ T cells associated with higher levels of ICU admission and decreased survival.²⁷ Remaining CD8+ cells express higher levels of exhaustion markers such as PD-1, Tim-3, and CTLA-4 with increasing disease severity.^{28–29} The lower levels of CD8+ T cells seen in older individuals

along with the increased prevalence of suppressive markers echo the immune subset picture seen in severe COVID-19. This may begin to explain the older population's higher risk of morbidity and mortality with this disease: the decreased number and effector function of CD8+ subsets at baseline would suggest impaired antiviral immunity and decreased capacity for viral clearance. As for the higher levels of NK cells in older age groups, one might expect that this would

Figure 4 Change in standard parental immune cell types and refined subsets after corticosteroids. Cancer patients (n=11) enrolled in immunotherapy trials received moderate- to high-dose corticosteroids (prednisone, n=6; methylprednisolone and prednisone, (n=4); or dexamethasone, methylprednisolone, and prednisone, n=1) for the development of immune-related adverse events. (A–F) Changes in standard parental immune cell types after corticosteroids. (G–J) Representative graphs are shown for notable refined subsets that changed with corticosteroids. Significant changes were defined by a p value <0.05, a median difference poststeroid versus presteroids >0.05% of PBMCs, and at least half of evaluated patients having a >25% change. The panels used for refined subsets reflecting maturation/functional status of subsets were slightly different for the various immunotherapy trials, so certain subsets were not tested in all patients (n=6 for Treg CD38 and non-classical monocytes). MDSCs, myeloid-derived suppressor cells; PBMCs, peripheral blood mononuclear cells; Tregs, regulatory T cells.

support a more robust antiviral response in COVID-19. However, NK cells are also negatively impacted by the lymphopenia seen with COVID-19, and preliminary data suggest that remaining cells either develop an exhausted phenotype or traffic to the lungs where they may contribute to inflammatory damage.³⁰ The more severe illness seen in older patients, including the potential for greater inflammatory lung injury,

may be due to one or more factors, including higher levels of NK cells, macrophages or a TH17-driven phenomenon. This will clearly be the focus of future investigations. There are too few subjects in the presented data sets to draw reliable conclusions or correlations from a racial subgroup analysis. However, this would be a critical area for future study in larger populations.

Figure 5 The effect of steroids on peripheral immune subsets and TCR diversity in patients with thymoma and thymic epithelial carcinoma treated with avelumab and receiving corticosteroids for the treatment of developed immune-related adverse events. (A) An increase in MDSCs and decrease in Tregs was observed in clinical responders who developed autoimmune adverse events and were treated with corticosteroids. Dashed line denotes timing of steroids and solid line indicates time of clinical response. (B) TCR diversity (measured by the metric of repertoire size) was reduced after corticosteroids; values indicate the number of individual clonotypes comprising the top 25th percentile by ranked molecule count after sorting by abundance. The day (D) PBMCs were assessed for TCR diversity (with respect to avelumab treatment) before and after corticosteroids is indicated. The different colors are used to represent individual clonotypes. Figure adapted from Rajan.²⁴ MDSCs, myeloid-derived suppressor cells; PBMCs, peripheral blood mononuclear cells; TCR, T-cell receptor; Tregs, regulatory T cells.

IMMUNOME DIFFERENCES BETWEEN CANCER PATIENTS AND APPARENTLY HEALTHY DONORS

Studies have also been conducted¹⁸ to see if differences exist between apparently healthy donors and age-matched patients with a range of different cancers (figure 3A; online supplemental tables S2 and S3). While there was no difference in ALC between the two age-matched groups, clear differences were seen in CD8⁺ T cells and B cells (figure 3B,C), but not in the other major parental subsets. More profound differences were seen with the analyses of some, but not all, refined CD8⁺ subsets; in particular, age-matched cancer patients had much higher levels of CD8⁺ T cells with a suppressive phenotype (figure 3E,F). Notably, age-matched cancer patients had

much higher levels of Tregs with a suppressive phenotype (figure 3G), and higher levels of specific MDSCs (figure 3H,I). Changes were also noted in specific, but not all, refined B cell subsets; B cells expressing PD-L1 were lower in age-matched cancer patients than in healthy donors (figure 3K). The assays described here could thus be employed to study any adverse effects that chemotherapy, steroids, or other agents may have on cancer patients being exposed to SARS-CoV-2. This assay has also been used to study the effects of various immune modulators and other so-called ‘non-immune-based therapeutics’ on the immune system of cancer patients in clinical trials. It should be pointed out that analyses of specific immune cells in the blood compartment may not reflect

their presence in different tissue compartments such as lymph nodes and sites of viral infection, since immune responses can shift from one compartment to another. The timing of such shifts should also be considered. In this case, analyses of the peripheral immunome, with the ability to obtain blood samples at multiple time points during infection and convalescence, may help in the understanding of the pathogenesis of SARS-CoV-2. It is thus suggested that this and similar assays be employed in clinical studies of patients with COVID-19 to help determine (a) which individuals or groups are most susceptible to SARS-CoV-2 infection, (b) which individuals will have inapparent or mild versus severe disease, (c) the effects of vaccines or therapeutic agents on the immune system of individuals/patients, (d) the durability of response to vaccination and to whether there is a need for revaccination, (e) the relationship of antibody response versus cellular immune response post-SARS-CoV-2 vaccination and/or convalescence postinfection, and (f) the mechanisms involved in SARS-CoV-2 viral clearance and of convalescence of severe infections.

SOLUBLE FACTORS

The mainstay of analyses of immune responses of patients with COVID-19 will be detection of SARS-CoV-2 virus or viral RNA, and the detection of antiviral antibody responses. Other soluble factors that should be analyzed in a comprehensive manner are the spectrum of cytokines and chemokines from sera or plasma. There are other soluble factors, however, detected in sera or plasma that may also aid in defining immune responses to SARS-CoV-2; these include the detection of soluble (s) CD27, sCD40L, sPD-L1, sPD-1 and soluble granzyme. These assays are being used to monitor patients' responses in various cancer immunotherapy trials. sCD27, for example, is preferentially derived from activated CD4+ T cells, and greater levels are seen in apparently healthy individuals versus cancer patients.^{21 31} Some studies have shown that immunotherapy can increase sCD27 in sera.³¹ sCD40L is a functional trimer that is shed from activated T lymphocytes and more likely from platelets, and has also been investigated in autoimmune disease.³² Evidence has been provided that higher levels of sCD40L are seen in some cancer patients and that this may have an immunosuppressive effect.³³ Studies have also shown that the ratio of sCD27:sCD40L may be indicative of a therapeutic benefit.¹⁷

These soluble factors are already proving to be important biomarkers in COVID-19, reflecting the need to develop effective antiviral immunity without tipping the balance towards toxic inflammation. An investigation of soluble checkpoints in patients with confirmed COVID-19 infection found that increased baseline levels of sIDO, s4-1BB, sTIM-3, and sCD27 were associated with higher disease severity rates and longer ICU stays.³⁴ This may reflect complex dysregulation of the T-cell responses needed to overcome SARS-CoV-2 infection through a

combination of hyperactivation followed by exhaustion.²⁸ A study of inflammatory cytokines in over 1400 hospitalized patients found initial levels of both IL-6 and TNF- α to be independent predictors of disease severity and mortality.³⁵ While elevated sCD40L may be associated with immunosuppression and possible impairment of antiviral responses, CD40L is also critical in humoral immunity.³⁶ In that context, lower levels may negatively impact antiviral antibody responses. Further investigation of these soluble factors on both humoral and cellular immune responses may provide further predictive biomarkers as well as insights for vaccine and therapeutic development.

EFFECT OF STEROIDS ON IMMUNE SUBSETS

One of the consequences of cancer immunotherapy, especially the use of checkpoint inhibitor MAb, is the induction of immune-related adverse events in some patients. These patients are often treated with corticosteroids such as dexamethasone or prednisone. Naïve lymphocytes are typically most susceptible to glucocorticoid effects with increases in the neutrophil to lymphocyte ratio (NLR) caused by both a rapid decrease in lymphocytes and a later sustained increase in neutrophils.³⁷ Figure 4 shows the effects on various immune subsets of cancer patients treated with corticosteroids. As seen in figure 4A, there is little effect on CD8+ T cells, but profound effects involving decreases in CD4+ T cells and Tregs, as well as on cDCs in most patients (figure 4B–D); on the other hand, one observed an increase in B cells and MDSCs poststeroid treatment (figure 4E,F). Examples of changes seen in the more refined immune subsets are seen in figure 4G–J. This effect of corticosteroids is further exemplified in three patients receiving the anti-PDL1 MAb avelumab. The increase in MDSCs and simultaneous decrease in Tregs is seen poststeroid treatment (figure 5A). Additional changes in T-cell diversity are also observed poststeroid treatment with increases in T-cell clonality seen in all three patients evaluated (figure 5B).

These lymphocyte subset changes induced by corticosteroids may also be relevant to patients with COVID-19. Patients with COVID-19 who have an elevated NLR have a worse prognosis.³⁸ While glucocorticoids can improve survival in patients who require respiratory support due to the severe inflammation caused by the SARS-CoV2 virus, their use earlier on in viral infections may be counterproductive.^{39–41} In addition, CD4+ T cell help is required for antibody responses to coronavirus infections; thus the decreases in CD4+ T cells caused by glucocorticoid use could be counterproductive early on in the disease. Furthermore, high doses of corticosteroids are associated with prolonged viral shedding and decreased clearance of SARS-CoV2.⁴²

PERSPECTIVE

The multiple compartments of the adaptive and innate cellular immunome should be interrogated to help

define which patients may benefit most from preventive SARS-CoV-2 vaccines and in determining which factors better define the severity of both primary and secondary infections with SARS-CoV-2. Thus, in addition to the development of preventive vaccines primarily designed to induce antibodies to the SARS-CoV-2 spike protein, emphasis should be placed on vaccines designed to also enhance cellular immune responses; these cellular immune responses should both be directed to the spike protein and to internal components of the SARS-CoV-2 virion. The nucleocapsid N protein of SARS-CoV-2 may well be more highly conserved than the spike protein; this may be of importance in limiting the severity of primary and secondary infections if SARS-CoV-2 variants in the spike proteins arise. The cell-based and soluble factor assays described here may also be employed in the analysis of the effects of various antivirals and other potential anti-SARS-CoV-2 therapeutics on the cellular immunome, and in the study of the pathogenesis of SARS-CoV-2 infections.

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